

Hello My name is Adrian Burris and I am a person in long term recovery, and for me that means I haven't drank or used any mind altering substances in over 5 year. Today I wanted to give testimony on the importance of recovery community centers and the role they play in the addiction community. About 5 years ago I graduated VOA's men's residential program after a long bout with drug addiction. VOA undoubtedly played a huge role in saving my life but another key component was my introduction and involvement with the 4th Dimension Recovery center. I was a client there for about a year and a half and over that time I accomplished many of my recovery goals, found a place for young people to recover, expanded my recovery support system and ultimately added to my recovery capital. Shortly after being dis enrolled, I was offered employment as a recovery mentor, they helped me get my training and certification, and ultimately put me in position to help others the way they helped me. It only did they help me help others, they helped me further invest in myself. I've been working for 4D for almost 4 years and in that time I have been a mentor, been part of the executive team, become program Director of our newest recovery center in Gresham and am in my second year of college Pershing my CADC1. As a young recovery addict in a world full of newfound obstacles specific to people like myself, 4D helped empower me to be who I am today. Not only did 4D Do this for me, but I've seen the same thing happen time and time again with other young people in recovery trying to find their way.