

# PeaceHealth CCBHC Program Update

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## Mental Health Crisis in County and State

- We are faced with a Severely Eroded County and State Mental Health System
- We have been unable to gain admission for any patient to any State Hospital in the past 7-8 months

- Community Referrals Options for Housing in the Community for our Patients are practically non-existent
- With lack of CCBHC and Case Managers/Enhanced Supports we are unable to treat many Severely III discharged patients.
- Ability to adequately treat CD Patients has been severely impacted by demise of CCBHC

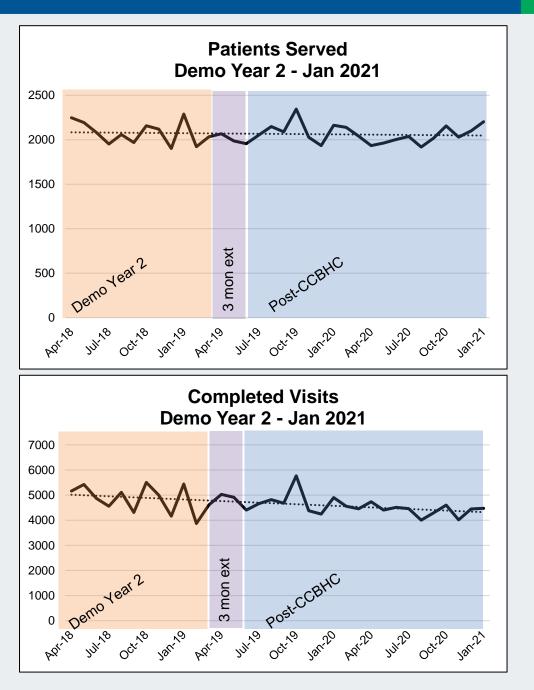
## Bigger than Us

 Lack of the CCBHC along with Pandemic and the Broken State and Community System exacerbates and perpetuates the cycle of Socio-Economic Crisis in our community.

- Marginally stabilized Mentally III and Chemically Dependent Patients flow continually into the growing homeless population
- We will not fix the Homeless Crisis strangling our Cities without addressing these Mental Health Issues

#### **Patients Served and Completed Visits**

- Since CCBHC demonstration year two Behavioral Health Outpatient has been able to maintain serving an average of 2,000 patients per month.
- The number of completed visits has decreased 10%
  - Reduced funding meant we had to eliminate the following services
    - Crisis management
    - ED diversion (STAR Clinic)
    - Skills training
    - Peer support



## **ED** Utilization

 In July 2019, we began tracking ED visits for suicidality, self-harm, and overdoses

- July-September 2019: there were 33 ED visits for these reasons
- Increased to 71 visits in October-December 2020
- When looking at the percentage of ED visits for any behavioral health or substance use concerns since July 2019, there has been a slow decline.
  - This suggests while we are seeing less of our patients going to the ED, when our patients do go, it is for more acute reasons.
- With additional CCBHC funding, we would be able to add back our ED diversion services for our established patients.

## Behavioral Health Unit – Inpatient Utilization

- In 2019, 129 outpatient behavioral health patients were admitted to the Behavioral Health Unit.
  - Admissions increased 30% in 2020
- Similarly, the number of 30-day readmission's increased 29.5% from 2019 to 2020.
  - Indicating an increase in the number of outpatient behavioral health patients being readmitted to the Behavioral Health Unit within 30-days of their last discharge