

**Oregon Department of Corrections** Office of the Director

> 2575 Center Street NE Salem, OR 97301-4667 Voice: 503-945-0927

Fax: 503-373-1173



May 28, 2021

The Honorable Chris Gorsek, Co-Chair The Honorable Janeen Sollman, Co-Chair Ways and Means Public Safety Subcommittee 900 Court Street NE H-178 State Capitol Salem, OR 97301

RE: Responses to question asked during Ways and Means presentation on May 17, 2021

Dear Co-Chairpersons,

Thank you for the opportunity to provide information related to the Oregon Department of Corrections (DOC). Below are responses to questions asked during the presentation to the Ways and Means Public Safety Subcommittee.

# 1. What kind of respiratory resources is DOC providing to AICs and staff?

DOC currently has the following masks on hand:

KN95 Mask 110,540 229,870 N95 Mask Oregon Corrections Enterprises (OCE) Masks 1,400

DOC also has 15,000 cloth masks on order from OCE.

# 2. Does DOC share investigative reports and hearings to determine the number of corruption cases, assaults, and PREA cases?

Investigative reports are maintained in internal databases, which are made available through public record request. As part of the agency's performance management system known as Correctional Outcomes through Research and Engagement (CORE), the number of AICs found to be in violation of assaultive behavior is monitored and measured by the department. This data can be found on the first page of the attached scorecard. The following reports are made available through DOC's website:

- DOC's Annual PREA Report is made available on DOC's website, which can be found here.
- The number of staff assaults is one of the agency's key performance measures, which can be found here.

# 3. Alcohol and Drug Treatment

# a. What is DOC's process for new AICs battling addiction?

Screenings for possible substance dependency are administered to all AICs at the beginning of their sentence at Intake. This two-step process starts with the completion of a Texas Christian University Drug Screen (TCU-DS), then the administration of a gender-specific criminogenic risk assessment that includes domains specific to substance dependency risk. The TCU-DS is converted into a substance abuse risk score and is the primary qualifier for entry into one of DOC's addiction treatment programs.

The gender-specific risk assessment tools used are the Levels of Service/Case Management Inventory (LS/CMI) for men, and the Women's Risk Needs Assessment (WRNA).

To qualify for treatment, an AIC must meet the custody level of the treatment institution, have enough time left on their sentence to complete the program, and demonstrate need for substance use disorder treatment (SUD) as validated by their Automated Criminal Risk Score (ACRS), substance use score, and LS/CMI or WRNA risk/need scores.

Assignment to a treatment program does not guarantee placement. Once on the waiting list, entry into a program is dependent on complex factors which include bed opening date in relation to the AIC's placement of the waitlist, Alternative Incarceration Program (AIP) or short-term transitional leave window, level of criminogenic risk, level of motivation, institution location, and the ability to be transported to the treatment institution within the timeframe of the bed opening. DOC does not have enough treatment beds to serve all individuals in need.

# b. Why is treatment only provided within the last six months?

DOC provides treatment in the last six months of incarceration to assist an individual's transition back into the community with skills to help maintain recovery after release. Currently, DOC does not have a consistent way to help individuals struggling with substance use disorder earlier in their sentence.

# c. Are outside organizations permitted to come in to assist?

DOC utilizes outside agencies to help provide most of the substance use disorder treatment programs. Cascadia Behavioral Health, New Directions Northwest, and Multicultural Consultants are all contracted service provider agencies.

# d. How long is the alcohol and drug treatment waitlist?

Waitlist numbers are modeled after the current practice of targeting only moderate-to-high needs individuals in the end of their sentence. These numbers do not reflect the overall need of the AIC population. DOC waitlists have also been greatly impacted by commutations. There are 346 AICs on the waitlist. The overall incarcerated population with some need for substance use disorder treatment is 7,714.

Additional information can be found in the attached HB 2257 (2019) report, which was submitted to the interim committees of the Legislative Assembly related to public health. The report provides findings on existing barriers to diagnosis, treatment, and continuity of care for AICs, SUD treatment options; proposals for how the department will initiate and maintain diagnosis, treatment, and continuity of care; and recommendations for legislation. It provides an in-depth analysis of existing barriers to effective diagnosis and treatment of SUD in the DOC system. The report concludes with policy recommendations informed by the department's comprehensive analysis.

