

February 2, 2022

Re: YES ON HB 4006, I'm a Patient and support my ND

Dear House Health Care Committee,

My name is Sharon Morning I am a patient of a Naturopathic Doctor. I would like to share my experience working with this medical provider, and ask you to support HB4006. There are of course many types of medical providers and models of care. The one I have come to value - and desire to keep seeing - is my ND. I feel cared for and I am cared for with the dedicated time and attention to my healthcare needs.

Unfortunately in Oregon NDs are not being fairly compensated for their contributions to my health and to the healthcare of this state. This puts my doctor on unstable financial ground, and my access to this highly valued care at constant risk.

It is essential that I be able to utilize my health insurance to see my doctor. I cannot afford to both purchase health insurance against major medical expenses and pay out of pocket for my regular and preventive care. That's just not right.

My licensed ND manages the majority of my healthcare needs. Whether it be my annual exam, lab orders, other health screenings and prescriptions. They also refer me to competent providers and specialists in the conventional medicine world as needed. Nearly all of them operate in partnership or in network with other providers, truly ensuring that my health is optimized.

My ND takes the time to teach me about my health concerns and how to best manage my health through diet and nutrition, staying active, overcoming stress, and improving my sleep, in addition to prescribing medications and treatments.

At this time, I do not receive medical care from my naturopathic physician because he is not covered by my AllCare Insurance. This means i suffer every day of my life, feeling helpless and hurting from a chronic illness that I cannot afford to treat. My naturopathic physician at Bear Creek in Medford, Oregon does not accept my insurance and I cannot afford a different provider. I have long term lyme disease from not being treated in a timely manner so my illness is chronic. I hurt everyday, I have parkinson like symptoms where moving is difficult. I need my doctor to use insurance so he can provide care to everyone not just patients that have insurance that covers them.

I am asking you to please vote yes on HB4006 and ensure fair access to licensed Naturopathic Doctors.

Sincerely yours,
Sharon Morning
PO Box 1315
Port Orford, Oregon 97465