



OREGON
HEALTH
AUTHORITY

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Residential Behavioral Health Capacity

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Adult Mental Health and Substance Use Treatment: Residential Capacity in Oregon

Governor Kotek Initiative #2: Behavioral Health Capacity



Expand behavioral health treatment beds in a way that equitably addresses system gaps at each level of care immediately and plan for long term development for a sustainable system of care.

SB 5525 (2023) SUD Residential – \$15M

General Fund to be allocated to increase availability of substance use disorder (SUD) facilities for both children and adults.

- 68 Adult SUD Residential Beds
- 12 Withdrawal Management Beds
- 32 Youth SUD Residential Beds
- \$1.5M Tribal Set Aside

HB 5024 (2023) BH Residential – \$16.9M

General fund to support the need for increased capacity of SUD and MH facilities.

- 74 Adult SUD Residential Beds
- 12 Withdrawal Management Beds
- 1 Peer Run Recovery Campus

SB 1530 (2024) Recovery Housing– \$18M

Oregon Health Authority, for the biennium ending June 30, 2025, out of the General Fund, received \$18M total, for distribution as grants to the entities noted in the bill for specific purposes to support the development of SUD services throughout the state.

- 27 Awards for 12 organizations
- 22 awards support increased capacity through capital development for 241 beds
- 5 Awards support ongoing operational costs
- \$1.5M Tribal Set Aside

HB 5204 (2024) BH Capacity – \$86.5M

***This investment is NOT included in pending capacity growth in PCG study.**

- 10 Crisis Stabilization Centers
- 28 additional withdrawal management beds
- 2 Primary Care Clinics
- 94 Housing Units

HB 5030 (2023) Lottery Bonds – \$50M

*This investment is NOT included in pending capacity growth in PCG study.

- 127 Beds across 3 BH Campus Models include crisis stabilization and mix of beds
- 52 Housing Units includes 15 youth specific
- 28 Mental Health Residential Beds
- 1 Crisis Stabilization Center
- 1 Youth Drop In Center

PCG Study: An Overview

Governor Kotek directed OHA to conduct a study on behavioral health bed capacity needs in Oregon, culminating in a 5-year plan to expand capacity across the state.

OHA retained Public Consulting Group to conduct the analysis.

Link to study:

<https://www.oregon.gov/oha/HSD/AMH/ataReports/Behavioral-Health-Residential-Facility-Study-June-2024.pdf>

Study includes:

- Estimates of current capacity and unmet bed need for the following facilities, by trauma system area: inpatient psychiatric, mental health residential treatment, SUD residential treatment, and withdrawal management.
- Estimated capital construction costs for new facilities.
- Snapshot of overall behavioral health system needs, based on qualitative research and a survey of providers.

