

Dear Senate Health Care Committee,

My name is Ashly Benson and I am a Naturopathic Doctor (ND). I would like to share my experience working in Oregon as a licensed ND and ask you to please support SB772. I am a dedicated primary care doctor and provide service to a large Medicaid population in addition to most insurers in the State and have just expanded my practice to Cascade Locks to serve the needs of this underserved rural population. I honor the ability to work with all types of patients to help them better understand their bodies and feel empowered in their healthcare.

As a primary care doctor, I often manage the majority of the healthcare needs for my patients, whether it be their annual physical, lab orders, health screenings, or prescription(s). I also make referrals to other competent providers and specialists when appropriate. In addition, I teach my patients about diet and nutrition, how to stay active, manage stress, improve their sleep and become more proactive in their own healthcare. All of these things come together to create a more complete treatment plan for their health.

Unfortunately, NDs are not being fairly compensated for our valuable contributions to healthcare in this great state. This makes it more difficult for people like me to stay in practice and deliver this essential and unique level of care. It also limits access to healthcare for my patients as well as other individuals and families in the community. And for those of us who have been able to stay in practice, we do so at a great economic disadvantage to our peers, making it difficult to repay student loans, raise a family and give back to the community.

I am asking you to vote yes on SB772 and support fair pay for Naturopathic Doctors.

Sincerely yours,
Ashly Kikue Benson