END INSURANCE BARRIERS AND DELAYS TO REDUCE OPIOID ADDICTION AND OVERDOSE FATALITIES

Moxie Loeffler, DO, MPH, FASAM - Oregon Society of Addiction Medicine Public Policy Chair

- Oregon Medical Director Community Medical Services. Salem clinic.
 - Opioid Treatment Program methadone, buprenorphine, naltrexone.
 - Walk in service.
- No disclosures -- pharmaceutical industry





OBJECTIVES

Understand:

- Danger of delayed care for Fentanyl Use
 Disorder patients while we wait for insurance
- Importance of timing in addiction treatment
- Value of injectable medications

Know:

- States have bills to end or limit prior authorizations
- See Policy Analyst Brian Nieubuurt to access a detailed list of proposed bill components



Lethal doses of Heroin and Fentanyl – New Hampshire State Police Forensic Lab

BOARD OF THE OREGON SOCIETY OF ADDICTION MEDICINE, 2023-2024



President
Kate
Marshall,
MD,
FASAM



Vice President
David Simmons,
MD, MMus,
FASAM



Treasurer
Bradley M.
Buchheit,
MD, MS



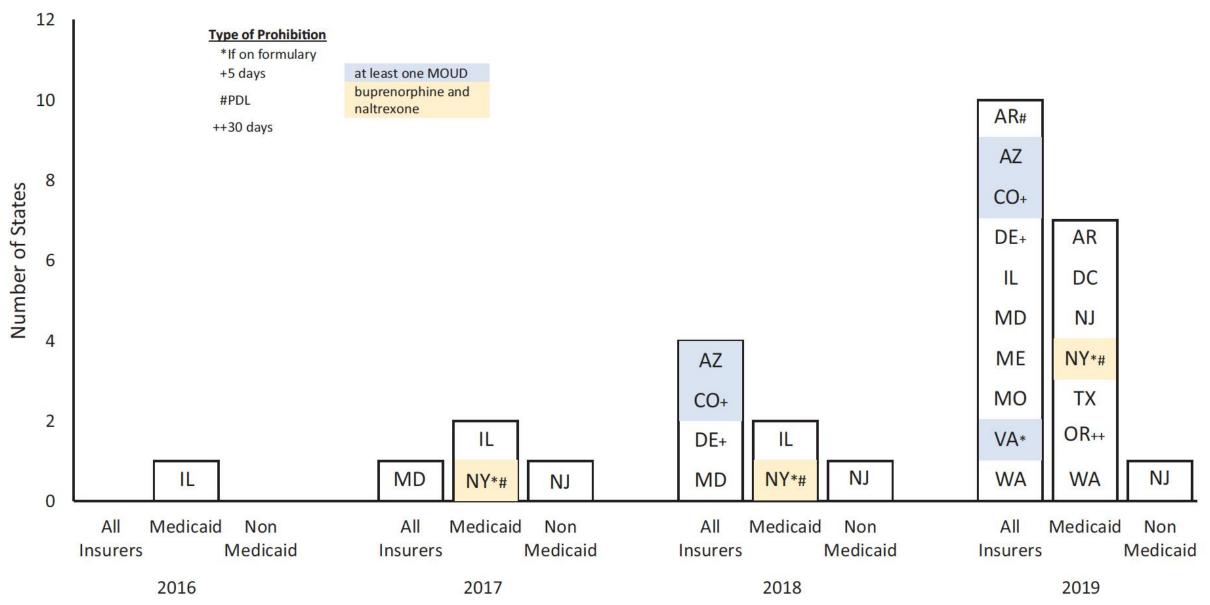
Secretary

Julie Byler, DO



Immediate Past
President
Eowyn Rieke, MD,
MPH

STATES WITH LAWS PROHIBITING PRIOR AUTH FOR MOUD



ADDICTION IS:

A treatable brain disease involving reward system

Treatment is as **effective** as it is for other chronic diseases.



