

Hyperbaric Oxygen

Hyperbaric oxygen is a medical treatment in which a patient breathes pure oxygen in a pressurized environment – usually between 1.5-3 atmospheres of pressure.

The result is a high partial pressure of dissolved oxygen in the patient's blood which is thought to cause oxygen to penetrate more deeply into tissues and stimulate healing.

It is very useful for many conditions – you may have seen the news reports when Jay Leno burned his face and was taking hyperbaric oxygen treatments.

While not approved for neurological conditions, it has been known for decades to be helpful. You can get treatments outside the medical system, but they are not covered by insurance. Few people are aware of this and doctors will almost never recommend it.

This is your senator from district 2 in a hyperbaric chamber over the weekend. I am lying in a pressurized tank and you as can see I am also breathing oxygen.

I am thrilled to be back in the senate and am still recovering. However, it was going very slowly until my son Noah – against the advice of my neurologist – managed to drag me into a hyperbaric oxygen chamber for a series of treatments.

A patient usually spends about an hour a day in the chamber. It's a long process with typically 40 or more treatments. The results, however, can be spectacular.

Don't forget about it. You may need hyperbaric oxygen some day too!



Senator Art Robinson in a Hyperbaric Chamber