Americans are armed to defend themselves. It is a fundamental right pursuant to the US Constitution. In the years prior to 1776, the proprietors of the Crown required those who secured a land grant to be armed, carry powder, and shot to defend their person, family, and property. Today the threat to a person, family, and property exists as crime increases by those who need drugs, break into homes, and other criminal activity that presents a clear and present danger.

People need to know the law, train, and practice shooting their weapon, regardless of the type of weapon. It takes less than 5 seconds for a criminal to break through a door and enter a home.

"For a simple reaction the average human reaction time in the most favorable cases is no less than 0.15 seconds (recognition of visual images is no less than 0.4 seconds). Human reaction time is one of the most important factors in occupational selection. It is crucially significant in determining the psychophysiological capacities of persons to work as operators, pilots, cosmonauts, drivers, and so on."

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It takes seconds to react, secure a weapon, identify, alert the aggressor, and take action to defend. This requires training and practice. The alerting process begins by signaling, warning, and commanding that the perpetrator to stop their aggression.