## Oregon Health Authority Oregon State Hospital

Presented to House Committee on Behavioral Health and Health Care

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# **Overview of Hospital Operations**



## **Oregon State Hospital Locations**





#### Salem Campus

- Opened August 2011
- 24 units (21 HLOC, 3 SRTF)
- 592 licensed beds, 559 managed capacity
- Aid and assist, GEI and civil commitment
- Neuropsychiatric services

### **Junction City Campus**

- Opened March 2015
- 6 units (3 HLOC, 3 SRTF)
- 151 licensed beds, 145 managed capacity
- GEI and civil commitment

### **Pendleton Cottages**

- 16 beds
- Secure residential treatment facility



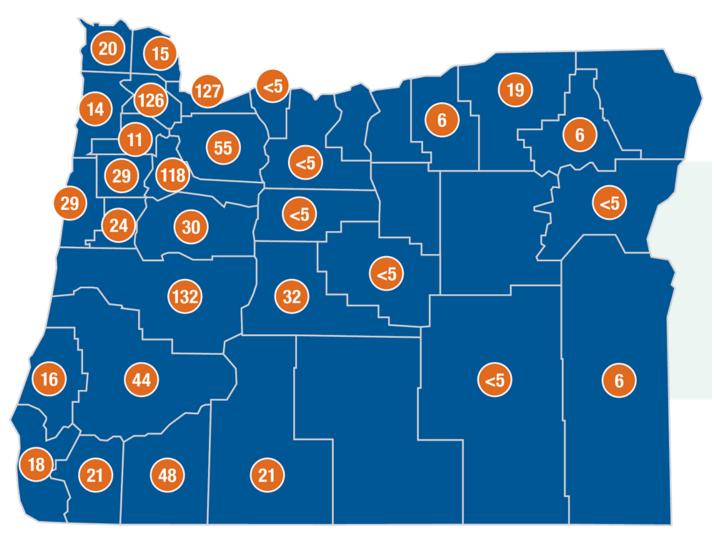
### **OSH in the Behavioral Health Continuum**

- Treats people with complex conditions who are at risk of harm to self or others
- Provides stabilization, treatment, safety, and successful community re-integration
- Available resource to people from all 36 counties





### Patients Admitted in 2022 by County







# **People We Serve**

### Aid and Assist (.370) (Salem only)

- People ordered to the hospital by circuit and municipal courts under Oregon law (ORS 161.370)
- Treatment enables patients to understand the criminal charges against them and participate in their own defense

### **Guilty Except for Insanity (GEI)**

- People who committed a crime related to their mental illness
- Patients are under the jurisdiction of a separate state agency – Psychiatric Security Review Board (PSRB)





# **People We Serve (continued)**

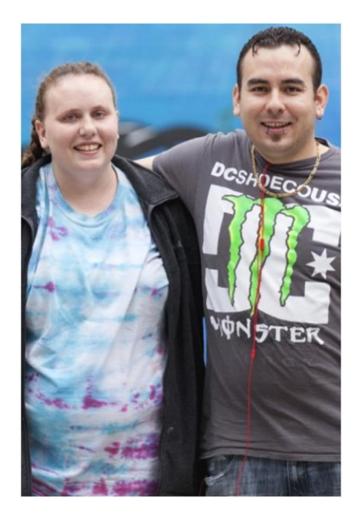
### **Civil Commitment**

- Patients civilly committed or voluntarily committed by a guardian
- Those who are imminently dangerous to themselves or others, or who are unable to provide for their own basic needs due to their mental illness

### **Neuropsychiatric Services**

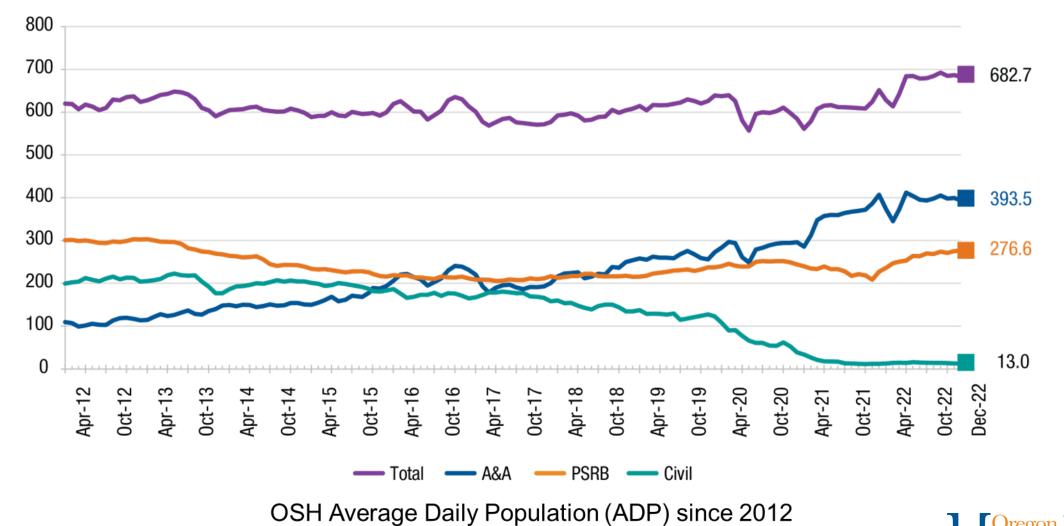
(Salem only – all commitment types)

