

I am writing to support the repeal of Measure 110. Having been a psychologist for 25 years I was horrified when it passed as I am familiar with the toll addiction takes on the brain. Besides the physical addiction of drugs there is the extreme Dopamine hit that not only brings pleasure from the drug use BUT ALSO REMOVES THE NORMAL PLEASURE RESPONSE TO OTHER PLEASURABLE ACTIVITIES. This often includes eating. Measure 110 asks people to voluntarily stop the only thing which is giving them pleasure. This terrible way to live is reparable but only with abstinence from the addictive behavior.

Drugs also damage the prefrontal cortex, the supervisor part of the brain which helps you see the consequences of your action. This prefrontal supervisor provides the ability to use self control, delay gratification and make choices that help you survive long term. There is no kindness in allowing people to use drugs with no consequence. These individuals have diminished or non-existent free will to make an informed decision about their lives.

Measure 110 has led to the devastation of individuals and families. Please end it and use the funds set aside for drug treatment for law enforcement to identify users, fund inpatient and outpatient facilities that have a proven track record in not just ending the drug addiction but assisting people to reclaim their lives.

Sincerely,
Kali Miller, Ph.D.