Chair Taylor Members of the Committee,

I have to work mandatory overtime once, sometimes twice a week. It creates so much extra stress and anxiety on the job when I have to wonder if I'm going to get "hit" tonight (required to stay on for another shift).

I'm tired all the time. On the weekends, when I should be spending quality time with my family, I sleep a lot instead. Also, I don't feel rested when I return to work.

The lack of sleep causes have caused me to have high blood pressure and gain weight. I feel exhausted and anxious, and I am losing motivation to do anything outside of work.

Having to work so much mandatory overtime makes me resentful of the institution I work for. I feel like I am a number, not a person, and that my employer doesn't care about me.

Corey Goss
Oregon Department of Corrections, Coffee Creek