

# BETTER WORLDS START WITH GREAT FAMILIES

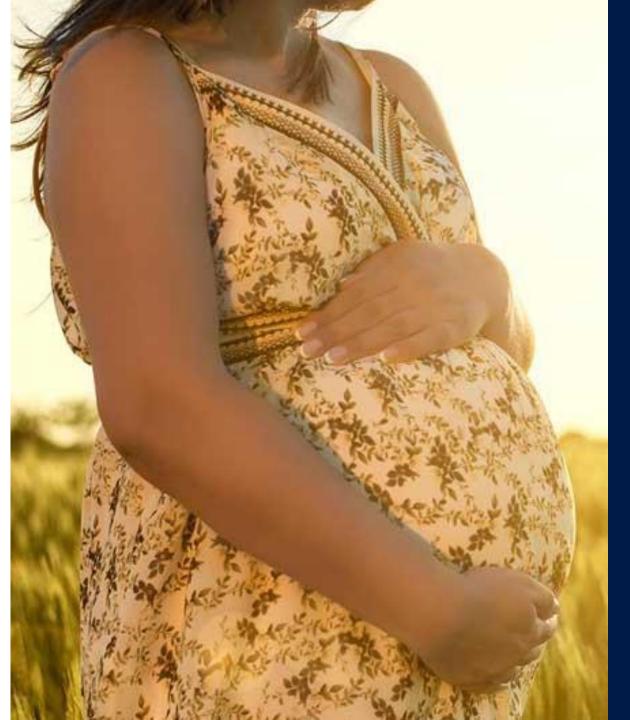
AND GREAT FAMILIES START WITH US

House Committee on Early Childhood and Human Services

15 February 2023

Matthew Richardson Government Affairs Manager The National Office for Nurse-Family Partnership & Child First matthew.richardson@nursefamilypartnership.org Nurse-Family Partnership® is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality.





"There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a welltrained nurse."

#### David Olds, PhD Founder of Nurse-Family Partnership

Professor of Pediatrics at University of Colorado



A future where all children are healthy, families thrive, communities prosper, and the cycle of poverty is broken.



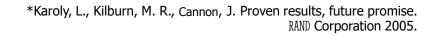
#### 376,400+ NFP FAMILIES SERVED Since replication began in 1996

## 40 STATES

plus Washington, D.C., the U.S. Virgin Islands and some Tribal Communities

### RETURN

Every \$1 invested in NFP saves \$5.70 in future costs for the highest-risk families served\*



#### Nurse-Family Partnership in Oregon

Established: 1999

Families Served: 7067 (cumulative)

Active sites: 8

Counties currently served: 9







- Improve Pregnancy
  Outcomes
- Improve Child Health and Development
- Improve Economic Self-Sufficiency of the Family



**EXPERT:** Specially-trained nurses

**VOLUNTARY:** Parents achieve their own hearts' desires

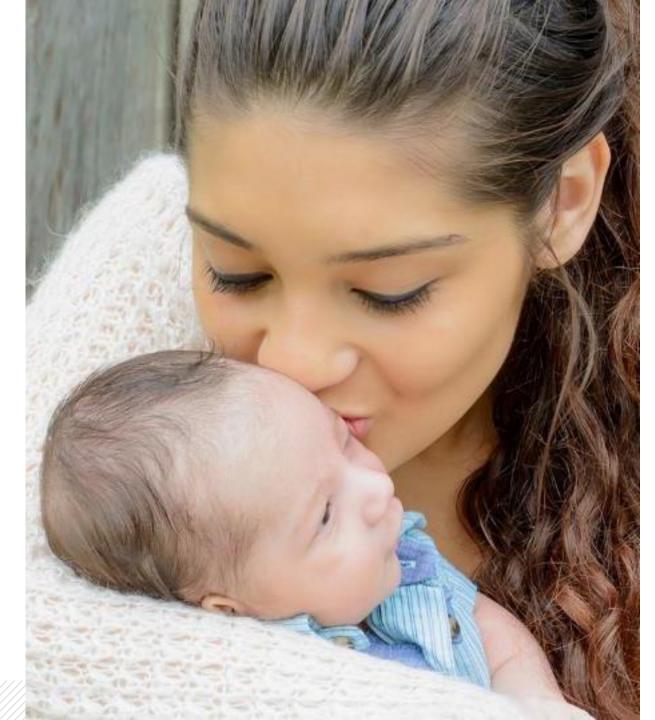
**PROVEN:** Extensive and compelling evidence

INTENSIVE: Pregnancy through age 2

> **TIMELY:** First 1000 days

## The First 1,000 Days

- Early experiences influence the developing brain
- Toxic affects of chronic stress
- Adversity can lead to lifelong problems
- Early intervention can prevent consequences
- Stable, caring relationships essential for development



