For 6 years I did not own a car while living in portland and even still I prefer to walk or bike most places. I've been commuting to work by bicycle for over three years and know how important safe bike lanes are. Plus, when an area is without bike or walking lanes (SW portland/SW hills), it greatly reduces the ease of access and safety. I've lived in other places around the world that use walking or cycling as greater forms of travel. Once people see others safely getting places by alternate means, they'll feel more comfortable doing it, too. But the access and means for people who want to do it now is the first step.