- People who require hospital-level care for dementia, organic brain injury, or other mental illness
- Often with significant co-occurring medical issues





### **Population Management**



## **Federal Court Order**

#### **OSH admissions framework:**

- Patients under aid and assist or GEI orders to be admitted per place on waitlist, unless expedited admissions criteria met
- Precludes admissions of civilly committed patients, unless expedited admissions criteria met
- Allows admissions of PSRB GEI revocations and persons pursuant to ORS 426.701 (extremely dangerous persons)

#### Limits restoration timelines at OSH effective 9/1/22:

- Limits length of restoration (LOR) for patients under aid and assist orders charged with misdemeanors to 90 days
- Limits LOR for patients charged with **non-M11 felonies** to **six months**
- Limits LOR for patients charged with M11 felonies to one-year



## **Discharge Process**

#### **Discharges occur as usual for:**

- People found able or never able to aid and assist
- People found to no longer need hospital level of care
- People with their charges dismissed

#### **Discharge Coordination:**

- OSH Social Work Services Engage with community partners to best prepare for discharge
- Benefit Coordination Social Security expert liaison, Medicaid eligible for 3 months, CCO pilot project
- OSH Admission & Discharge services Coordination with jails, hospitals, courts, attorneys, CMHPs



# **Complex Case Coordination with Health Services Division**

- Conducting regular meetings with OSH, HSD, and community partners to identify discharge needs early, allowing ample time for planning, barrier removal and coordination.
- Conducting ongoing coordination meetings with local CHOICE programs which allow patients to be integrated into the larger mental health system.
- Leveraging increased aid and assist funding given to CMHP's to locate additional resources to help remove discharge barriers.



### 2022 Census

In 2022, Oregon State Hospital provided treatment for 1,530 people committed by the courts or the Psychiatric Security Review Board

2022 Patient Statistics								
	Average daily population			Percent of	Total	% of	Median	
Commitment type	Salem	Junction City	Total	pop.	Admits	Admits	length of stay	
Aid and Assist	391.2	0.0	391.2	58.4%	889	90.5%	105	
Guilty Except for Insanity / PSRB	128.1	134.5	262.7	39.2%	81	8.2%	1257	
Civil (civil commitment, voluntary, voluntary by guardian)	11.1	3.1	14.1	2.1%	11	1.1%	436	
Other (corrections, hospital hold)	0.1	2.3	2.3	0.3%	1	0.1%	21	
Total	530.5	139.9	670.4	100.0%	982	100.0%	119	



### **Patient Flow**

Patient Type	Referred by	Maximum Stay	Treatment Purpose	Discharged to
Aid & Assist	Courts prior to trial if defendant is found unfit	Misdemeanor: 90 days Felony: 6 months Measure 11 Felony (ORS 137.700(2): 1 year	Restoration to competency to stand trial	Jail or community dependent on defendant's needs and community resources
Psychiatric Security Review Board/ Guilty Except for Insanity	Courts upon finding a defendant Guilty Except for Insanity	Maximum sentence if defendant had been convicted	Stabilization for safe conditional release into community	Community placement supervised by the PSRB; for example, group home
Civil Commitment	Courts after being found a danger to self or others/unable to provide for basic needs	180 days, with no limit to recommitments	Patient-directed treatment focused on safe community reintegration	Community placement

### **Partnerships**



### **Advocates**

- Disability Rights Oregon
- National Alliance on Mental Illness Oregon



#### **Community Partners**

- Community Mental Health Programs
- Coordinated Care Organizations
- Acute care hospitals
- Circuit and municipal courts
- County jails
- Psychiatric Security Review Board