### Gold Standard Research







1977 Elmira, NY 400 Low-income whites Semi-rural area 1990 Memphis, TN 1,138 Low-income blacks Urban area 1994 Denver, CO 735 Large proportion of Hispanics Nurses and paraprofessionals

## Nurse-Family Partnership Projected Outcomes in Oregon

Based on a review and analysis of more than 40 NFP evaluation studies and replication data, Dr. Ted Miller of the Pacific Institute for Research and Evaluation predicts the following outcomes from offering NFP at scale in OR:

- Smoking in pregnancy  $\downarrow$  23%
- Pregnancy-induced hypertension ↓30%
- Closely spaced births (15 months postpartum) ↓34%



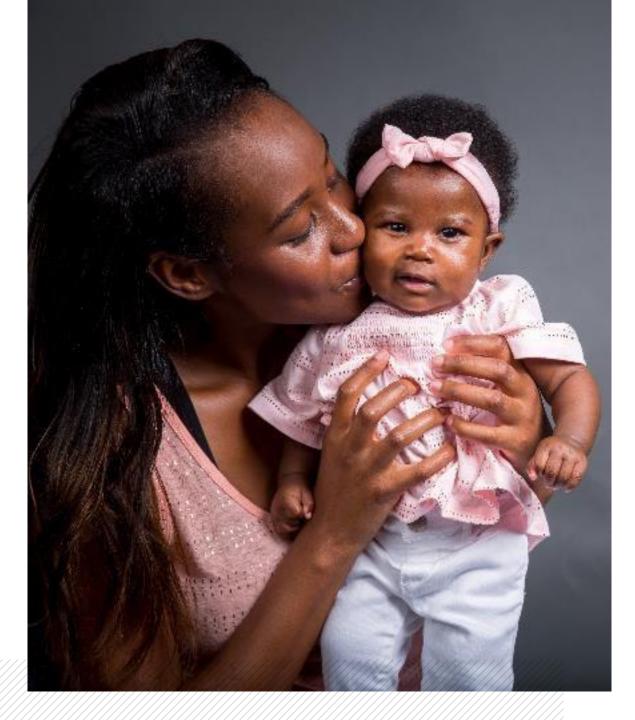
- Emergency department use for childhood injuries ↓31%
- Full immunization 个12%
- Language delay ↓37%



- First pre-term births  $\downarrow$ 14%
- Infant mortality  $\sqrt{43\%}$
- Moms who attempt breastfeeding  $\uparrow$ 11%
- TANF payments ↓7% (13 years post-partum)
- Person-months on Medicaid ↓7% (15 years post-partum)
- Costs if on Medicaid ↓13% (through age 18)

## Return on Investment

When broader cost savings to society are taken into account, like savings on medical care, child welfare, special education, and criminal justice, the predicted Oregon benefit-cost ratio grows to be **\$6.10 to \$1** for every dollar invested in Nurse-Family Partnership.





#### Funding for NFP in OR

- Federal funding through the Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Program
- Federal funding through Medicaid reimbursement
- County funding through paying the non-federal match required by Medicaid (~60% fed, 40% local)

Nurse-Family Partnership programs in Oregon rely on Medicaid to pay for their services to families, but Medicaid requires non-federal match funding that is currently being paid by the county health departments. Counties that cannot pay the match funding are unable to implement an NFP program. This creates inequitable access to the beneficial outcomes of this program.

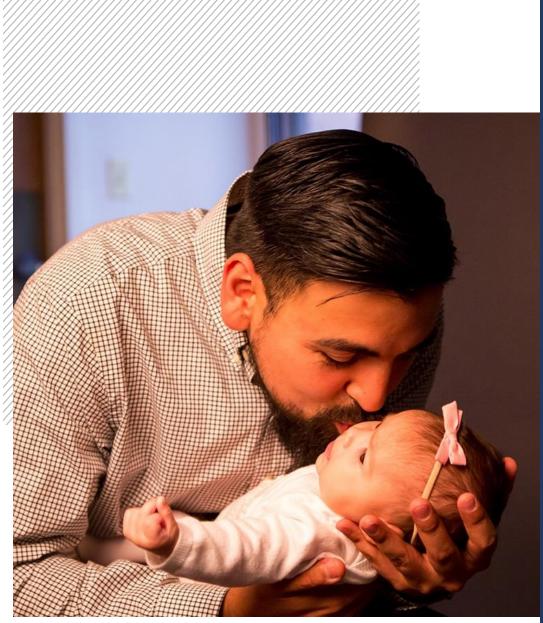
The use of state funds for this Medicaid match would allow more Oregon families to receive the proven benefits of NFP services.

#### 2023 Legislative Ask

Open pathways to NFP serving more families across Oregon by appropriating state dollars to provide the non-federal match funding required by Medicaid.

\$8 million (over biennium) if all possible areas across state were to begin offering NFP.







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