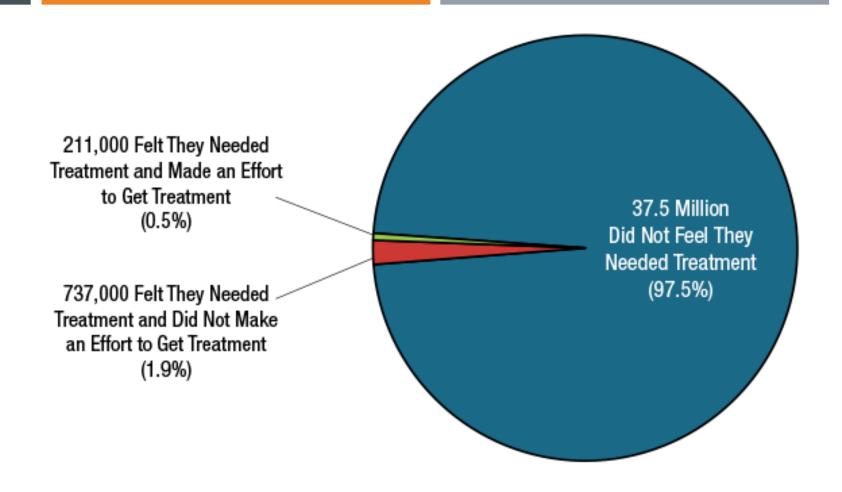




OVER A YEAR OF TIME, ONLY 2.5% OF AMERICANS WITH SUD THOUGHT THEY NEEDED TREATMENT

ONLY 0.5% TRIED TO GET IT





38.4 Million People with an SUD Who Did Not Receive Substance Use Treatment at a Specialty Facility

National Survey on Drug Use and Health - Perceived Need for Treatment - 2020

MEDICAL CARE WAIT TIME IMPACTS

- One study in Israel: 48% of patients on a Methadone program waitlist could not be found (Peles)
- One study showed that only 20% of patients randomized to a waitlist entered the program
 - Motivation level at time of waitlisting had no impact (Gryczynski)



ONLY 2 MEDICATIONS FOR MODERATE/SEVERE OPIOID USE DISORDER.

ONLY BUPRENORPHINE IS AVAILABLE IN MANY LOCATIONS.

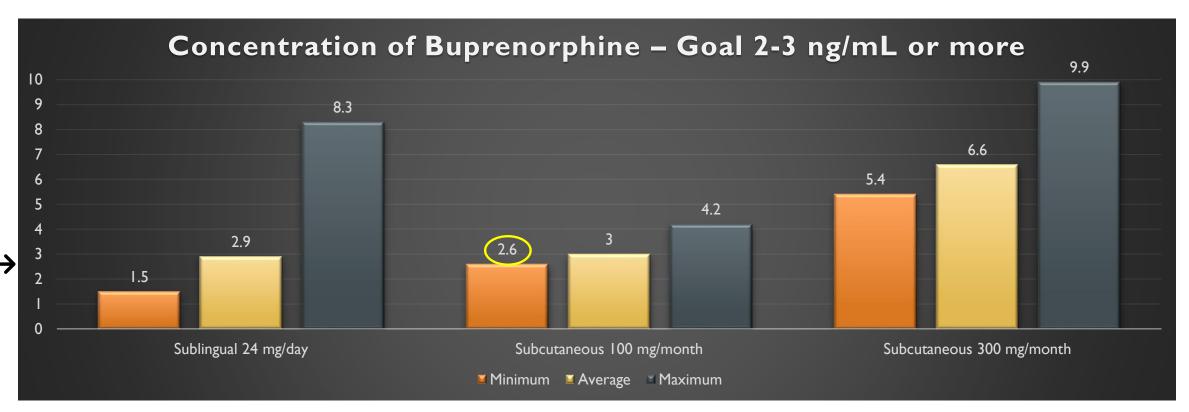
WE NEED ALL FORMS AND DOSES OF BUPRENORPHINE AVAILABLE IMMEDIATELY.



