

House Bill 2751

Sponsored by Representative BOWMAN (at the request of Steve Novick)

SUMMARY

The following summary is not prepared by the sponsors of the measure and is not a part of the body thereof subject to consideration by the Legislative Assembly. It is an editor's brief statement of the essential features of the measure **as introduced**.

Establishes Task Force on School Starting Times. Directs task force to study and collect data related to school starting times.

Sunsets task force December 31, 2024.

A BILL FOR AN ACT

1
2 Relating to school starting times.

3 **Be It Enacted by the People of the State of Oregon:**

4 **SECTION 1. (1) The Task Force on School Starting Times is established.**

5 **(2) The task force consists of 11 members jointly appointed by the President of the Senate**
6 **and the Speaker of the House of Representatives as follows:**

7 **(a) One pediatrician;**

8 **(b) One school psychologist or adolescent psychologist;**

9 **(c) One transportation logistics expert who has made transportation schedule adjust-**
10 **ments based on changes in starting times;**

11 **(d) One pediatric sleep expert;**

12 **(e) One superintendent from a school district that has implemented a change in starting**
13 **times;**

14 **(f) One representative of a national nonprofit organization that has extensively studied**
15 **the relationship between sleep and school hours;**

16 **(g) One representative of an association that represents school boards in this state;**

17 **(h) One representative of an association that represents school administrators in this**
18 **state;**

19 **(i) One representative of an association that represents licensed teachers in this state;**

20 **(j) One representative of an association that represents classified school employees in**
21 **this state; and**

22 **(k) One current high school or college student.**

23 **(3) The task force shall:**

24 **(a) Seek expert input and review research on adolescent circadian rhythms, sleeping**
25 **patterns and school scheduling practices.**

26 **(b) Collect data about the current starting times in all public schools of this state.**

27 **(c) Solicit evidence and review the impact of starting times on:**

28 **(A) Child and adolescent sleep;**

29 **(B) Student mental health, including rates of depression and suicidal behavior;**

30 **(C) Student physical health, including rates of obesity and eating behaviors;**

31 **(D) Student academic performance, including absenteeism, tardiness, sleeping during**

NOTE: Matter in **boldfaced** type in an amended section is new; matter *[italic and bracketed]* is existing law to be omitted. New sections are in **boldfaced** type.

1 **class and graduation rates;**

2 **(E) Low-income families with children in schools;**

3 **(F) Motor vehicle accidents involving student drivers;**

4 **(G) Juvenile crime and risk-taking behaviors;**

5 **(H) Substance and stimulant abuse by students;**

6 **(I) The availability of student transportation;**

7 **(J) Student sports performance and safety; and**

8 **(K) The scheduling of after-school activities.**

9 **(d) Examine student transportation times and other factors that determine when stu-**
10 **dents need to wake up.**

11 **(e) Study examples of school districts that have changed starting times, including ex-**
12 **ploring the issues that the school districts addressed, the process the school districts used**
13 **and the results the school districts experienced after implementation of the change in**
14 **starting times.**

15 **(4) A majority of the members of the task force constitutes a quorum for the transaction**
16 **of business.**

17 **(5) Official action by the task force requires the approval of a majority of the members**
18 **of the task force.**

19 **(6) The task force shall elect one of its members to serve as chairperson.**

20 **(7) If there is a vacancy for any cause, the appointing authority shall make an appoint-**
21 **ment to become immediately effective.**

22 **(8) The task force shall meet at times and places specified by the call of the chairperson**
23 **or of a majority of the members of the task force.**

24 **(9) The task force may adopt rules necessary for the operation of the task force.**

25 **(10) The task force shall submit a report in the manner provided by ORS 192.245, and**
26 **may include recommendations for legislation, to an interim committee of the Legislative**
27 **Assembly related to education no later than September 15, 2024.**

28 **(11) The Legislative Policy and Research Director shall provide staff support to the task**
29 **force.**

30 **(12) Members of the task force are not entitled to compensation or reimbursement for**
31 **expenses and serve as volunteers on the task force.**

32 **(13) All agencies of state government, as defined in ORS 174.111, are directed to assist**
33 **the task force in the performance of the duties of the task force and, to the extent permitted**
34 **by laws relating to confidentiality, to furnish information and advice the members of the task**
35 **force consider necessary to perform their duties.**

36 **SECTION 2. Section 1 of this 2023 Act is repealed on December 31, 2024.**

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