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March 16, 2021

TO: House Education Committee FR: Parasa Chanramy, COSA RE: Letter of Support for HB 3294

Good afternoon Chair Alonso Leon, Vice Chair Neron, Vice Chair Weber, and Members of the House Education Committee,

My name is Parasa Chanramy and on behalf of the Coalition of Oregon School Administrators and our 2500 members across Oregon, we urge you to support House Bill 3294, also known as the Menstrual Dignity Act.

This bill would require all public education providers to provide free menstrual hygiene products, such as tampons and sanitary pads, to students.

We believe that HB 3294 is necessary to help improve access to menstrual hygiene products in our public schools statewide, especially for our students of color and low-income students who are disproportionately impacted.

Across our nation, 1 in 5 menstruating students miss school due to lack of access to menstrual hygiene products. Menstruating students have also shared that they: feel shame and guilt around their periods; have limited information about menstruation; and do not always have the resources to afford, and access, safe menstrual hygiene products.

Menstrual hygiene products are basic necessities that should be treated like soap, water, and toilet paper.

Several states across the country have already taken steps to pass policies and secure investments that will help ensure that menstrual hygiene products are available to students at no cost. This progress is important and long overdue.

We support HB 3294 and investments in helping schools provide menstrual hygiene products at no cost to students. Most importantly, this bill will help Oregon take critical steps to begin to de-stigmatize menstruation and restore dignity among our menstruating students.

Thank you for your consideration. Please vote yes on HB 3294.