

Dear House Committee and whom it may concern,  
I was exposed to the riot control agent teargas multiple times in July and August. In addition to the temporary effects of stinging eyes, coughing, and difficulty breathing, I have experienced lasting effects. Since being exposed, I have noticed changes in my menstruation. I am a menstruating person with a uterus, I have not ovulated since being tear gassed, over 5 months ago. I have had painful periods after never having painful periods before in my life. I have been experiencing painful cramping, lower back pain, and sore breasts when I get my period. My bleeding menstrual cycle days bleeding are significantly longer than they were prior to being exposed to tear gas. It is now over five months since exposure to riot control agents, and I am still seeing the effects of tear gas in my body.