Data Collection and Analysis

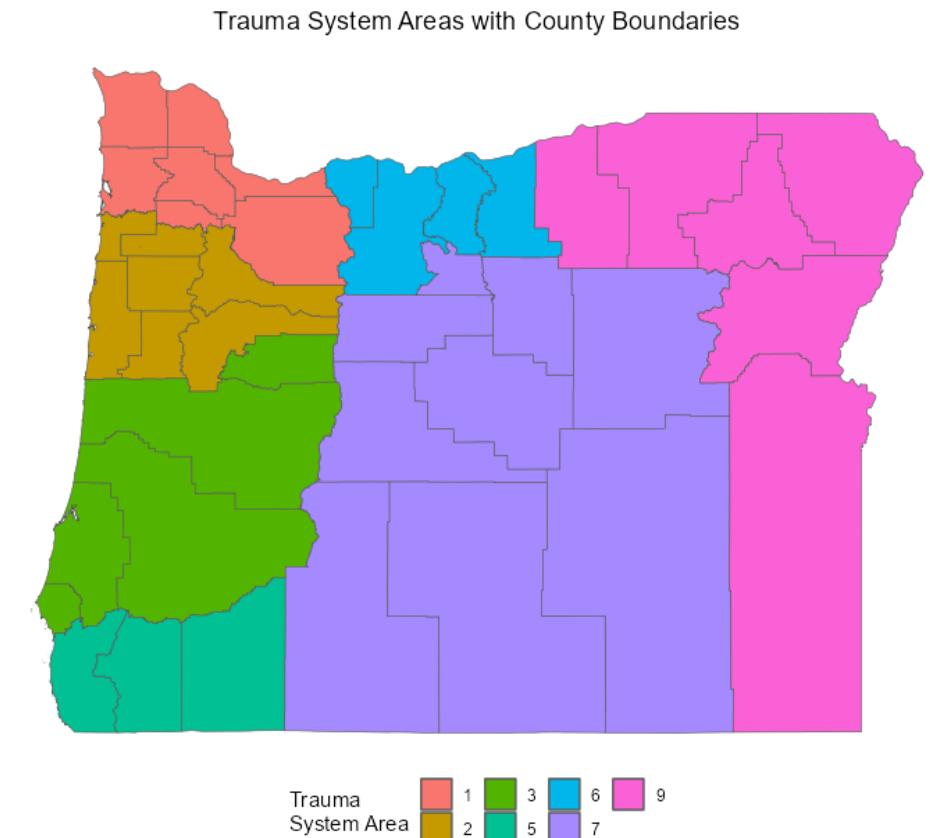
Current Facility Inventory

PCG created an inventory of the current facilities in Oregon falling within the project scope and their associated bed capacities.

Mapping of Current Capacity

PCG was directed to use Trauma System Areas for this project. After facilities were identified, PCG

- Mapped all facilities to their associated trauma system area
- Analyzed the number of beds in each region and the number of beds per 100,000 population for each region by facility type.



Regional Summary of Current & Planned Capacity (Including In Progress)

Facility Type	Current and Planned Bed Count	Current & Planned Beds Per 100k Population
State Hospitals	577	13.62
Inpatient Psychiatric Facility - Freestanding	98	2.31
Inpatient Psychiatric Unit in Hospital	363	8.57
Residential Treatment Facility (RTF)	641	15.13
Secure Residential Treatment Facility (SRTF)	587	13.86
Residential Treatment Home (RTH)	388	9.16
Adult Foster Home (AFH)	498	11.76
Residential SUD Facility	1,418	33.48
Clinically-Managed Withdrawal Management Facility	8	0.19
Medically-Monitored Withdrawal Management Facility	309	7.30
Total Beds	4,887	

Source: Licensing and Certification Team, OHA Public Health Division, OSH and Behavioral Health Investment Team
Grant Data. June 2024.

Estimated Statewide Capacity Needs Snapshot

Facility Type	Current Capacity	Pending Capacity	Total Projected Capacity by 3rd Qtr 2025	Projected Additional Capacity Needed	Total Future Bed Capacity (Current + Pending + Needed Beds)	% Increase
Inpatient Psychiatric Facility (Includes State & Community Hospital Beds)	1,038	0	1,038	486	1,524	46.81%
Mental Health Residential Facility (RTF & RTH only)	810	219	1,029	102	1,131	9.91%
Secure Residential Treatment Facility	510	77	587	198	785	33.77%
SUD Residential Facility	1,374	44	1,418	2,357	3,775	166.22%
Withdrawal Management Facility (Clinical & Medical)	301	16	317	571	888	180.13%
Totals	4,033	356	4,389	3,714	8,103	84.63%

Community Engagement

The Final Report details our community engagement goals, methods and key themes. An essential component of this project entails **actively involving a diverse range of community members.**

Collecting information and listening to the real-life experiences of Oregonians who have firsthand experience within the behavioral health system across the state, served as **paramount influence in shaping our analysis and recommendations.**

Key Themes

Three common themes quickly emerged during key informant interviews. Although our study primarily focuses on residential behavioral health facilities and their associated capacities, participants frequently addressed additional needs in behavioral health resources and how different points of care impact residential facilities.

Staffing/Workforce

- Burnout and Safety
- Administrative Burden
- Pay and Compensation
- Peer Expansion and Peer Experience

Facility Access, Availability, and Experience

- Wait Times
- SUD Level of Care Mismatch
- Exclusionary Criteria
- Residential Experience

Funding and Facility Expansion Priorities

- SUD Continuum of Care
- Culturally Specific Services
- Meeting Complex Needs
- Peer Workforce Expansion
- Models for Rural Communities

Considerations

- Report does not quantify bed needs for specific sub-groups, such as children, older adults, people with complex needs, people with co-occurring disorders, and forensic populations.
- Capital construction costs for residential and withdrawal management reflect new facility builds; renovations likely cost less per bed.
- Funding plan divides new bed builds roughly equally across all 5 years. As an alternate, Oregon could consider frontloading areas of greatest need, e.g SUD Residential and Withdrawal Management, which have the biggest gaps.
- Growing the BH workforce in tandem with executing capital projects is critical for increasing access – a bed built is not a bed filled if there is no one to staff it.
- Bed estimates and 5-year plan represent a point in time estimate – population needs may change over time and investments in less acute settings can offset need for inpatient, residential and withdrawal management.

