

Dear Behavioral Health Committee,

As a professional, certified hypnotherapist practitioner, I am able to very effectively help a great many Oregonians with a multiplicity of health issues.

This is my chosen field, in which I wish to make my livelihood for the next 20 or more years. Since jobs are scarce, especially for those in my age bracket, it seems important to be encouraging job growth, and it certainly is important to me to be able to continue in this field.

I feel Oregonians need to have more, not fewer, choices in health care, and hypnotherapy, along with other alternative health care choices, has proven to be an effective and efficient modality over many years. HB2493 will eventually impose difficulties for hypnotherapists, and especially, newer practitioners, and, quite possibly, unnecessarily restrictive actions, in future.

Along with my colleagues, I continually and voluntarily add more than the required continuing education credits, yearly, in the quest for knowledge and excellence. Oregon Hypnotherapy Association and the National Guild of Hypnotists, to which I belong, both emphasize excellence and on-going education, and are effective, self-governing and disciplinary bodies, similar to other professional organizations in this country.

For all the above reasons I oppose HB2493.

Sincerely,

Lanita Daffern-Gepford, B.A., Social Sciences/Psychology, CH.t.