

ALKER MIDDLE SCH



Free
Medical
Care



Free
Mental
Health
Care



Free
Dental
Care



Celebrate With Us

15 years of providing quality,
compassionate healthcare
at no cost to the uninsured
in our community as an
expression of Christ's love.

“Time and time again, Salem
Free Clinics helps me when
I have nowhere else to go.”





2005

Located in Walker Middle School



2009

Moved to Portland Road, added Trinity Covenant satellite



2010

Moved to Broadway Commons, added dental facility



2011

Added counseling & Polk community satellites



2012

Added diabetes specialty clinic



2017-20

Hired first Patient Navigator, Nurse Practitioner & Dentist



480

patient appointments per year



1000

patient appointments per year



1500

patient appointments per year



4000

patient appointments per year



5000

patient appointments per year



6000

patient appointments per year

Volunteer Providers

55,000 appointments of care given in 15 years



Allergy - Immunology

Cardiology

Chiropractic

Counseling

Dental Hygiene

Dental

Endocrinology

General Medicine

Gynecology

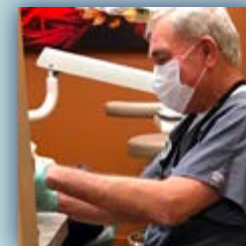
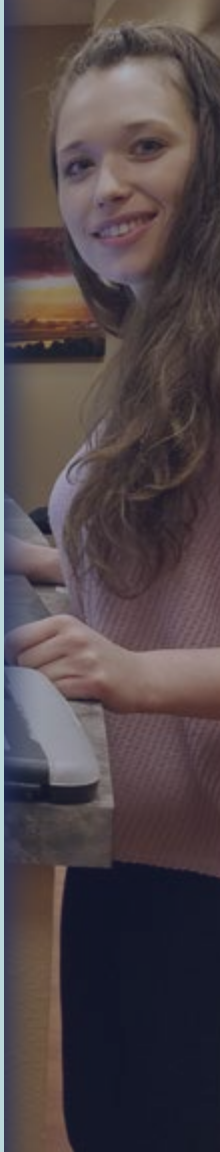
Neurology

Nutrition

Physical Therapy

Podiatry

Psychiatric Mental Health



A variety of specialists allows us to provide a wide range of care



P

100%



Don't have insurance to cover care needed

A

85



Zip codes our patients come from

T

43



Average age

I

25%



Need help finding other services

E

17



Reported languages

N

66%



Are prescribed at least 1 medication

T

51%



Identify as Hispanic / Latino

S

30%



Desire to be prayed with

38,000

in Marion & Polk Counties do not have health insurance

Top 3 Occupations

Construction / Agriculture / Food Industry

Acute & Chronic Care

1 clinic runs for 4 hours facilitated by a team of volunteers

“To me, it’s a privilege to come here and have such wonderful care.”

23 clinics each month



Our capacity is 3 providers & 3 nurses treating patients during one clinic

The youngest patient seen was 15 months



Top 3 diagnoses:
High blood pressure
Diabetes
Mental health



The oldest patient seen was 94



An interpreter is used for 1 in 3 patients



About 1 in 4 adults in our community has been diagnosed with depression



“I feel less anxiety about discussing personal issues at this clinic.”



“I’ve always felt more comfortable with people here than I typically do anywhere else.”



2 clinics each month



“It’s an act of worship for me to give back to our community as a PMHNP.”



Our clinics: 15% with a MH related diagnoses



About 13% of adults in Marion county experience frequent mental distress



Medication management & psychological support

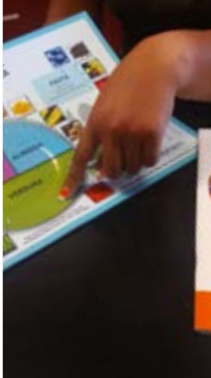
Mental Health

Diabetes Specialty

Medication management, podiatry & dietary education



88 million American adults have prediabetes: about 1 in 3



We've given patients \$205,000 worth of insulin since 2012



"They taught me how to adjust my habits."



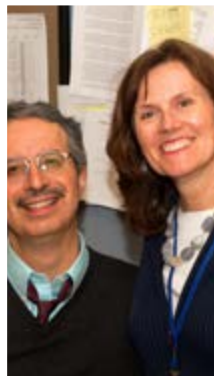
On average, it costs \$800 monthly to pay for care strictly related to diabetes



2 clinics each month



Thank you Marion County Food Share for the nutritious food we are able to give our patients



We receive 50 calls from people with dental concerns each month



Average 12 clinics each month



OIT dental hygiene students have cleaned 493 sets of teeth since 2016



Complicated dental care is referred to one of our dental partners



We've pulled 2,460 teeth since 2010



It costs \$4,400 per month to run our dental facility



Two dental chairs, X-rays, extractions & cleanings

Dental & Dental Hygiene

Counseling Satellite

Salem Free Counseling Clinic located on 5th St. Salem, OR



Interns see 450 clients per year



In partnership with Corban University graduate counseling program

“Since I’ve been in counseling, for the first time I am beginning to feel valued.”



13,280 hours of free counseling given to clients without insurance since 2011



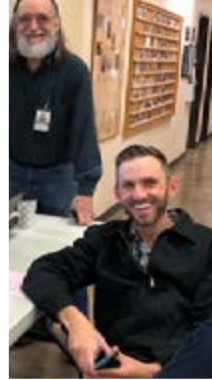
“I saw a client’s negative and self defeating thoughts gradually give way to positivity.”



“The clients have taught me how to be weak, resilient & authentic.”