OHA BH Division completed an RFI

RFI closed Sept 16, 2024

Comparative analysis of project proposals received through RFI will help the state understand how community needs align with the Res+ Study to inform funding recommendations

Governor's Office and OHA BH Division will work to use the results to drive Governor's budget recommendations

Next Steps

- Use regional bed need estimates and 5-year plan to guide investments
 - Lottery bonds
 - Policy Option Package: Regional Funding Hubs
- Develop tracking tools to monitor progress toward closing gaps
- Increase efforts to expand capacity in other areas of the continuum of care, especially housing

New OHA Dashboard to Display BH Residential Capacity Investments Over Time

Home Equity Vision & Next Steps **Overall Bed Capacity** Capacity by Quarter Oregon Maps Grants Overview

On this page, it's important to note the numbers shown in the grey section of the bar chart represent the number of actively used and available beds in OHA's behavioral health system. The numbers in orange reflect the number of beds currently in development, meaning they're in some phase of contract negotiation and/or under construction, and the white section represents how many beds OHA strives to have available by the end of the third quarter of 2029.

At the bottom of the page, the table lists the anticipated grant agreements not yet executed, and the details aren't final. However you can see the total potential number of beds, units and where in Oregon they're located. Those numbers are subject to change until the grants are finalized.

Trauma System Area **Facility Type** 

All All

Bed capacity by facility type

● Current Capacity ● In Development ○ Remaining to the Five Year Goal

Facility Type	Current Capacity	In Development	Remaining to the Five Year Goal	Total
SUD Residential Facility	1,434	1	3,834	3,834
Mental Health Residential Facility (RTF & RTH)	1,064	293	1,423	1,423
Secure Residential Treatment Facility	540	1	816	816
Withdrawal Management Facility (Clinical & Medical)	311	1	914	914

Grants not yet executed (Under negotiation)

County	Trauma System Area	Organization	Facility Type	Bed Capacity	Unit Capacity	Funding Amount	Grant Agreement Execution Date
Klamath	Area 7	Transformations Wellness Center	SUD Residential Facility & Withdrawal Management	50	0	\$2,359,204	TBD
Wasco	Area 6	Mid Columbia Center for Living	Secure Residential Treatment Facility	16	0	\$4,500,000	TBD
Total				100	0	\$9,965,376	



