

# Senate Bill 286

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## SUMMARY

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure **as introduced**.

Establishes Task Force on School Starting Times. Directs task force to study and collect data related to school starting times.

Sunsets task force December 31, 2024.

Declares emergency, effective July 1, 2023.

## A BILL FOR AN ACT

1  
2 Relating to school starting times; and declaring an emergency.

3 **Be It Enacted by the People of the State of Oregon:**

4 **SECTION 1. (1) The Task Force on School Starting Times is established.**

5 **(2)(a) The task force consists of 19 members appointed as follows:**

6 **(A) The President of the Senate shall appoint two members from among members of the**  
7 **Senate.**

8 **(B) The Speaker of the House of Representatives shall appoint two members from among**  
9 **members of the House of Representatives.**

10 **(C) The Governor shall appoint 15 members as follows:**

11 **(i) Two superintendents of school districts;**

12 **(ii) Two teachers teaching at public schools;**

13 **(iii) Two classified staff employed at public schools;**

14 **(iv) Two parents with children at public schools;**

15 **(v) Two students attending public schools;**

16 **(vi) One pediatrician;**

17 **(vii) One school psychologist or adolescent psychologist;**

18 **(viii) One transportation logistics expert who has made transportation schedule adjust-**  
19 **ments based on changes in starting times;**

20 **(ix) One pediatric sleep expert; and**

21 **(x) One representative of a national nonprofit organization that has extensively studied**  
22 **the relationship between sleep and school hours.**

23 **(b) When selecting the members described in paragraph (a)(C)(i) to (v) of this subsection,**  
24 **the Governor shall:**

25 **(A) Select one member from a rural area and one member from an urban or a suburban**  
26 **area for each category of member; and**

27 **(B) To the greatest extent practicable, select one member for each category of member**  
28 **from a school district that has implemented a change in starting times.**

29 **(3) The task force shall:**

**NOTE:** Matter in **boldfaced** type in an amended section is new; matter *[italic and bracketed]* is existing law to be omitted. New sections are in **boldfaced** type.

1 (a) Seek expert input and review research on adolescent circadian rhythms and school  
2 scheduling practices.

3 (b) Collect data about the current starting times in all public schools of this state.

4 (c) Solicit evidence and review the impact of starting times on:

5 (A) Child and adolescent sleep;

6 (B) Student mental health, including rates of depression and suicidal behavior;

7 (C) Student physical health, including rates of obesity and eating behaviors;

8 (D) Student academic performance, including absenteeism, tardiness, sleeping during  
9 class and graduation rates;

10 (E) Low-income families with children in schools;

11 (F) Motor vehicle accidents involving student drivers;

12 (G) Juvenile crime and risk-taking behaviors;

13 (H) Substance and stimulant abuse by students;

14 (I) The availability of student transportation;

15 (J) Student sports performance and safety; and

16 (K) The scheduling of after-school activities.

17 (d) Examine student transportation times and other factors that determine when stu-  
18 dents need to wake up.

19 (e) Study examples of school districts that have changed starting times, including ex-  
20 ploring the issues that the school districts addressed, the process the school districts used  
21 and the results the school districts experienced after implementation of the change in  
22 starting times.

23 (4) A majority of the voting members of the task force constitutes a quorum for the  
24 transaction of business.

25 (5) Official action by the task force requires the approval of a majority of the voting  
26 members of the task force.

27 (6) The task force shall elect one of its members to serve as chairperson.

28 (7) If there is a vacancy for any cause, the appointing authority shall make an appoint-  
29 ment to become immediately effective.

30 (8) The task force shall meet at times and places specified by the call of the chairperson  
31 or of a majority of the voting members of the task force.

32 (9) The task force may adopt rules necessary for the operation of the task force.

33 (10) The task force shall submit a report in the manner provided by ORS 192.245, and  
34 may include recommendations for legislation, to an interim committee of the Legislative  
35 Assembly related to education no later than September 15, 2024.

36 (11) The Legislative Policy and Research Director shall provide staff support to the task  
37 force.

38 (12) Members of the Legislative Assembly appointed to the task force are nonvoting  
39 members of the task force and may act in an advisory capacity only.

40 (13) Members of the task force who are not members of the Legislative Assembly are not  
41 entitled to compensation or reimbursement for expenses and serve as volunteers on the task  
42 force.

43 (14) All agencies of state government, as defined in ORS 174.111, are directed to assist  
44 the task force in the performance of the duties of the task force and, to the extent permitted  
45 by laws relating to confidentiality, to furnish information and advice the members of the task

1 force consider necessary to perform their duties.

2 **SECTION 2.** Section 1 of this 2023 Act is repealed on December 31, 2024.

3 **SECTION 3.** In addition to and not in lieu of any other appropriation, there is appropri-  
4 ated to the Department of Education, for the biennium beginning July 1, 2023, out of the  
5 General Fund, the amount of \$\_\_\_\_\_, which shall be expended for the purposes of section  
6 1 of this 2023 Act.

7 **SECTION 4.** This 2023 Act being necessary for the immediate preservation of the public  
8 peace, health and safety, an emergency is declared to exist, and this 2023 Act takes effect  
9 July 1, 2023.

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