

**JoLynn**  
**Maleah** <jolynnmaleah@gmail.com>  
to me

Tue, Feb 1, 3:26 PM (17 hours ago)

**February 2, 2022**

**Re: YES ON HB 4006, I'm a Patient and support my ND**

**Dear House Health Care Committee,**

My name is JoLynn Maleah. I am a patient of a Naturopathic Doctor. Most of my practitioners are Naturopaths. This is the ONLY type of physician that has been helpful for my specific health conditions. I would like to share my experience working with this medical provider, and ask you to support HB4006.

There are of course many types of medical providers and models of care. The one I have come to value - and desire to keep seeing - is my ND. I feel cared for and I am cared for with the dedicated time and attention to my healthcare needs. Conversely, I have found many MD, western medicine physicians minus helpful. Last summer I went to an ear specialist who missed an important and potentially life threatening condition. I was later diagnosed by another specialist. I was given a specific protocol and am still recovering. In the meantime, an ND prescribed the correct antibiotics for this condition and I had started to improve. There is more to the story, but suffice it to say that I feel very at risk in our current medical system and there is NOTHING in place as oversight or accountability to insure good practice.

Unfortunately in Oregon NDs are not being fairly compensated for their contributions to my health and to the healthcare of this state. This puts my doctor on unstable financial ground, and my access to this highly valued care at constant risk.

It is essential that I be able to utilize my health insurance to see my doctor. I cannot afford to both purchase health insurance against major medical expenses and pay out of pocket for my regular and preventive care. All of my expendable income goes to healthcare.

My licensed ND manages the majority of my healthcare needs. Whether it be my annual exam, lab orders, other health screenings and prescriptions. They also refer me to competent providers and specialists in the conventional medicine world as needed. Nearly all of them operate in partnership or in network with other providers, truly ensuring that my health is optimized.

My ND takes the time to teach me about my health concerns and how to best manage my health through diet and nutrition, staying active, treating current immune system and other health conditions, in addition to prescribing medications and treatments.

**I am asking you to please vote yes on HB4006 and ensure fair access to licensed Naturopathic Doctors.**

**Sincerely yours,**

JoLynn Maleah