Thank you, for the opportunity to respond to your request. If you wish to further discuss the information above, we would be happy to schedule a time to meet.

Sincerely,

Colette S. Peters

Director

# Oregon Department of Corrections - Agency

leasure Sur	nmarv																			
st Quarter 2		a																		
lay 1, 2021		a																		
idy 1, 2021							Divisional				RANGE			Data	STA	TUS				
Measure No.	Old No.	Measure Name	Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target		1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
										Process	Measure	s								
· Managing	Safa Brican	ıs (Persson)		_		_	_	_	_	_	_	_	_	_	_	_	_	_	_	
			The number of AIC group	l		_	Mistydawn					_	_							
			disturbances	Active		Persson	Gendhar	Research	Mike Yoder	≥3	1-2	≤0	0	Quarterly Total	1	3	3	1	0	
AGY_OP_1b	OP1b	AIC grievances or discrimination	The number of grievances and	Active			Mistydawn		Mistydawn	>2800	2800 - 2400	2399 - 1500	1900							
		complaints	discrimination complaints filed per			Persson	Gendhar	Research	Gendhar	000	200 1100	2399 -	1000	Quarterly Total	2137	2883	3008	3264	3169	
			quarter							<800	800 - 1499	1500	1900							
AGY_OP_1f	OP1f	AIC assaults	The number of AICs found to be in violation				Mistydawn													
			of assaultive behavior	Active		Persson	Gendhar	Research	Mike Yoder	>525	450-525	<450	425	Quarterly Total	492	499	467	361	310	
). Prenaring	for Success	sful Release/Re-Entr	v (France)																	
	<u> </u>	Education	Percent of released AICs																	
			needing a GED who complete a GED.	Active		Frener	Kelly Hodney	Research	Chris Marston	≤29%	30% - 36%	≥37%	40%	Quarterly	39.47%	37.18%	37.50%	42.69%	33.37%	
			complete a GLD.											·						
AGY_OP_2b	OP2b	Treatment	Percent of releasing AICs	I I																
			in the targeted risk group participating in				Cindy													
			treatment prior to release	Inactive		Bugher	O'Bannon	Research	Dawnell Meyer	≤64%	65% - 75%	≥76%	80%	Quarterly						
AGY_OP_2c	OP2c	Behavioral Change Programs	Percent of releasing AICs																	Preparatory to automating, completed re-reviewing and validating all Section ID program codes to be included in measure query and provide
		rograms	participating in group behavioral change																	Research. With the logic for this measure revised as part of the KPM
			programs																	(OM8b) work completed in September, a MARF to develop parent me query (i.e., to refer to the validated Section IDs entered into DOC400
																				Programs Table) and subsequent development of queries to automate
																				of the "children" (division) measures was submitted 09/12/19. 07/17/20-Research is not working on this measure because they need
																				DOC400 Programs Table formerly maintained by OGE updated. Acce
				Inactive		Frener	Kelly Hodney	Research	Lisa Hall	≤64%	65% - 75%	≥76%	80%	Quarterly						and update of the table will need to be completed before the OM8b/#2 data can be run.
				mactive		Trener	ixelly flouricy	Research	Lisa Hali	20470	03/0 /3/0	27070	0070	Quarterly						10/20-DOC400 Programs Table current. 01/21 - CS updated Research's COG Programs Table. Should now hav
																				needed to proceed with automating this measure.
																				04/21-Requested updated from Research
AGY_OP_2g	OP2g	Birth Certificates and	Percent of eligible AICs																	SSA office backlogs due to COVID staffing issues are affecting this mea
5		Social Security Cards	releasing with both a																	Governor's commutations also have a negative affect in that they do i
			birth certificate and replacement social	Active		Frener	Kelly Hodney	Research	Bethany Smith	<60%	60 - 65%	>65%	<u>&gt;</u> 70%	Quarterly	73.26%	69.81%	70.45%	69.56%	62.12%	allow sufficient time to obtain a replacement SSC before release (cani request them more than 180 days from projected release date).
			security card																	
AGY_OP_2h	OP2h	Work Assignment History	Percent of AICs receiving a work assignment																	Recommended retiring this measure at Correctional Services Division Q4 QTR. There is no value to the agency to continue measuring this
		,,	history document upon																	process. The data shows the new automation and processes now ens
			release	Active		Frener	Kelly Hodney	Research	Bethany Smith	<95%	95 - 97%	>97%	<u>&gt;</u> 99%	Quarterly	98.43%	99.06%	98.42%	98.91%	98.48%	work assignment histories are provided at release - except for a few the will always happen due to unforeseen circumstances. Nathaline prese
																				to ET 08/18/20, but it was deferred to a future agenda.

