... as racism and its variations (what I term Hatetriotism) is at the very least a "behavior illness" it raises this concern: As racism festers into hate the behavioral illness morphs into mental illness (literally organic neurochemical brain changes via stress hormones and chronic activation of the limbic system) and this not only degrades the health of the perpetrators but also is contagious across family and community populations ... the murder of Herman Graham III is a clear example of the CASCADING public health and public safety hyper-trauma inflicted by one mentally ill actor which devastated the community and harmed the health of Herman's family and friends ... and sadly the cost to the public treasure for the Herman G murder will be in the millions (hard costs plus lost opportunity costs) that will mean less funding for community health and related spending ... for all of these reasons and as a matter of simple justice, Oregon (and the nation) should embrace the KNOWN BEST PRACTICES to end systemic racism and re-focus on community restorative practices ...