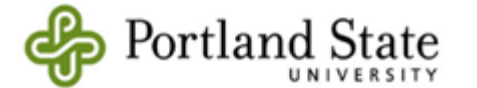




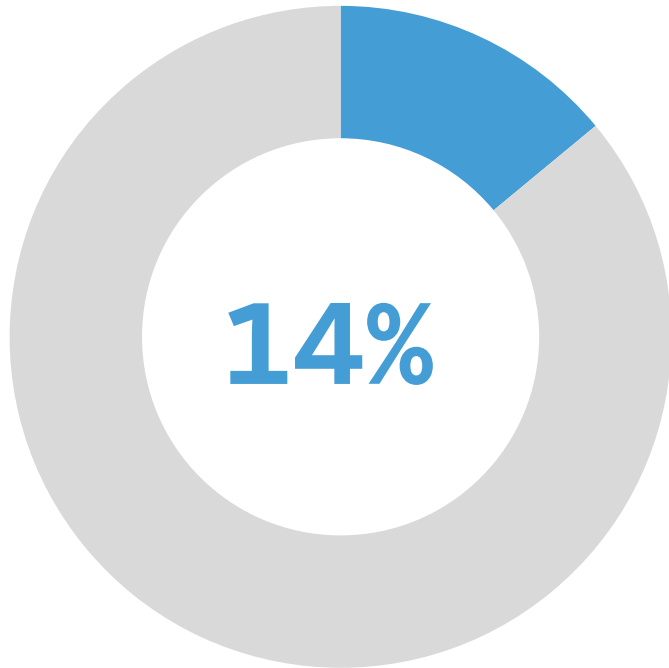
Oregon Public Universities *Mental Health Informational Meeting*