								Divisional				RANGE			Data	STA	ATUS				
asure No.	Old No	lo. N	Measure Name	Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target	Reporting Frequency	1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
Managing	, AIC Hea	althcare	e (Bugher)																		
iY_OP_3e	OP3e		ole/Release edications	Percentage of AICs releasing with necessary medications	Active		Bugher	Cindy O'Bannon	Health Services	Joe Bugher / Cindy O'Bannon	<97%	97-99%	>99%	100%	Quarterly	100.00%	100.00%	99.32%	99.99%	99.98%	9 missed release medications
Providing	AIC Wor	rk Oppo	ortunities (Jeske)																		
GY_OP_4a		Prov	oviding DOC work periences	Number of AICs with work assignments at DOC	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbuck	k 7,651	7,651 - 8,416	>8416	10,187	Quarterly Snapshot	8,699	8,411	7,866	7,409	7,359	The ranges for these measures will need to be reevaluated when operations stabilize.
Y_OP_4b	OP4b		oviding OCE work periences	Number of AICs with work assignments at OCE	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbuck	k 1,295	1,295 - 1,503	1,503	1,852	Quarterly Snapshot	1,450	1,415	1,507	1,437	1,335	AIC movements and releases are impacting numbers
_OP_4c	OP4c		oviding work periences for AICs	Number of AICs without a work assignment	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbucl	k >5,224	5,224 - 4,635	<4,635	2,864	Quarterly Snapshot	3,892	3,811	3,560	3,574	3,274	
_OP_4e	OP4e		rk experiences	The average number of AICs working on external work crews per day	Active		Jeske	Jennifer Starbuck	CMIS	Jennifer Starbucl	k ≤249	250-300	≥300	350	Rolling 12-Month Average	254.00	202.22	173.91	147.31	109.6	Trending down due to COVID. An error was found in the calculation Corrections will be entered for 2020.
/_OP_4g	OP4g	com	mber of AICs who nplete a skill Iding class	Number of AICs who complete at least one skill building class	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbuck	k <2,800	2,800 - 3,400	>3,400	3,800	Previous 12 months	3311	2924	2610	2134	1699	Classes have been suspended due to COVID
/_OP_4h	OP4h	build	mber of skill Iding classes npleted by AICs	Number of skill building classes completed by all AICs	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbucl	k <3,800	3,800 - 4,200	>4,200	4,500	Previous 12 months	4071	3586	3149	2513	2000	Classes have been suspended due to COVID
Connectin	ng AICs to	to Family	y and Community	v (Frener)																	
			unteers	Number of active volunteers	Active		Frener	Kelly Hodney	Research	Jamie Ferguon	<1900	1900 - 2200	>2200	2,300	Monthly Average	2,015	1,939	1,924	1,858	1,938	We recently resumed accepting new volunteer applications after properties for tiered implementation of the new process. We are also reevaluate iterations requirements to remove redundant training requirements that discourage volunteers. We anticipate the new process will reimprovements to both this measure and OP5j.
Y_OP_5h	OP5h	Con Con	Family and mmunity nnections within (1) ar of release	% of releasing AICs receiving at least one connection each quarter (includes traditional visits, enhanced visits, special event visits, and video interactive phone calls) within one year prior to release.  Note: AICs incarcerated in DOC for less than 3 months will be excluded.	Active		Frener	Kelly Hodney	Research	Jamie Ferguon	<45%	45 - 50%	>50%	55%	Monthly Average	45.72%	31.38%	0.05%	28.93%	33.48%	Data reflects VIP calls only. The halt to in-person visiting, program special events effective 03/12/20 due to the COVID-19 pandemic in this measure result. Telephone and VIP calling increased during th period, which would have partially offset the halt to in-person visit Research must rewrite the query to utilize new telecommunication provider - ICSolutions - data.
iY_OP_5i	OP5i	Com	AIC Family and mmunity	% of AICs receiving at least one connection each quarter (includes traditional visits, special events, enhanced visits, and video interactive phone calls).  Note: AICs incarcerated in DOC for less than 3 months will be excluded.	Active		Frener	Kelly Hodney	Research	Jamie Ferguon	<45%	45 - 50%	>50%	55%	Monthly Average	44.68%	31.93%	0.03%	31.09%	33.42%	Data reflects VIP calls only. The halt to in-person visiting, program special events effective 03/12/20 due to the COVID-19 pandemic this measure result. Telephone and VIP calling increased during the period, which would have partially offset the halt to in-person vis Research must rewrite the query to utilize new telecommunication provider - CS Solutions - data.

