Submitter:Carissa CummingsOn Behalf Of:Committee:House Committee On Health CareMeasure:HB4006February 2, 2022

Re: YES ON HB 4006, I'm a Patient and support my ND

Dear House Health Care Committee,

My name is Carissa Cummings, and I am a patient of a Naturopathic Doctor. I would like to share my experience working with this medical provider, and ask you to support HB4006.

When I saw a medical doctor for digestive issues, she dismissed by concerns and said that the reason I was having issues was because I was overweight and getting older. I am 22 years old and am a perfectly healthy weight. It only took one appointment with my Naturopathic Doctor to determine that I have (at the bare minimum) sensitivities to gluten, dairy, yeast, and a few other things that I was eating daily. Since cutting these things out of my diet, I am happier, more patient, have more energy, and never have digestive issues. I want my insurance to pay for my ND because he has done a much better job at helping me with my medical issues than a medical doctor has.

I know many other people who have very similar stories. My dad, for example, used to have constant migranes that prevented him from working and regularly sent him to the ER. His medical doctor perscribed Vicodin, which he promptly got addicted to. After huge medical bills and getting tired of his vicodin addiciton, he went to see an ND, who diagnosed him as hypoglycemic. All he had to do was cut sugar out of his diet, and the headaches went away. No more medical bills. No more ER visits. No more vicodin.

I am asking you to please vote yes on HB4006 and ensure fair access to licensed Naturopathic Doctors.

Sincerely yours, Carissa Cummings

carissa.cummings42@gmail.com