May 8, 2023

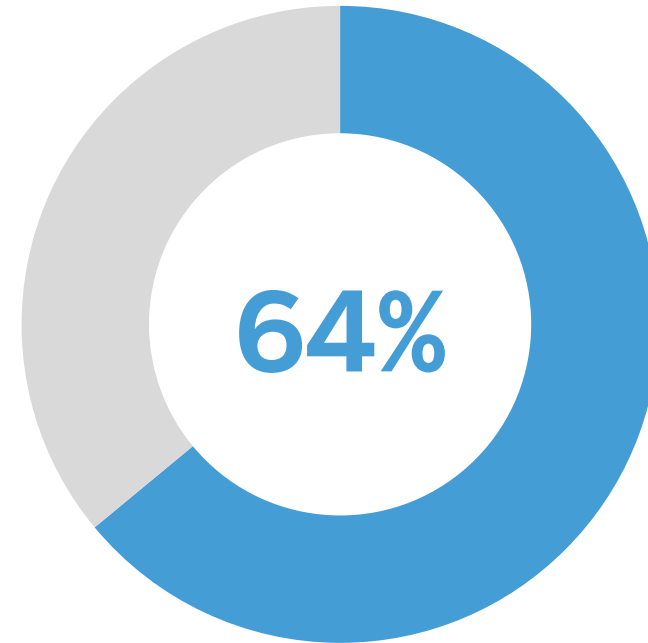


Mental Health As The Primary Reason for Leaving Higher Education

All Students











Students with a Diagnosed Mental Health Condition



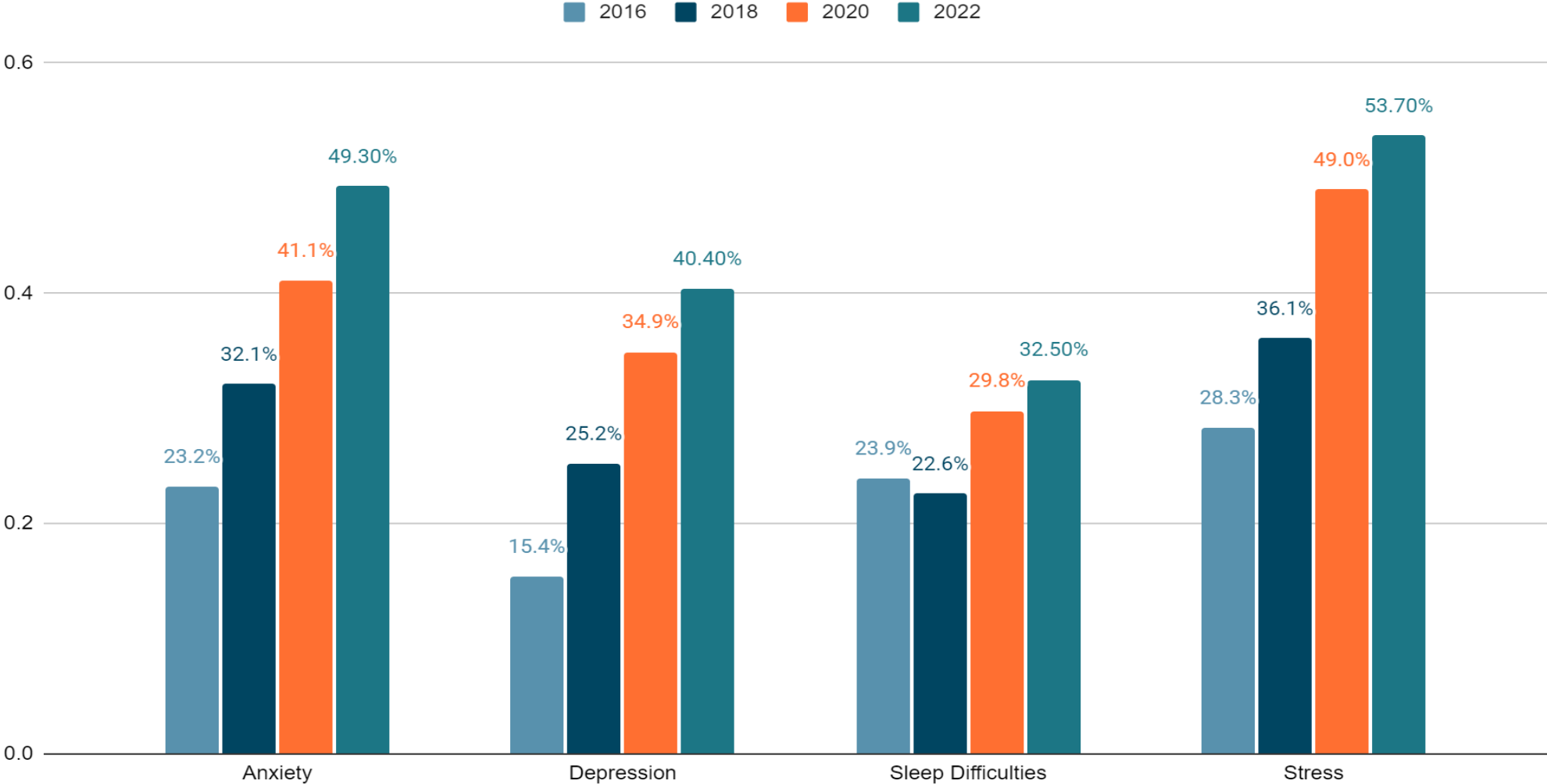
Center for Collegiate Mental Health

Trends: Average Subscale Scores (2010 to 2022)

Item	12-Year Change	2010-2022	Lowest	Highest	2021-2022
CCAPS-62					
Depression	+0.25		1.59	1.84	1.84
Generalized Anxiety	+0.29		1.61	1.91	1.91
Social Anxiety	+0.31		1.82	2.13	2.13
Academic Distress	+0.15		1.85	2.05	2.00
Eating Concerns	+0.12		1.00	1.12	1.12
Frustration/Anger	-0.07		0.96	1.04	0.98
Substance Use	-0.18		0.58	0.77	0.59
Family Distress	+0.15		1.29	1.44	1.44

PORTLAND STATE UNIVERSITY

National College Health Association Data



“In the last 12 months...has negatively impacted my academic performance”

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PSU STUDENT EXPERIENCE SURVEY 2020-2022

