

## Believe in parents. Believe in families. Believe in us.

Relief Nurseries strive to keep families together, preventing child abuse and the unnecessary foster care. They partner with families and provide:

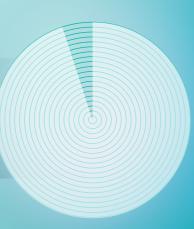
- Therapeutic Classrooms
- Parent education •
- Emergency + scheduled respite care
- Home visiting
- Essential supports, like free diapers, clothing, household needs and emergency food
- Community referrals

Parenting is hard in the best circumstances. Caregivers experiencing these challenges can be especially vulnerable to the stress of parenting infants and young children:

- Mental Health Issues
- Chemical Dependency
- Isolation
- Domestic Violence .
- Poverty •
- Generational trauma
- Teen pregnancy

## Our model works

90% of the children enrolled in statewide Relief Nurseries are able to remain living safely with their parents.



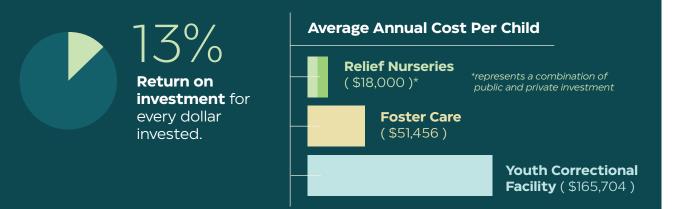


## Investing early matters.

**95%** of critical brain development happens in a child's first five years. Abused and neglected children are twice as likely to struggle with substance dependency, require special education, and become a teen parent. They are **11 times more likely** to be arrested for juvenile criminal behavior. **We know that parents matter in a young child's life, and we partner with them to improve outcomes for the entire family.** 

## Parents matter in young children's lives.

Relief Nurseries operate through a combination of public and private funding. This partnership allows us to get more done with the tax payer dollars and respond to community needs.



Together we can make a better future for Oregon's kids and families!

Scan this QR Code to learn more about how you can take action.