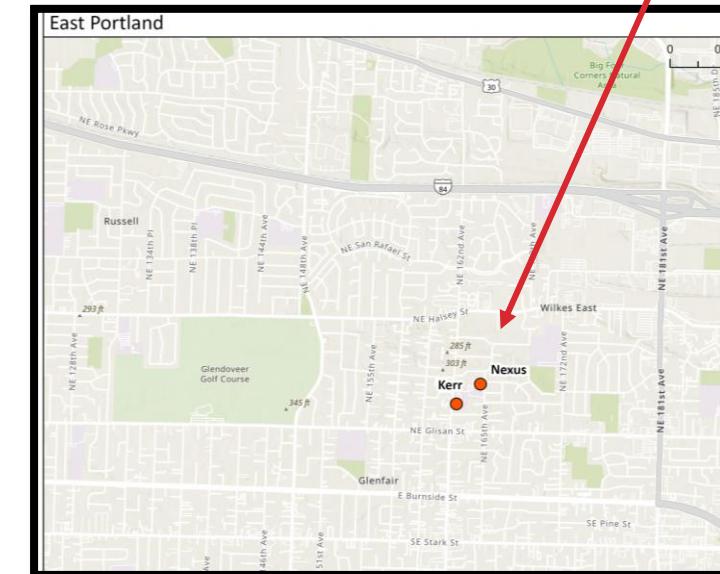
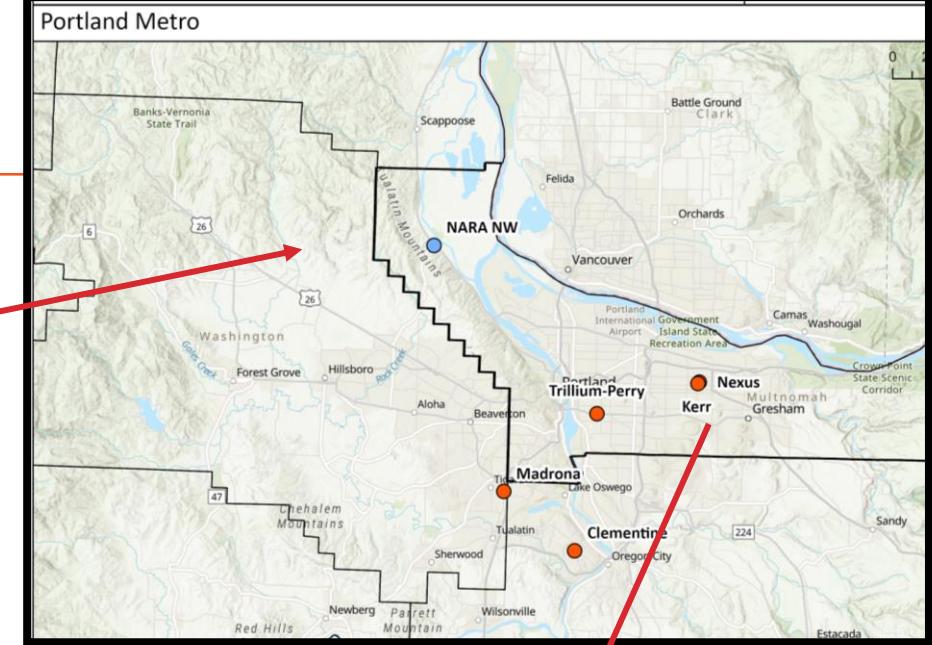
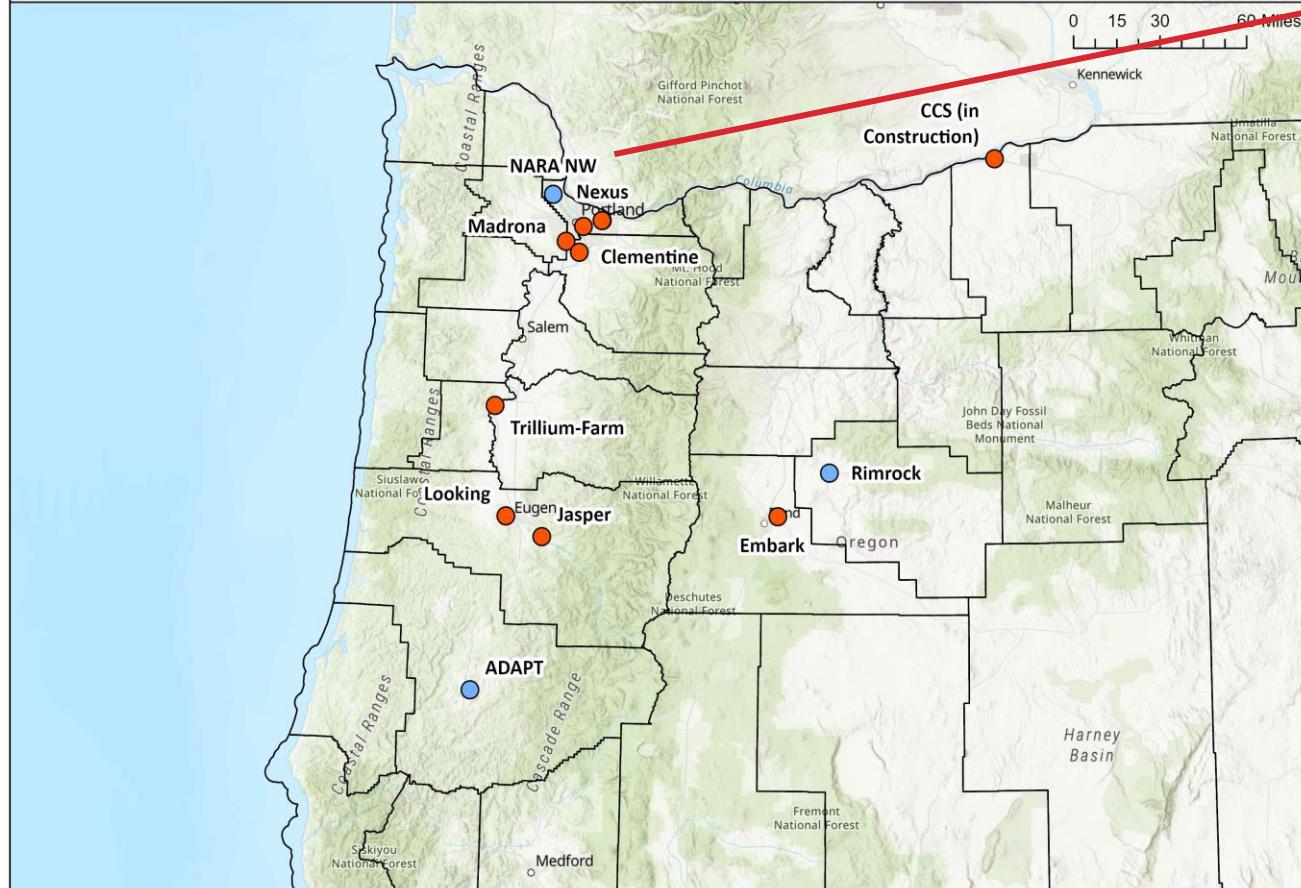
Children's Mental Health and Substance Use Treatment: Residential Capacity in Oregon

