

Agenda

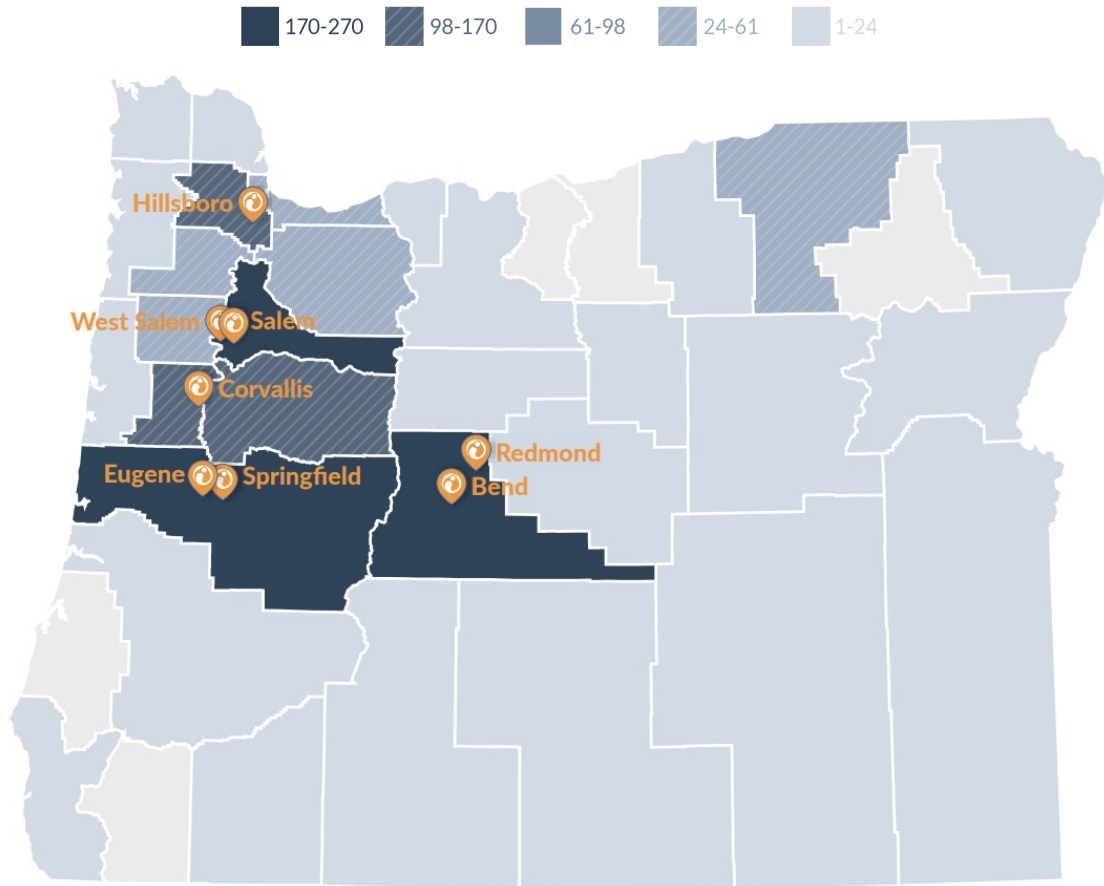
- 1. Overview of Ideal Option**
- 2. Medication for Addiction Treatment (MAT)**
- 3. Criminal Justice Partnerships**
- 4. Patient Outcomes**

December 4, 2023



OREGON ANNUAL REPORT 2022

Patient Outcomes



STAGES OF CARE

INITIATION

New patients, re-start patients, or patients not yet stabilized on buprenorphine.



STABILIZATION A

Patients who are starting to feel stable on buprenorphine and have reduced their use of opioids.



STABILIZATION B

Patients who are stable on buprenorphine and have stopped use of opioids but may still be using other non-prescribed substances.



MAINTENANCE A

Patients who are completely stable on buprenorphine and abstinent from all non-prescribed substances.