							Divisional				RANGE			Data	STA	ATUS				
Measure No.	Old No.	Measure Name	Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target	Reporting Frequency	1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
AGY_OP_5j	OP5j	Elapsed Time it Takes to Become a Carded Volunteer	Average Number of Months it Takes to Become an Approved Volunteer	Active		Frener	Kelly Hodney	Research	Jamie Ferguon	>3	1.5 - 3.0	<1.5	1	Quarterly	6.65	5.63				We recently resumed accepting new volunteer applications after pausing for tiered implementation of the new NSP application and training process. We anticipate the new process will result in improvements to this measure.
OP6: Managing (	Offenders	s in the Community (St	romberg)																	
AGY_OP_6a		LS/CMI and WRNA Assessments, <b>Linn and</b>	Percent of LS/CMI's and WRNAs completed on Medium/High PSC offenders within 60 days of new admission to community supervision	Active		Stromberg	Colin Rauenzahn	Research	Colin Rauenzahn	<45%	45-60%	>60%	75%	Quarterly	47.44%	44.70%	55.80%	47.41%	54.17%	
AGY_OP_6b	OP6b	Douglas	Percent of case plans of medium and above LSCMI offenders that have a Behavior Change Plan (BCP) that targets the highest priority of the "Big 4" domains identified on the LSCMI	Inactive		Stromberg	Colin Rauenzahn	Research	Colin Rauenzahn	TBD	TBD	TBD	TBD	Quarterly						Measure remains on hold at this time.
AGY_OP_6e	OP6e	Restitution Collection, Linn and Douglas	Average percent of restitution paid at time of closure for those offenders who have a restitution condition	Active		Stromberg	Colin Rauenzahn	Research	Colin Rauenzahn	ı <u>≤</u> 33.2%	33.3-34.9%	<u>&gt;</u> 35%	50%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	35.	90%	35	5.80%		Restitution collection remained at the same level in the 2 <sup>nd</sup> half of 2020.
SP1: Managing (	Our Work	kforce (Levario)																		
	SP1e		Percentage of grievances																	
			resolved prior to arbitration	Active		Levario	Kathrine Latta	Internal HR Database	Marty Imhoff	≤84%	85-90%	≥91%	95%	Quarterly	94.92%	94.93%	94.93%	94.95%	94.95%	
AGY_SP_1f	SP1f	Recruiting Correctional Officers	Average # of days to fill vacant Correctional Officer positions	Active		Levario	Kathrine Latta		Eric Westerfield	≥136 Days	126-135 Days	<126 Days	≤120 Days	Quarterly	147 dcays	135 days	158 days	162 days	159 days	
AGY_SP_1g	SP1g	Recruiting Non- security Staff	Average # of days to fill vacant standard non-security staff positions	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	<u>&gt;</u> 56 Days	51-55 Days	45-50 Days	45 Days	Quarterly	67 days	88 days	74 days	68 days	79.5 days	Promotional recruitments for all classifications took 56 days to fill a vacancy.
AGY_SP_1k	SP1k		Percentage of all staff who separate from DOC on a quarterly basis	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	TBD	TBD	TBD	TBD	Quarterly	8.86%	8.83%	9.23%	9.56%	9.44%	
SP2: Managing a	and Plann	ing Finances (Robbins)																		
AGY_SP_2a	SP2a	Number of Payroll Overpayments	Number of Payroll overpayments generated by reason code	Active		Levario	Kathrine Latta	OSPS	Allison Absher	≥120	101 - 119	≤100	0	Quarterly Total	223	189	213	205	171	171 Total overpayments 111 LWOP after cutoff (64.9%) 49 TS corrections (28.7%) 11 P/R or other error (6.4%) TOTAL COST \$68,887.76
AGY_SP_2c	SP2c	Special Payroll checks generated	Number of special checks generated by reason code	Active		Levario	Kathrine Latta	OSPS	Allison Absher	<u>&gt;</u> 550	376 - 549	<u>&lt;</u> 375	0	Quarterly Total	496	1137	1219	643	453	Total 453 Special Checks 231 Insurnce self-pay (51%) 109 Corrections to timesheets (24.1%) 81 Termination/retirements (17.9%) 25 Other misc reasons (5.5%) 7 Pay advances (1.5%) Total cost for quarter is \$5,078.13
	SP2e	SPOTS errors	SPOTS reconciliation errors divided by the number of SPOTS reconciliations	Active		Robbins	Renee Stryker	SPOTS Forms	Jack Ogami	>45%	15 - 45%	0 - 15%	<5%	Monthly	29.41%	32.20%	36.90%	43.30%		Changes in Accounting staff related to SPOTS make information unavailable for this quarter.
AGY_SP_2f	SP2f	TED's errors	Errors divided by the number of TEDs filed	Active		Robbins	Renee Stryker	Error Tracking Spreadsheet & TEDS Forms	Jack Ogami	>45%	15 - 45%	0 - 15%	<5%	Monthly	20.23%	19.20%	30.83%	16.80%	14.00%	Quarter to quarter improvement represents transition to a more "normal" business travel environment.

