Hello I have been saddened and angry to see the devastation that the extreme Covid restrictions have placed on our small local businesses. These restrictions seem to have caused much more harm than good. And though we live with heart disease in our family and are considered higher risk and more vulnerable, we do not support the radical overreaching of government and shut down of businesses and gyms. Not only is it harming our economy and our freedoms in this nation, but we have seen health problems caused by these restrictions in not being able to exercise at gyms, or visit restaurants or even enjoy outings that bring vitality toward a healthy lifestyle. We can safely keep distance, sanitize and make healthy choices without the Government infringing with their unnecessary restrictions that are causing emotional, financial snd even Physical harm in the handling of Covid.