

Jessica Andersson <anderssonje@protonmail.com>

8:21 PM (0 minutes ago)

to me

Dear House Health Care Committee,

My name is Jessica Andersson. My primary care doctor is a Naturopathic Doctor. I would like to share my experience working with this medical provider and ask you to support HB4006. I have been seeing naturopathic doctors in 2010 when I felt that conventional medicine was not able to help me get to the root of my chronic health issues. I have felt cared for by these doctors with their dedicated time and attention to my healthcare needs.

Unfortunately, in Oregon NDs are not being fairly compensated for their contributions to my health and to the healthcare of this state. This puts my doctor on unstable financial ground and my access to this highly valued care at constant risk. It is essential that I be able to utilize my health insurance to see my doctor. I cannot afford to both purchase health insurance against major medical expenses and pay out of pocket for my regular and preventive care.

My licensed ND has managed all of my healthcare needs excluding major surgery. My ND does annual exams, she orders my labs and imaging, does all my health screenings, and writes prescriptions for me. When needed, she has referred me to competent providers and specialists as needed. All NDs that I have worked with in Oregon operate in partnership or in network with other providers, truly ensuring that my health is optimized.

My ND takes the time to teach me about my health concerns and how to best manage my health through diet and nutrition, staying active, overcoming stress, and improving my sleep, in addition to prescribing medications and treatments. She truly provides holistic care and is invested in helping me get to the root cause of my health issues. If it wasn't for my ND, I don't know where I would be today. I probably would not be a functioning, product person in society.

I am asking you to please vote yes on HB4006 and ensure fair access to licensed Naturopathic Doctors.

Sincerely,

Jessica Andersson

anderssonje@protonmail.com