



OREGON PSYCHIATRIC
PHYSICIANS ASSOCIATION



Oregon Council of
Child & Adolescent
Psychiatry

OCCAP

Date: March 2, 2021

To: The Honorable Chair Sara Gelser
The Honorable Vice-Chair Dick Anderson
Members of the Senate Human Services, Mental Health and Recovery
Committee

From: Maya Lopez, MD
Daniel Nicoli, DO
Oregon Psychiatric Physicians Association
Kirk Wolfe, MD
Oregon Council of Child and Adolescent Psychiatrists

RE: OPPA and OCCAP Support SB 563 Youth Suicide Reporting

Chair Gelser, Vice Chair and members of the Committee:

The Oregon Psychiatric Physicians Association (OPPA) and the Oregon Council of Child and Adolescent Psychiatrists are pleased to offer this joint statement in support HB 2381. This bill modifies laws relating to youth suicide intervention and prevention to include children 5 to 10 years of age.

The life of every child life matters. Children as young as seven years old have died by suicide in Oregon and although this is a rare occurrence, it is devastating to families, schools, and communities. We must pay attention to youth younger than ten years old, which is the current guideline. Suicide is the leading cause of death among Oregonians aged 10 to 24 and many of the struggles, traumas, and need for additional mental health support are evident before the age of 10.

The national Youth Risk Behavior Survey has shown a rise in depression and suicidality in high school students in the last six years of the survey. This reflects the increased stress felt by youth and families, which also affects children younger than ten. We also know that youth who attempt suicide are at a much higher risk for future suicide attempts. By supporting these younger children, we will get a better sense of their well-being over time and look to provide support, prevention, and intervention specific to this age group. Providing support for these children as soon as possible gives

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them the best chance for overcoming their challenges and living the full life that they deserve.

Thank you for the opportunity to testify.