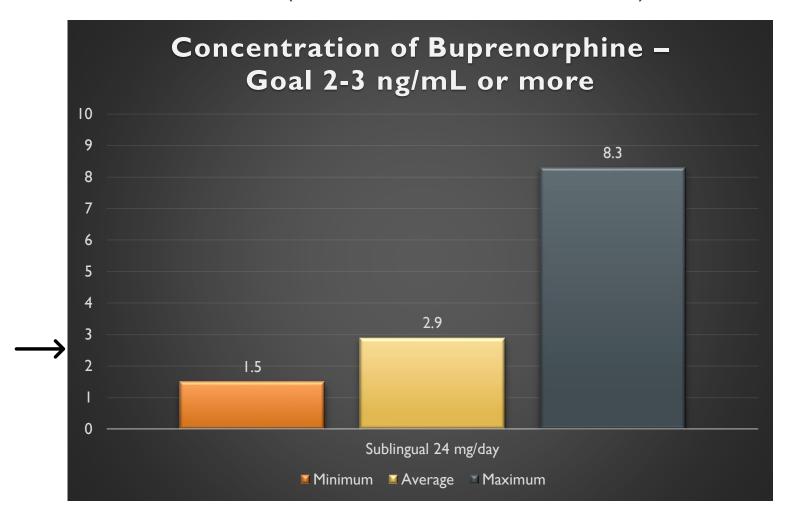


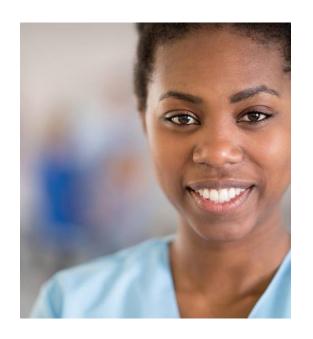
SOLUTION: CRAVING CONTROL – BETTER BLOOD LEVELS FROM SUBCUTANEOUS BUPRENORPHINE

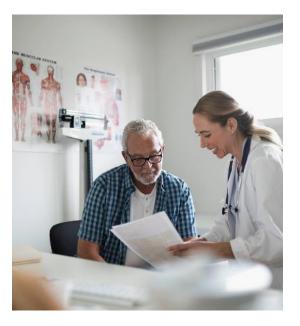
≥2.6 FOR ALL PATIENTS REGARDLESS OF WEIGHT AND GENETIC VARIATIONS IN ENZYMES



SOLUTION: REQUIRE IMMEDIATE COVERAGE FOR BUPRENORPHINE SUBLINGUAL DOSE >24 MG/DAY (EXAMPLE: 28-40 MG/DAY)











SUMMARY

Treating Substance Use Disorder patients without delay is crucial to their survival, health, and controlling healthcare and state social service costs.

Waiting for healthcare for addiction is highly hazardous due to the nature of the disease.

We have only two medications for moderate and severe Opioid Use Disorder and we need unlimited immediate access to reduce the overdose rate in Oregon.

THANK YOU

Please contact me if you would like to discuss Bill Components

Ask Policy Analyst Brian
 Nieubuurt to access the detailed
 list

Moxie Loeffler, DO, MPH, FASAM

Oregon Society of Addiction Medicine Public Policy Chair

moxieloeffler@gmail.com

Website: https://www.or-sam.org/



REFERENCES

- Barbara Andraka-Christou, Olivia Golan, Rachel Totaram, Maggie Ohama,
- Brendan Saloner, Adam J. Gordon & Bradley D. Stein (2023) Prior authorization restrictions on medications for opioid use disorder: trends in state laws from 2005 to 2019, Annals of Medicine, 55:1, 514-520, DOI: 10.1080/07853890.2023.2171107Jones AK, Ngaimisi E, Gopalakrishnan M, Young MA, Laffont CM. Population Pharmacokinetics of a Monthly Buprenorphine Depot Injection for the Treatment of Opioid Use Disorder: A Combined Analysis of Phase II and Phase III Trials. Clin Pharmacokinet. 2021;60(4):527-40.
- Substance Abuse and Mental Health Services Administration. (2021). Key substance use and mental health indicators in the United States: Results from
 the 2020 National Survey on Drug Use and Health (HHS Publication No. PEP21-07-01-003, NSDUH Series H-56). Rockville, MD: Center for
 Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. Retrieved from https://www.samhsa.gov/data/
- Peles E, Schreiber S, Adelson M. Opiate-dependent patients on a waiting list for methadone maintenance treatment are at high risk for mortality until treatment entry. J Addict Med. 2013 May-Jun;7(3):177-82. doi: 10.1097/ADM.0b013e318287cfc9. PMID: 23519049.
- J. Gryczynski, R. Schwartz, K. O'Grady and J. Jaffe. Treatment Entry among Individuals on a Waiting List for Methadone Maintenance. The American Journal of Drug and Alcohol Abuse 2009 Vol. 35 Issue 5 Pages 290-294.
- Herron, Abigail, Timothy Brennan. The ASAM Essentials of Addiction Medicine, 3rd Edition. Wolters Kluwer Health, 20190201. VitalBook file.

NOTE ABOUT ALCOHOL USE DISORDER TREATMENT

Need for immediate coverage for naltrexone intramuscular injection

Naltrexone (Revia ®, Vivitrol ®):

Reduce craving, esp. cue-induced (2)

Oral – poor compliance

Subcutaneous – good outcomes