Current Providers

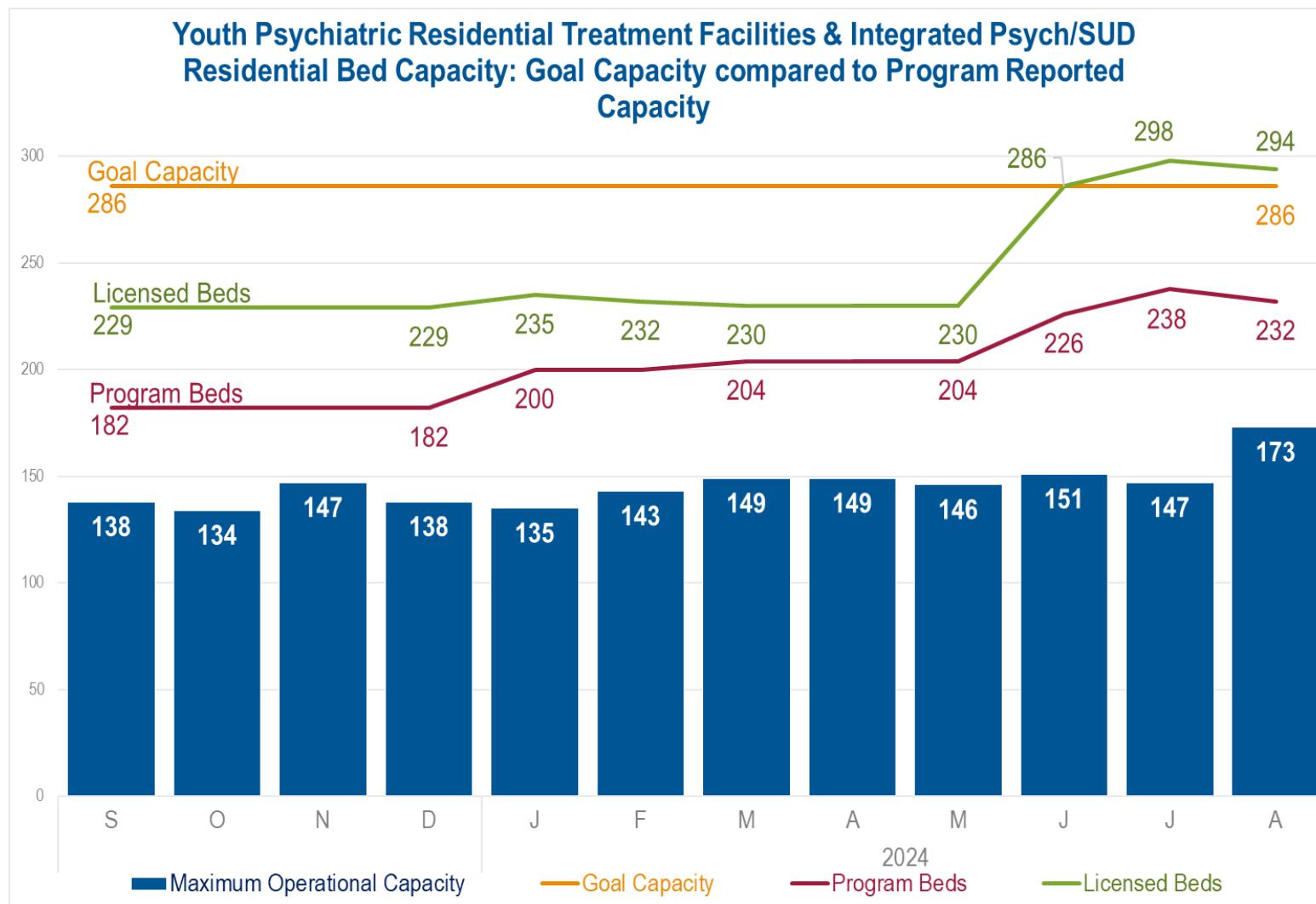
Child & Youth Residential Facilities

- Psychiatric Residential Treatment Facilities (PRTF)
- Substance Use Disorder Residential Programs