#### Within OSH

- Patients Peer Advisory Council
- AFSCME Nurses
- AFSCME Physicians

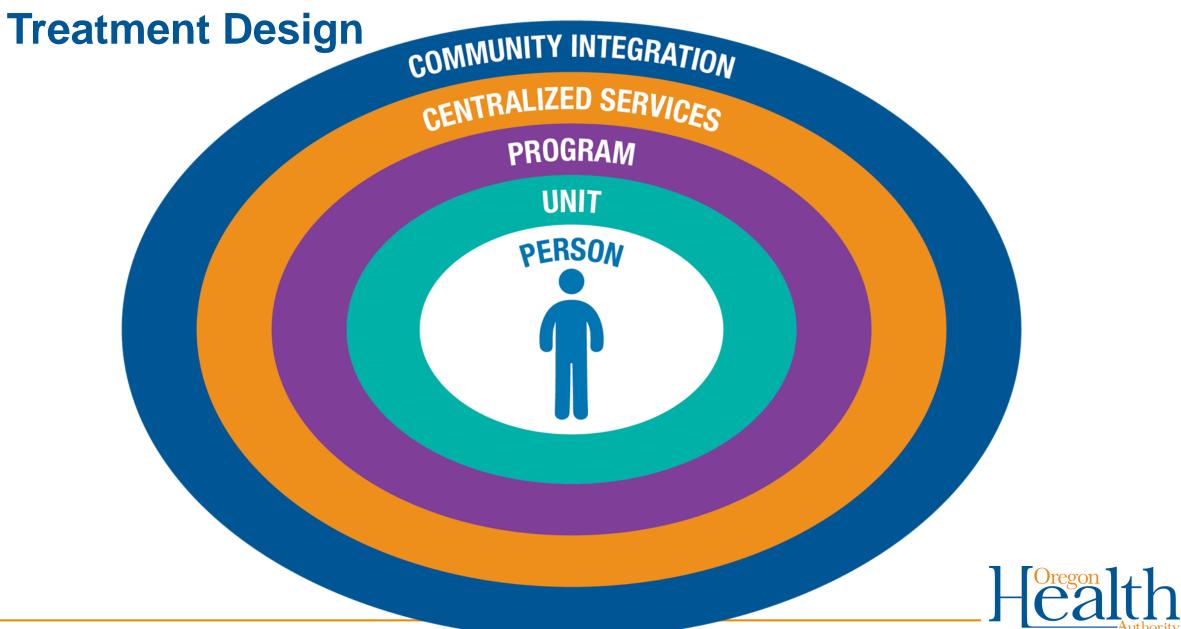
SEIU

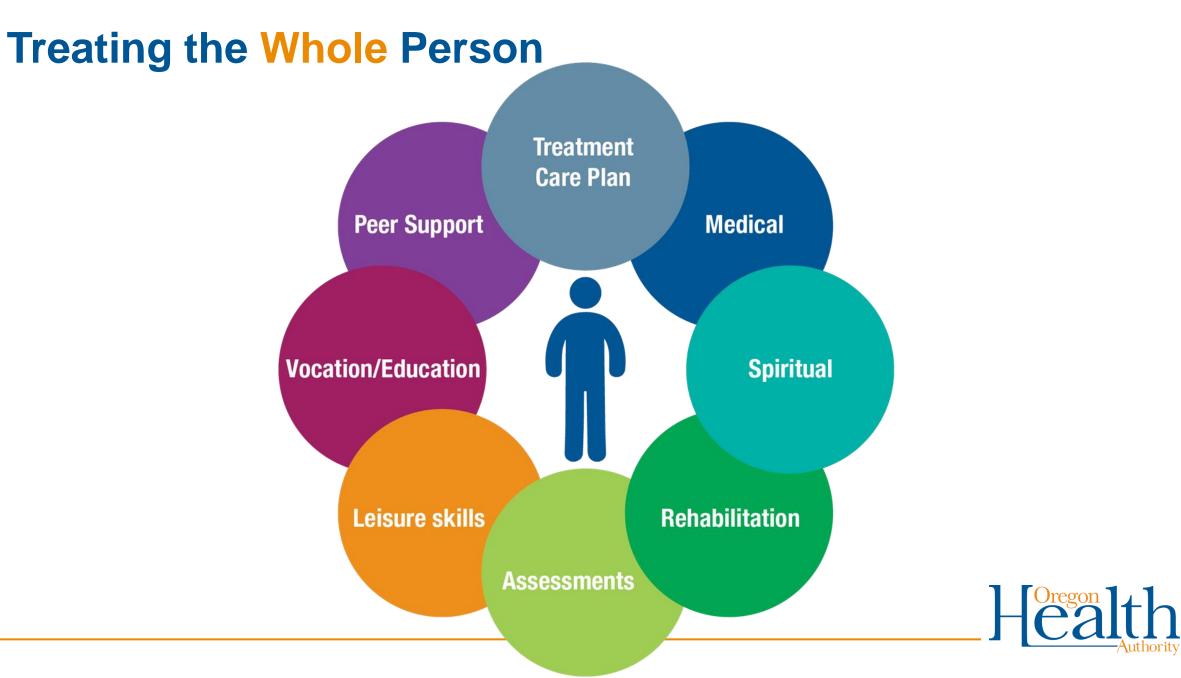
- OHA
  - Health Systems/Behavioral Health
  - Public Health
  - Equity & Inclusion Division
  - **External Relations**