							Divisional				RANGE			Data	STA	ATUS				
Measure No.	Old No.	Measure Name	Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target	Reporting Frequency	1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
: Managing	g Business Se	ervices (Paul)																		
AGY_SP_3b	SP3b	DOC Domain - Desktor Lifecycle	Percentage of desktop PCs that are within 4 - year warranty (0-47 months) and 5-year lifecycle	Active		Paul	Jeff Marks	ITS	Larry Mack / Parm Kaur	0 - 59%	60% - 79%	80%-84%	85%	Quarterly	86.00%	86.00%	87.00%	77.00%	79.00%	Funding established, but currently paused. Replacing 1/5 of fleet yearly
AGY_SP_3e	SP3e	Canteen sales	Growth in Sales	Active		Paul	Jeff Marks	iElite	Jeff Marks	<1%	1-2%	≥3%	5%	Quarterly comparison against same quarter previous year	8.64%	13.69%	-3.08%	-6.795%	-8.330%	Decrease of (326,390.76) on a total sales of 3,916,541.28 from the same quarter 2020. with covid-19 NWC was down in sales (360,604.29) the 3 other commissaries where up by 346,942.58 or 17.08% compared to sai quarter last year.
AGY_SP_3f	SP3f	Canteen net income	Growth in Net Income	Active		Paul	Jeff Marks	Quarterly Financials	Jeff Marks	<1%	1-2%	≥3%	3%	Quarterly comparison against same quarter previous year	221.00%	21.30%	-59.28%	-193.00%	-39.20%	(125,852.92) Net LOSS for the quarter a decrease of (322,512.01). This a can be attributed to Covid-19 and an increase in operational expenses including temp wages also from covid-19 related expenses.
AGY_SP_3g	SP3g	Water Use Reduction	Reduction in kgal usage, based upon 2014 baseline.	Active		Paul	Jeff Marks	Facilities Database	Chad Naugle	>653,532	653,532 - 642,515	<642,515	542,516	Quarterly with a one quarter lag time	697,634	699,399				
84'1'1'-																				
	g Risk (Prins	-	A									<u> </u>								
GY_SP_4b	SP4b	Tort claims (AIC)	Number of tort claims	Active		Prins	Jacob Humphreys	DAS Risk	Jacob Humphreys	s ≥212	211	≤210	≤208	Quarterly Total (6 mo. Lag time)	137	155	123	142	185	DAS Risk search criteria is based on loss date with six month lag time is reporting accuracy. The current status reflects the July - September 20 reporting period.
AGY_SP_4d	SP4d	PREA audits	The percent of facilities audited found in compliance without corrective action needed	Active		Prins	Jacob Humphreys	OMS	Erica Sage	<59%	60-79%	80-99%	100%	Annually, Aug - Aug		100%				No new data to report until 2021Q3. Audit cycle runs August to Augus
AGY_SP_4f	SP4f	Internal audits (Implemented)	Percent of all audit recommendations implemented during the past 5 years	Active		Prins	Jacob Humphreys	Internal Audits	Eli Ritchie	≤59%	60-80%	≥81%	100%	Quarterly	80.00%	86.00%	76.80%	78.18%	61.00%	For the 2021Q1 5-year recommendation look back, the agency has implemented 41/73 internal audit recommendations for a percentage 61%. 18 new recommendations from a recently completed audit broug the percentage down.
AGY_SP_4g	SP4g	Reviewed and updated rules	Percent of rules reviewed/updated within the last five years	Active		Prins	Jacob Humphreys	OIG Database	Michelle Mooney	y <u>&lt;</u> 25%	26 - 59%	≥60%	100%	Quarterly	58.00%	57.00%	57.00%	56.00%	55.00%	Progress has slowed on directive updates this last year and what is be accomplished does not balance out the number of directives that are
GY_SP_4h	SP4h	Reviewed and updated policies	Percent of policies reviewed/updated within the last five years	Active		Prins	Jacob Humphreys	OIG Database	Michelle Mooney	y ≤25%	26 - 59%	<u>≥</u> 60%	100%	Quarterly	43.00%	44.00%	43.00%	45.00%	44.00%	Progress has slowed on directive updates this last year and what is be accomplished does not balance out the number of directives that are
AGY_SP_4i	SP4i	Internal Audits (Not Implemented)	Number of audit recommendations not implemented after 5	Active		Prins	Jacob Humphreys	Internal Audits	Eli Ritchie	TBD	TBD	TBD	TBD	Quarterly				0	0	There were zero recommendations beyond five years.