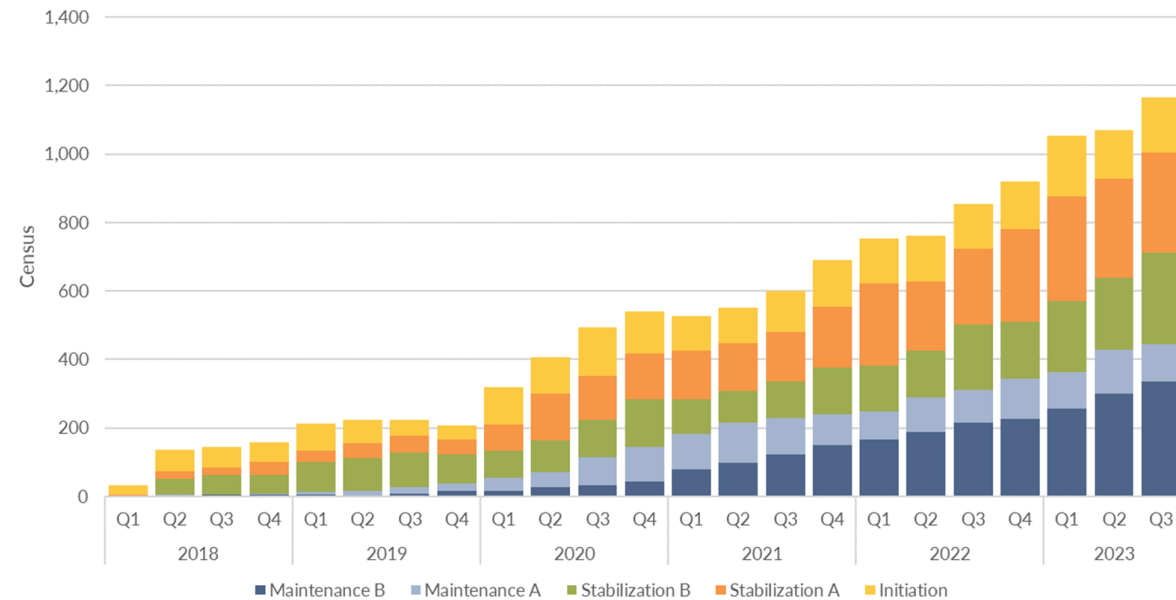


MAINTENANCE B

Patients who have long-term stability on buprenorphine and are abstinent from all non-prescribed substances.

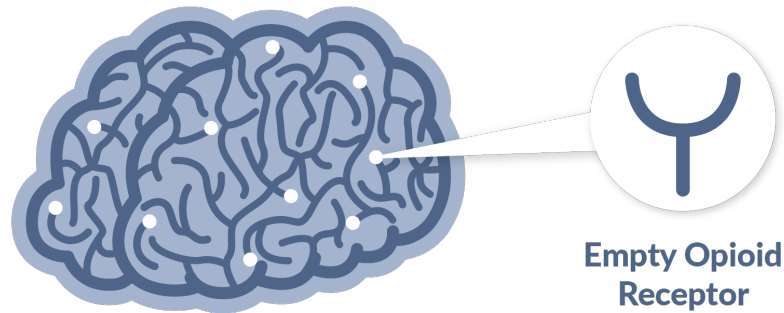


Census By Quarter



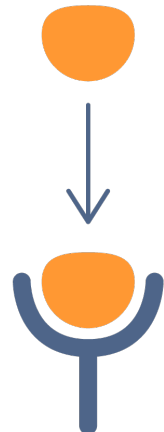
Medication for Addiction Treatment (MAT)

Including Medication for Opioid Use Disorder (MOUD)



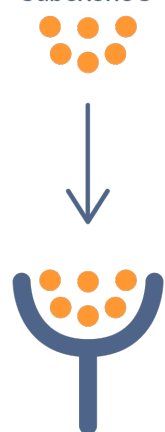
- Buprenorphine reduces cravings and withdrawal
- Buprenorphine blocks the effects of other opioids
- Help restore normal brain function, including memory, concentration, decision-making and thinking

Methadone



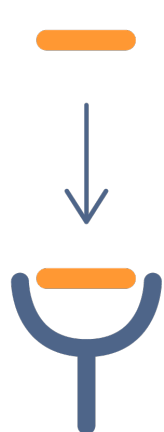
Full agonist:
generates effect

Buprenorphine
Suboxone®



Partial agonist:
generates limited effect

Naltrexone



Antagonist:
blocks effect

Comparing methadone and buprenorphine-based treatment

	Office-based opioid treatment (OBOT) Outpatient clinics prescribing buprenorphine/ Suboxone® usually in rural/suburban areas.	Opioid treatment program (OTP) Outpatient clinics dispensing methadone usually in urban areas.
HISTORY	Emerged as new gold standard MAT over past 10 years.	Gold standard MAT for 50 years.
MEDICATION DESCRIPTION	Buprenorphine is partial agonist. Reduces cravings. Safer than methadone.	Methadone is full agonist (can produce a "high").
MEDICATION DISTRIBUTION	Prescription filled by a local pharmacy and taken at home by patient.	Administered primarily in office with observed dosing by provider.
VISIT FREQUENCY	Varies depending on phase of treatment (initiation, stabilization, maintenance) from twice weekly to monthly.	Daily visits. After a period of stability, patients may be able to take methadone home between visits.



Criminal Justice Partnerships

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- **Marion County Jail**
 - Launched January 2023
 - On-site Provider (2 days/week)
 - On-site Registered Nurse for medication dosing



Since January 2023,

444

Marion County Jail inmates have started medication-assisted treatment.

Since July 2023,

44

Deschutes County Jail inmates have started medication-assisted treatment.