# Treatment







### **Treatment Care Plans**

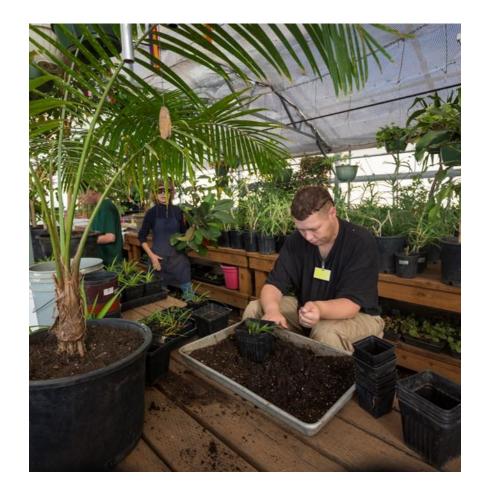
- Patient is primary team member, staff are partners
- Updated regularly with short- and longterm goals for treatment and discharge
- Treatment includes:
  - Individual therapy
  - Treatment groups
  - Medication management
  - Vocation/work
  - Community integration





### **Treatment**

- Designed for patients to learn to manage symptoms and build skills
- Treatment Mall groups
  - Centralized active treatment
  - Groups selected to meet patients' needs and interests
- Vocational Rehabilitation\*
- Supported Education\*
  \*Civil and GEI only





# **New Federal Order**



### **New Federal Order Impact**

- Approximately 25% of patients discharged because they reached the court-ordered time limit and approximately 75% discharged via the usual process
- Of the 193 patients discharged due restoration limits, fewer than 2% came back in within 90 days
- Patient flow into and out of OSH has increased by 40%
- OSH reduced its Aid and Assist admission list by 56%
- Average wait time for an Aid and Assist admission decreased by 57%
- It is recognized that the new Federal order impacts counties differently



### Cohort 1

#### Patients at OSH when the Mink Federal Court Order was issued

#### **DISCHARGE REASONS**

COHORT 1	At OSH as of 9/1/2022	At OSH as of 5/1/2023	Usual discharge	Community restoration	Discharged after meeting 30 day restoration limit notice period	End of statutory jurisdiction	Total discharged
Misdemeanor	85	0	27	29	26	3	85
Non-Measure 11 felony	217	3	91	54	69	0	214
Measure 11 felony	107	24	67	5	9	2	83
Total	409	27	185	88	104	5	382



### Cohort 2

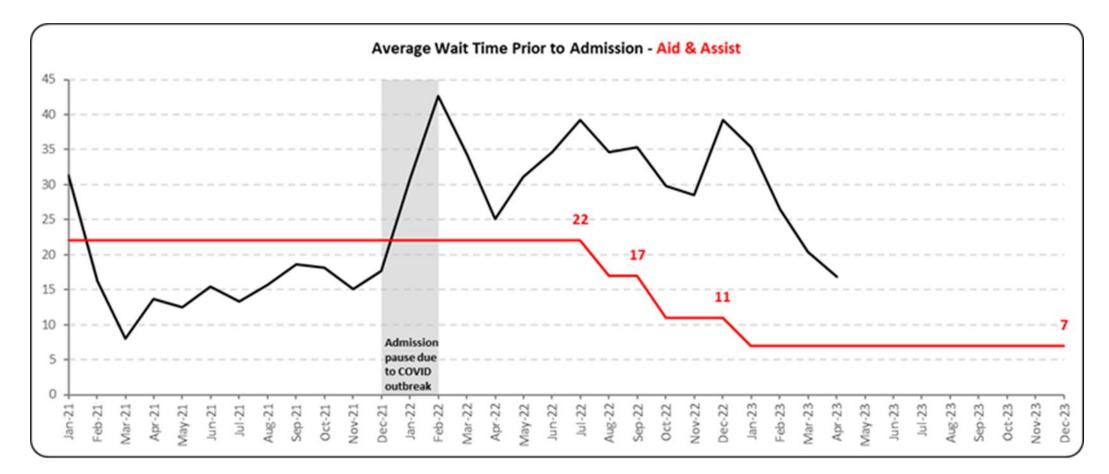
#### Patients admited to OSH after the Mink Federal Court Order was issued