					1.4		Divisional		Dot		RANGE			Data	STA	<b>ATUS</b>				
Measure No	Old No.	Measure Name	Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target	Reporting Frequency	1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
SP5: Engaging	Stakeholde	rs and Partners (Nive	ns / Frener)																	
AGY_SP_5a	SP5a	News coverage	The percentage of DOC specific news coverage that was initiated by the department	Active		Nivens	Nancy Salber	GECO database	Nancy Salber	≤ 19%	20-25%	≥ 26%	30%	Monthly Average			20.00%	15.00%	12.00%	News Coverage was largely COVID 19 relatated
AGY_SP_5b	SP5b	Legislative requests	Number of days to fulfill or complete a legislative request (excluding requests from a hearing)	Active		Nivens	Nancy Salber	GECO database	Nancy Salber	≥6	3-5	<3	3	Monthly Average			2.00	.62 days	1.25 days	63 inquiries
AGY_SP_5f	SP5f	Public Records Requests - Acknowledgements	Percentage of Letters of Acknowledgement for Public Records Requests (PRR) completed within five business days	Active	Measure moved to Correctional Services with revised measure description; measure to be reported quarterly with 1 quarter lag time	Frener	Kelly Hodney	CSV Tracking Database	Michelle Dodson	TBD	TBD	TBD	TBD	Quarterly with a one quarter lag time						Replacing Communications' previous public records measures with new Correctional Services/OISC measures reflecting ORS requirements. CS is revising current Excel tracking to make it possible to calculate CORE data points.  First data report will not occur until 2021 Q2. There are many factors impacting data, including requests filed at the end of the quarter and the
AGY_SP_5g	SP5g	Public Records Requests - Processing	Number of PRR requiring "still processing communication" to complete beyond 15 days	Active	New measure introduced under Correctional Services; reporting is quarterly with 1 quarter lag time	Frener	Kelly Hodney	CSV Tracking Database	Michelle Dodson	TBD	TBD	TBD	TBD	Quarterly with a one quarter lag time						ORS allowing requestors 60 days to respond to DOC. To provide meaningful data, there will be a one-quarter delay in data reporting (i.e., 1st quarter data will not be reported until the 2nd quarter).
AGY_SP_5h	SP5h	Public Records Requests - Completions	Average number of days to complete PRR - ORS states within 15 business days	Active	New measure introduced under Correctional Services; reporting is quarterly with 1 quarter lag time	Frener	Kelly Hodney	CSV Tracking Database	Michelle Dodson	>15	10-15	<10	TBD	Quarterly with a one quarter lag time						
SP6: Managing	g Performan	ce (Nivens)																		
AGY_SP_6a	SP6a	Percentage of Active Measures with Range and Targets	Percentage of active process and outcome measures with established targets and/or ranges	Active		Nivens	Kathrine Latta	Agency Scorecard	Kathrine Latta	< 85%	85-95%	<u>&gt;</u> 95%	1	Quarterly	99.00%	99.00%	99.00%	92.00%	88.37%	76 of 86 measures
AGY_SP_6d	SP6d	Percent of Active Measures	Percentage of all (Process and Outcome) measures that are active	Active		Nivens	Kathrine Latta	Agency Scorecard	Kathrine Latta	<85%	85-95%	>95%	100%	Quarterly	93.00%	93.00%	93.00%	93.00%	93.48%	86 of 92 measures

