
Adult Suicide Prevention

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Adult Suicide in Oregon

- 833 Oregonians died by suicide in 2020
 - Oregon has higher rates of suicide than the national average
 - Adults over 24 were 87% of suicides in Oregon between 2016-2020
 - Oregon was one of seven states to see a statistically significant decrease in suicide rates between 2019-2020; however, the rate did increase in 2021 and now are more similar to 2019 rates
- Some communities experience higher burden of suicide:
 - Non-Hispanic American Indian and Alaska Native community
 - Non-Hispanic White community
 - Men (suicide deaths)
 - Women (suicide attempts)
 - Rural and frontier
 - LGBTQ2SIA+
 - Veterans

Adult Suicide Prevention Programming: Building Upon Existing Initiatives

- Finalization and Implementation of the 5-year Adult Suicide Intervention and Prevention Plan
- CDC Comprehensive Suicide Prevention Grant
- SAMHSA Zero Suicide in Health Systems Grants
- Oregon Older Adult Behavioral Health Initiative

Education and Training Opportunities for Medical Providers

- Current options available at low cost, **with** Continuing Medical Education (CME) credits:
 - Youth SAVE (Suicide Assessment in Various Environments) for Primary Care*
 - Webinars and other continuing education through Oregon Pediatric Society*
- Current options available at low cost, **without** CME currently:
 - Applied Suicide Intervention Skills Training (ASIST)
 - Question, Persuade & Refer (QPR): not appropriate for all medical providers
 - Oregon Counseling on Access to Lethal Means*
 - Addressing Firearm Safety with Patients at Risk of Suicide*

*Indicates Oregon developed or adapted training

Thank You

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Authority