

Thank you for the opportunity to voice my support for HB2949.

Mental health support and trauma processing is important to me.

I know how difficult it was for me as a white person to find a counselor that I could work with, to establish trust that I would be helped not hurt, and that when hurt happened, that there was repair. It took me decades, and I am grateful that I found someone I could work with, that helped heal the distrust I had from my other experiences.

Many people I love are not receiving the mental health care they need, and this bill is an important step toward creating that world where that is a more likely possibility. It would make a difference for them.