

During the past year, the economic damage done to the State of Oregon by the dictatorial edicts of the Governor is reprehensible. In particular, the arbitrary closing of fitness centers, restaurants, and schools has had serious negative psychological, social, and emotional impacts as well as financial.

The health impacts of not having access to fitness centers is already creating additional strain on the economy and the healthcare system. There is a lot of fearmongering about COVID, accompanied by a tacit denial of the immune system benefits of regular physical activity. A healthy immune system is one of the best ways to avoid illness, including COVID. Closing fitness centers makes absolutely no sense, unless the real purpose behind it is to destroy the economy.

I urge you to pass HB 3177, and demonstrate to the citizens of Oregon that you care about ALL aspects of their health and well-being.