				1ct quarter 2021	Measure	Divisional		Data		RANGE			Data	STA	TUS				
Measure No. O	Old No.	Measure Name	Measure Description Status	1st quarter 2021 Measure change notes	Owner	CORE Specialist	Data Source	Data Contact	Red	Yellow	Green	Target	Reporting Frequency	1st Quarter 2020	2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
									Outcome	Measure	es								
/11: Staff Safety	(Persson)											_							
AGY_OM_1a	OM1a	SAIF claims	Total number of SAIF claims during the quarter (based on Date of Injury) Active		Levario	Kathrine Latta	HR Database	Chuck Gepford	≥ 87	82-86	≤ 81	76	Monthly Average - prior quarter	67	37	42	45	36	
AGY_OM_1b*	OM1b*	Staff assaults	The number of class 1 assaults on individual staff		Persson	Mistydawn Gendhar	Research	Garry Russell	>45	45-25	<25	20	Quarterly total	30	24	17	34	25	
AGY_OM_1c* O	DM1c	OSHA Recordable Rate	The number of OSHA recordable injuries, per 100 employees working a whole year		Levario	Kathrine Latta	HR Database	Marty Imhoff	>7.7	7.7 - 6.5	<6.5	0	Annually; (reported 1st quarter for previous year)			2.8			
AGY_OM_1d O	)M1d	OSHA DART Rate	Average number of injuries requiring Days Away, Restriction or Transfer per 100 employees who work a whole year		Levario	Kathrine Latta	HR Database	Marty Imhoff	>4.1	<4.1 - 3.5	<3.5	0	Annually (reported 1st quarter for previous year)			2.3			
AGY_OM_1e O		Workers' Compensation Time Loss Days	Number of workers compensation time loss days per 100 employees.  Active		Levario	Kathrine Latta	SAIF	Chuck Gepford	>27	26-27	<26	23	Monthly Average - prior quarter	24.67	23.69	22.74	35.22	32.15	
GY_OM_1f* O	DM1f*	AIC misconducts	Number of Level 1 AIC misconducts (including VNR's)  Active		Persson	Mistydawn Gendhar	Research	Mike Yoder	>425	350 - 425	<350	325	Quarterly Total	468	410	387	387	321	
2: Healthy Staf	ff (Levario	o)																	
GY_OM_2b* O	)M2b	Leave without pay	Percent of staff entering leave without pay per month Active		Levario	Kathrine Latta	Payroll System OSPS	Carol Haflich	≥11%	5% - 10%	≤4%	4%	Monthly Average - prior quarter	9.10%	9.10%	8.50%	9.50%	9.00%	
GY_OM_2e O		Leave Accruals, Less than 40 Hours	Percentage of all staff with at least 1 year of service who have less than 40 hours of accrued leave (all leave types)  Active		Levario	Kathrine Latta	Payroll System OSPS	Carol Haflich	TBD	TBD	TBD	TBD	Quarterly	8.81%	6.12%	7.57%	7.87%	6.97%	Total 287
AGY_OM2f O		Leave Accruals of at least 40 hours but less than 80 hours	Percentage of all staff with at least 1 year of service who have 40-80 hours of accrued leave (all leave types)  Active		Levario	Kathrine Latta	Payroll System OSPS	Carol Haflich	TBD	TBD	TBD	TBD	Quarterly	9.82%	9.77%	10.38%	9.26%	8.36%	Total 345
AGY_OM_2g O	OM2g	Overtime Hours Earned	d Number of overtime hours earned by all staff  Active		Levario	Kathrine Latta	Payroll System OSPS	Carol Haflich	TBD	TBD	TBD	TBD	Quarterly	91,742	80,094	149,572	118,683	124,303	January 39.9% February 29.9% March 30.2%

