

Board of Directors

Michele Bernal-Graves, MS Treasurer David Chatfield Alejandrina Filipe, RN, BSN Maxine Fookson, PNP Andy Harris, MD Candice Jimenez, MPH Elis Madrigal, MD Elaine McKenzie, RN, MPH Vice-President Patricia Murphy, ND, LAC Secretary Patrick O'Herron, MD President John Pearson, MD Anita Randolph, PhD Akash Singh

Advisory Board

George Austin Sonia Buist, MD Martin Donohoe, MD Ben Duncan Charles Gallia, PhD Brian Gibbs, PhD, MBA Chisao Hata Charles Hudson Zeenia Junkeer, ND Susan Katz, MD Yukiyo Kawano Regna Merritt Joel Nigg, PhD Bonnie Reagan, MD Karen Steingart, MD, MPH Frances Storrs, MD

To: House Committee on Energy and Environment From: Oregon Physicians for Social Responsibility Re: House Bill 2495, 2021 Toxic Free Kids Act

February 23, 2021

Chair Marsh, Vice-Chair Helm, Vice-Chair Brock Smith and Members of the Committee:

I am Dr. Theodora Tsongas. I am an environmental health scientist, testifying on behalf of Oregon Physicians for Social Responsibility in support of House Bill 2495, the 2021 Toxic Free Kids Act.

Guided by the values and expertise of medicine and public health, Oregon Physicians for Social Responsibility (PSR) works to protect human life from the gravest threats to health and survival. We are an organization of over 2,800 health professionals and public health advocates statewide working collaboratively with community partners to educate and advocate for societal and policy change that protects human health at the local, state, national, and international level. We seek a healthy, just, and peaceful world for present and future generations.

House Bill 2495 will greatly strengthen the 2015 Toxic Free Kids Act by making common sense changes that will more efficiently and effectively prevent exposure of children to toxic chemicals in consumer products.

Removing the limit on the number of chemicals that can be regulated makes sense as it removes an arbitrary limit: the decision to regulate should be based on the scientific evidence that the chemical ingredient is toxic, in order to remove a hazardous product and prevent the adverse health effects in children. Thus HB 2495 authorizes the Oregon Health Authority (OHA) to add as many chemicals to the high priority list as necessary to protect health, and aligning with other states like Washington and Vermont.



HB 2495 gives OHA the authority to regulate classes of chemicals, as opposed to regulating individual chemicals one at a time. This bases the regulation on the shared harmful properties of classes of chemicals. Many substitutes for regulated toxic chemicals are chosen because they act similarly and serve a similar function in a product. But they also share in their ability to cause toxicity because of their similarity; they just may not have been evaluated individually. For example, Bisphenol A has been regulated due to its endocrine disrupting properties. As people became aware of its harmful effects on development, similar chemicals within the Bisphenol class were quickly substituted in products before the toxicological research demonstrated that these substitutes were, unfortunately, as harmful as the BPA, or worse. Regulating one chemical in a class at a time is not very effective in preventing adverse health impacts and is costly, time consuming, and inefficient for regulators and the industry being regulated.

Rather than evaluating chemicals one at a time, the class approach allows efficient decision making based on entire groups of chemicals, and can help businesses, scientists, and policymakers to better understand the properties of structurally similar chemicals, where they are used, and how they can be avoided to prevent "regrettable substitutions".¹

There are many classes of chemicals that are known to be harmful because of their similar chemical and physical properties. Since the late 1970s, research has drawn attention to many examples of "regrettable substitutions", as seen when Tris, a brominated chemical was used in children's pajamas as a flame retardant. When it was found to cause mutations,² manufacturers substituted a chlorinated version that was later found to be mutagenic and carcinogenic. It was then banned from use in children's pajamas.

In order to make current scientific information available to the public, The Green Science Policy Institute has grouped many chemicals of concern into six classes based on their toxicity, persistence, and bioaccumulation: PFAS (per- and polyfluoroalkyl substances), antimicrobials, flame retardants, bisphenols + phthalates, some solvents, and certain metals.³

In 2019, the National Academy of Sciences reported that assessing chemicals as a class would make regulatory hazard and risk assessment much more efficient and that individual assessment of chemicals is unrealistic. The only practical approach for a large set of chemicals is a class approach. The Academy report defined 14 subclasses

³ https://greensciencepolicy.org/our-work/class-concept/



Oregon Physicians for Social Responsibility

The US affiliate of International Physicians for the Prevention of Nuclear War, Recipient of the 1985 Nobel Peace Prize

¹ <u>https://greensciencepolicy.org/our-work/class-concept/</u>

² A. Blum et.al (1978) Sep 15;201(4360):1020-3. doi: 10.1126/science.684422.

of organohalogen flame retardants based on chemistry (6 subclasses) and predicted health impact (8 subclasses).⁴

Retailers such as IKEA have adopted the class approach through voluntary phase outs of PFAS, flame retardants, and heavy metals. It makes sense that we do the same for our children's products.

Thank you for this opportunity to provide comments. Please support House Bill 2495, the 2021 Toxic Free Kids Act.

Theodora Tsongas, PhD, MS Oregon Physicians for Social Responsibility

https://www.nap.edu/catalog/25412/a-class-approach-to-hazard-assessment-of-organohalogen-flame-reta rdants



⁴