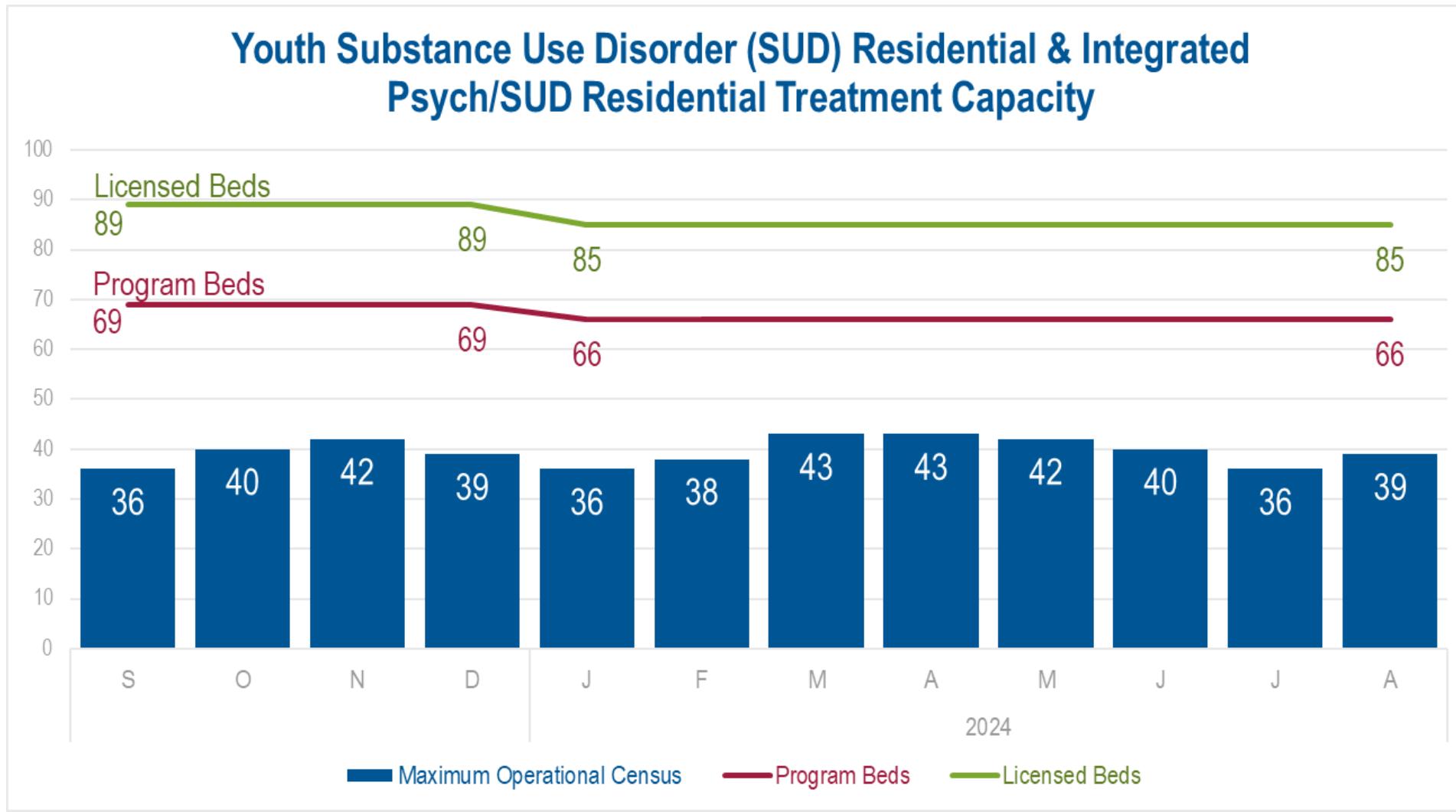
Statewide



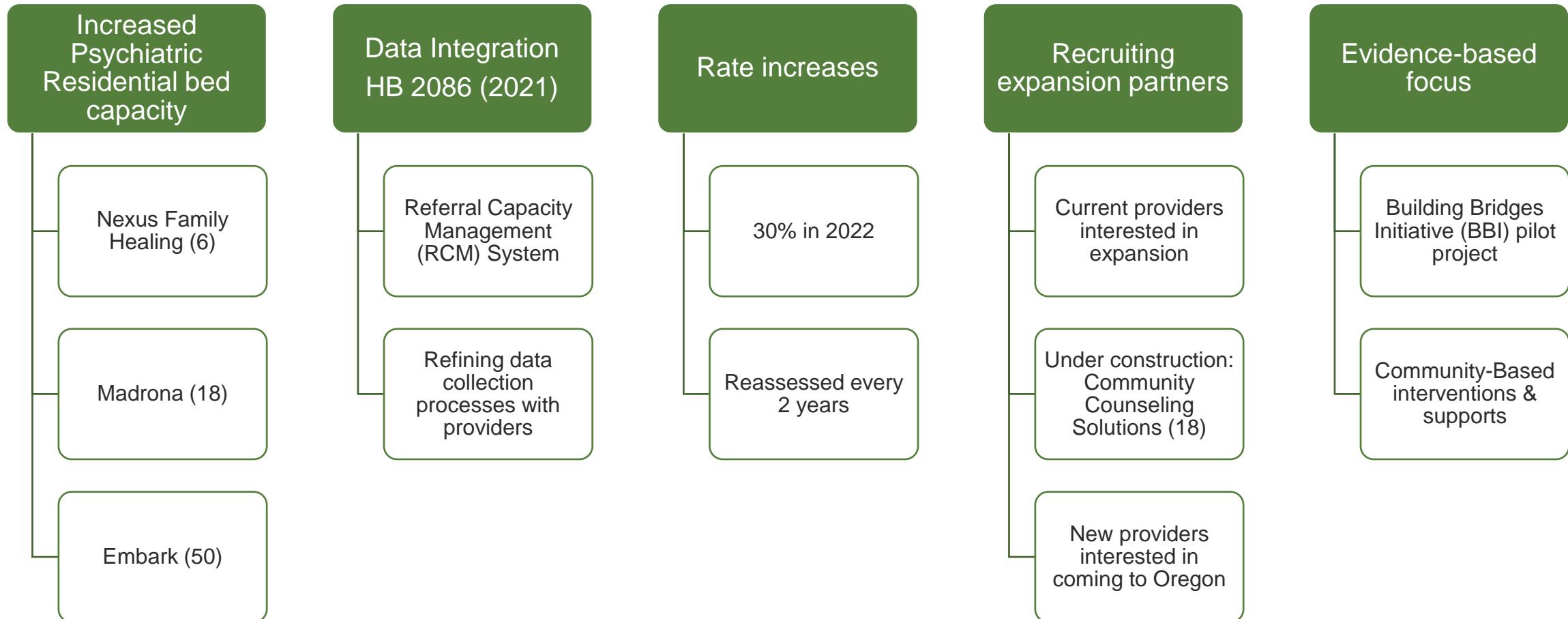
Psychiatric Residential Treatment Capacity



SUD Residential Treatment Capacity



Recent Successes & Current Efforts



Next Steps

Policy Option Package

Referral & Capacity Management (RCM) system evolution

Provider communities of practice

Need for assessing the child/youth residential system

Alignment with System of Care Advisory Council (SOCAC) and Alcohol and Drug Policy Commission (ADPC)



Thank you

You can get this document in other languages, large print, braille or a format you prefer free of charge. Contact Sarah Herb at sarah.herb@oha.oregon.gov or 971-372-9887 (voice/text). We accept all relay calls.

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