8 clinics each month



“Coming back to volunteer was the best day I had in a long time.”



120 health screenings provided to community members annually



35 patient appointments each month

2018 Dallas Chamber of Commerce Organization of the year recipient



When the doors are open, food & drink are provided for everyone

2 clinics each month



Thank you Trinity Lutheran Church for 9 years of rent-free space



Polk Community Free Clinic located in Dallas, OR

Polk Satellite

Patient Navigator

Helps patients navigate community resources



Found & scheduled 204 free vision appointments for uninsured patients

Has saved patients \$48,000 worth of medications through medication assistance programs

Program established in 2017



"I love the kindness & respect they show me here. The people who do prayer are a God-Send!"

"Thanks for calming my worries, thanks for caring for me."

17 people volunteer specifically for prayer

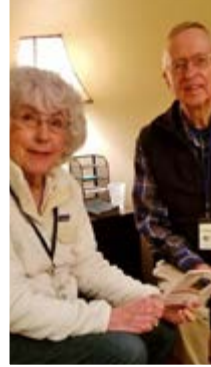


"I now have glasses and I can see!"



One patient received a new hot water tank and free installation

Our patients report coming from 20 faith backgrounds



"You do something unique that they do not do in other clinics: pray for us. Thanks."



Given away 1,700 food boxes

Helped 2,641 people access needed community resources



80 people are prayed with each month

Do justice, love mercy and walk humbly with your God. Micah, 750 B.C.



An integral part of our clinic for patients, volunteers & staff

Prayer

R

E

M

E

M

B

E

R

6
Years

7
Years

6
Years

6
Years

7
Years

11
Years

4
Years

Thank you
for your
years of
service



We miss
you

Sue Ferrell,
Licensed
Practical
Nurse

Mimi
Guerra,
Interpreter
& Prayer
Partner

John
Ratzlaff,
Board
Member

Janice
Newman,
Registered
Nurse

A.J. Pilant,
Prayer
Partner

Dr. Mark
Roberts,
Orthopedist

Lorraine
Adams,
Records
Organizer

THANK



- Interpreters
- Receptionists
- Admitters
- Nurses & CMA's
- Dental Assistants
- Dental Hygienists
- Medical Providers
- Clinic Assistants
- Patient Navigators
- Prayer Partners
- Records Organizers
- Data Inputters
- Cleaners & Stockers
- Event Assistants



400 Volunteers Annually

Volunteers donate 27,000 hours of their time yearly

"My nurse was amazing & welcoming."

2,000 faithful volunteers since 2005

"This is my happy place."

Last year volunteer time donated was worth \$1,300,652

"From the front desk to my medical needs, all was done with care."

Our volunteers are equivalent to 13 full-time employees

"They were friendly, inviting, helpful & professional."

150 cups of coffee are consumed by volunteers each month



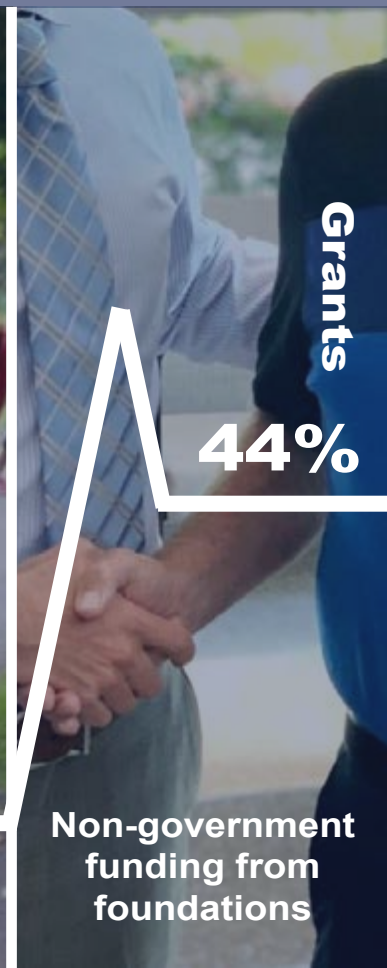
Expenses

Volunteers enable us to have a conservative budget



Income

501(c)3 nonprofit solely dependent on private giving



Invest in the Next 15 Years

- + Partner as a monthly sustainer
- + Support us with a one time gift
- + Join the team & volunteer
- + Enlarge our community support by becoming a business sponsor

www.salemfreenclinics.org

CEO
Trina Fowler
trina@salemfreenclinics.org

Volunteer Coordinator
Renay Barnes
renay@salemfreenclinics.org

I want to support with a 1 time gift

- \$240 for 2 patient appointments
 \$120 \$60 Other _____

In honor / memory of _____

I want to partner every month

- \$240 for 2 patient appointments each month
 \$120 \$60 Other _____

Your Name _____

Street _____

City, St. Zip _____

Phone _____

Email _____

- I am enclosing a check payable to Salem Free Clinics
 I am filling out the credit card information located below
 I want this donation to go to Polk Community Free Clinic
 Visa Mastercard Amex Discover

Name on card _____

Card Number _____

Expiration Date _____ / _____ Security Code _____

Signature _____



Mail donation card to:

Salem Free Clinics
1300 Broadway St. NE Suite #104
Salem, OR 97301

FOLD

Donate online at:

www.salemfreeclinics.org

TAX ID # 20-3549992



Thank you

for sponsoring this booklet



SALEM FREE CLINICS

1300 Broadway St. NE #104

Salem, OR 97301

503.990.8772



What Can
You Do?



Help Us
Help Your
Neighbor



Thank You
For 15
Years

