

Chair Taylor Members of the Committee, When I don't volunteer for overtime to avoid getting mandated, I can be forced to work 2 or 3 extra shifts a week.

Noc shift (night shift) staff works 10-hour shifts, which is already long, but having to do another shift right after that can lower someone's functioning due to being sleepy. And Noc shift has fewer people, so we get mandatory overtime a lot more often. We get used to working these long shifts, but falling asleep on the job or on the drive home is super dangerous.

I have missed several important appointments for myself and my children, which sometimes includes having to pay for no-show charges due to canceling appointments within 24 hours. Mandates happen 15-30 minutes before our shifts end usually; we need more notice than that. I am paying out my own money on late/no-show fees and I can't get that money back.

I have to constantly worry about having a sitter for my kids, and they have to spend extra time away from our home because I can't come home to them. They miss me. My pets miss me. My chores at home aren't getting done, and it's very stressful.

Cynthia Campo

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