- **Deschutes County Jail**
 - Launched July 2023
 - Telehealth Provider (2 days/week)
 - Dedicated Peer outreach

- **Measure 110 Grant Funded**
 - Each budgeted at \$750k for 18 months

84% of patients in the Marion County Jail MAT program have completed an appointment at an Ideal Option clinic post-release.



60% of patients in the Deschutes County Jail MAT program have completed an appointment at an Ideal Option clinic post-release.



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Patient Outcomes

Treatment Works¹

 **98%**
less fentanyl use

 **86%**
less methamphetamine use

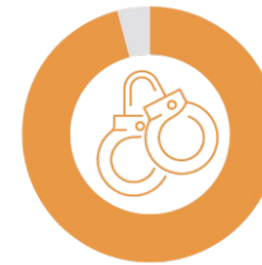
Life Improves²

 **94%**
Reported improvement
in housing

 **89%**
Reported improvement
in employment

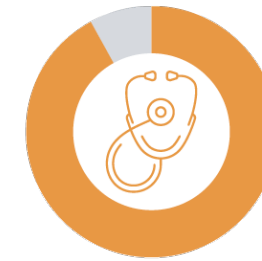
¹The reduction in positive tests for all patients during 2022 at the Maintenance B Stage of Care compared to at the Initiation Stage of Care

²2022 Ideal Option Self-Reported Patient Outcomes Survey



96%

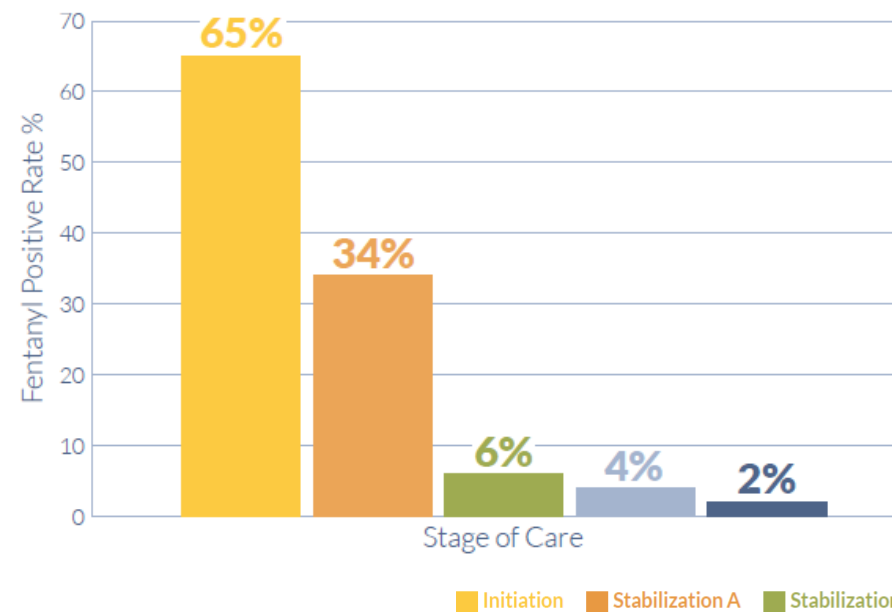
Report **no drug-related arrests or charges** since starting treatment



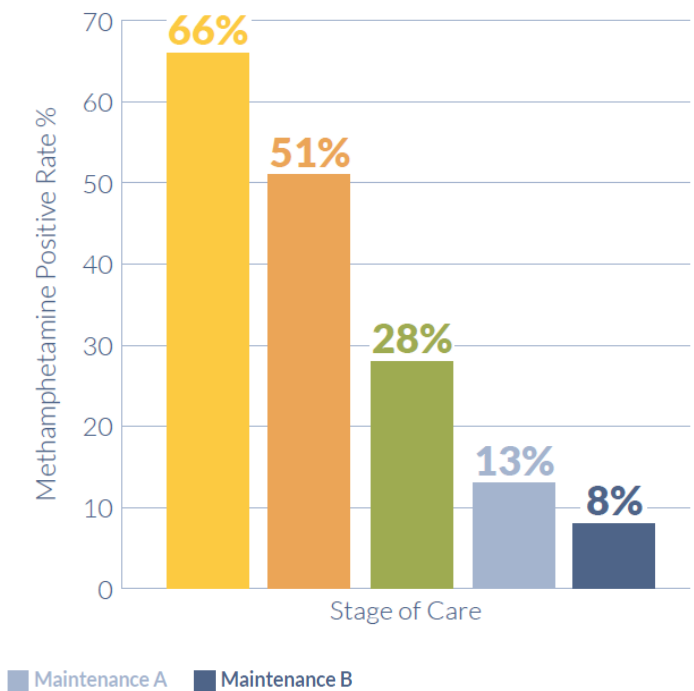
92%

Report **no visits to the ER for drug-related medical care** since starting treatment

2022 | OREGON Fentanyl



2022 | OREGON Methamphetamine



Thank You



Confidential

