

Dr. Tyna Moore  
10185 SW Bellevue Hwy  
Amity, OR 97101

January 28, 2022

Re: YES ON HB 4006, Simply time for Fair Pay

Dear House Health Care Committee,

My name is Dr. Tyna Moore and I am a Naturopathic Doctor (ND). I would like to share my experience working in Oregon as a licensed ND and ask you to please support HB 4006.

I have spent over a decade in practice and over 25 years working inside this profession specifically. I have never taken insurance and built an entirely cash practice. Why? Because reimbursement is unfairly minuscule for Naturopathic Doctors.

I teach my patients about diet and nutrition, fitness, how to stay active, manage stress, improve their sleep and become more proactive in their own healthcare. All of these things come together to create a more complete long-term care plan that ultimately results in cost-savings on the system at large. Treating the root cause is far more impactful than spending 7 minutes in a room with a patient and writing them a script to mask their symptoms. In the long run this helps build a healthier patient and a healthier community.

Unfortunately, NDs are not being fairly compensated for our valuable contributions to healthcare. This makes it more difficult for my colleagues to stay in practice and deliver this essential, desired and unique level of care. **The state is allowing private insurance companies to limit access to healthcare for patients and their families in the community.**

As mentioned, I have chosen to function OUTSIDE of this model, but for my colleagues who do choose to take insurance in their practices, they do so at a great economic disadvantage to their MD peers, making it difficult to repay student loans, support staff and their families and give back to the community.

**The BEST option for Naturopathic doctors and their patients, so as to allow them to have more access to root cause medicine, is to finally pass HB 4006.**

Sincerely,

A handwritten signature in black ink that reads "Tyna Moore ND". The signature is written in a cursive, flowing style.

Dr. Tyna Moore