#### **DISCHARGE REASONS**

COHORT 2	Admitted since 9/1/2022	At OSH as of 5/1/2023	Usual discharge	Community restoration	Discharged after meeting 30 day restoration limit notice period	End of statutory jurisdiction	Total discharged
Misdemeanor	254	100	60	26	66	2	154
Non-Measure 11 felony	396	197	128	48	23		199
Measure 11 felony	118	77	41				41
Total	768	374	229	74	89	2	394



### Average Wait Time, Patients under Aid & Assist Orders



Average actual wait time
 Projected wait time reductions

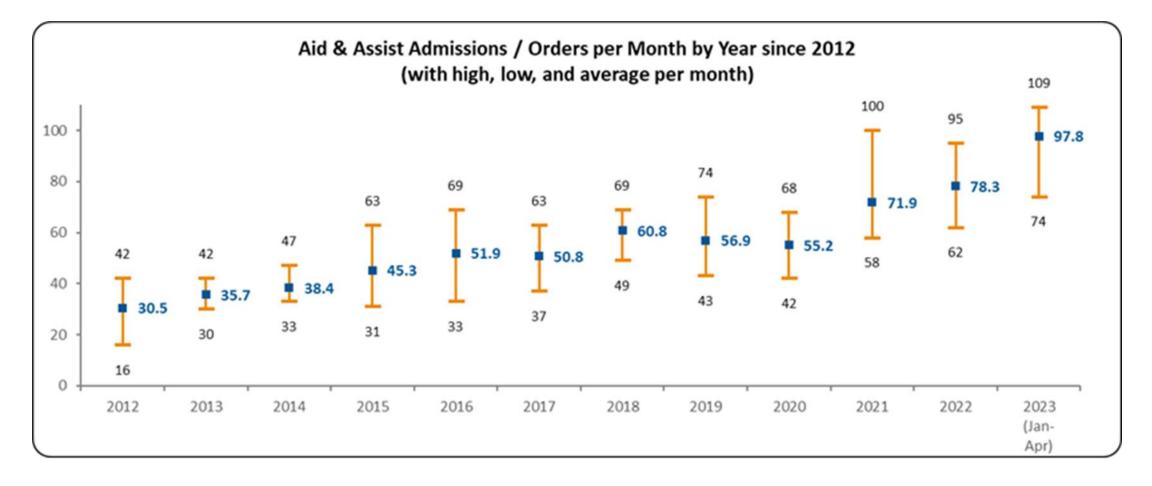


## Aid & Assist Admissions & Discharges Per Month

	Admis	sions	Disch	Discharges New ord		orders	Admission list	
Month	Projected	Actual	Projected	Actual	Projected	Actual	Projected	Actual
September 2022	67	76	67	85	74	84	77	86
October 2022	90	91	90	90	74	95	61	90
November 2022	90	81	90	85	74	95	45	104
December 2022	95	77	95	92	74	73	24	90
January 2023	97	101	97	93	74	109	10	98
February 2023	97	107	97	94	74	74	10	70
March 2023	107	128	107	129	79	108	10	51
April 2023	89	107	89	108	79	100	10	46



### **Aid & Assist Orders Per Month**





# **Successes and Challenges**



### **Successes**

- COVID-19 response
- Final Junction City unit opens
- Investment in staffing
- CMS response
- Increased discharges
- OR-OSHA response





# **Challenges: Workforce**

- Conversion of limited-duration positions to permanent to address acuity throughout OSH
- Collaboration with union leaders
- Letters of Agreement for incentive pay
- Reallocation of staff resources
  - Clinical and Security work overtime on units
  - Manager on-call rotation supports critical staffing needs
- Agency Nurse Staffing
- Focus on data to drive staffing decisions, including quarterly reviews





### **Challenges: Pandemic Recovery**



- Staff stability
- Reconnecting with staff
- Enhanced communication methods
- Returning to basics
- COVID-19 restrictions lifted
- Opportunities to celebrate in person