						Divisional				RANGE			Date	STA	ATUS				
Measure No.	Old No.	Measure Name	Measure Description Status	1st quarter 2021	Measure	Divisional CORE	Data Source	Data				Target	Data Reporting			r 3rd Quarter	4th Quarter	1st Quarter	
				Measure change notes	Owner	Specialist		Contact	Red	Yellow	Green		Frequency	2020	2020	2020	2020	2021	Corrective Action / Status of Measures Under Development
AGY_OM_3a	OM3a		Employee engagement survey. Daryl to expand this measure calculation to also include certain benefits such as HEM, EAP, social events, employee involvement in work groups, breakthroughs, etc.		Levario	Kathrine Latta	Survey	TBD	TBD	TBD	TBD	TBD	Annual ( 4th quarter)						
OM4: Communit	ty Supervi	ision Success (Strombe	erg)																
AGY_OM_4c	OM4c	Positive case closure	Percentage of offenders		<u> </u>	T		<u> </u>	<del>                                     </del>		T		<u> </u>						Positive case closures saw a modest increase in the 2 <sup>nd</sup> half of 2020 for both
/\G1_0\\\_\		Linn and Douglas post prison supervision			Stromberg	Colin Rauenzahn	Research	Colin Rauenzahn	n ≤61.8%	61.9-64.9%	≥65%	75%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)		.29%	78.	73%		probation and post-prison supervision.
AGY_OM_4d	OM4d	Positive case closure, Linn and Douglas probation supervision	Percentage of offenders who completed probation in the quarter and were closed out successfully  Active		Stromberg	Colin Rauenzahn	Research	Colin Rauenzahn	n ≤61.8%	61.9-64.9%	≥65%	75%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	61	.28%	67.	75%		
OM5: Recidivism	ı (Stromb	erg)																	
														1st ha	If of 2020	2nd hal	f of 2020		
AGY_OM_5a	OM5a	Arrest for any new crime while on probation supervision (HB3194)	36-month recidivism rate of offenders sentenced to probation supervision, statewide.  Active		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n ≥50%	49-45%	<45%	40%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	52	.98%	51	40%		Arrest, conviction, and incarceration rates for post-prison supervision increased between this cohort and the last. Part of the reason for this is a change in the way the Criminal Justice Commission calculates recidivism rates for those people who are released on Leave.
AGY_OM_5b	OM5b*		36-month recidivism rate of offenders released to post-prison supervision, statewide Active		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n ≥50%	49-45%	<45%	40%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	53	.80%	60	10%		
AGY_OM_5c	OM5c		36-month recidivism rate of offenders sentenced to probation supervision.  Active		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n ≥40%	39-35%	<35%	30%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	45	.60%	45	10%		
AGY_OM_5d	OM5d*	crime, Misdemeanor	36-month recidivism rate of offenders released to post-prison supervision. Active		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n ≥40%	39-35%	<35%	30%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	40	.60%	45	50%		
AGY_OM_5e	OM5e	Incarceration for a new felony crime, while on probation supervision statewide (HB3194)	36-month recidivism rate of offenders sentenced to probation supervision statewide.  Active		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n ≥20%	19-15%	<15%	10%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	15	.70%	12.	90%		
AGY_OM_5f*	OM5f*		36-month recidivism rate of offenders released to post-prison supervision statewide		Stromberg	Colin Rauenzahn	CJC	Colin Rauenzahn	n <u>&gt;</u> 20%	19-15%	<15%	10%	Semiannual (2nd & 4th quarter reporting with 4 month lag time)	16	.80%	18.	20%		

7 of 10

											RANGE				STA	TUS				
Measure No.	Old No.	Measure Name	Measure Description	Status	1st quarter 2021	Measure	Divisional CORE	Data Source	Data				Target	Data Reporting	1st Quarter		3rd Quarter	4th Quarter	1st Quarter	
					Measure change notes	Owner	Specialist		Contact	Red	Yellow	Green		Frequency	2020	2020	2020	2020	2021	Corrective Action / Status of Measures Under Development
OM6: Diversity	, Equity a	nd Inclusion (Levario)																		
AGY_OM_6a	OM6a	Gender diversity	Percent of female staff	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	≤ 34%	34.1-39.9%	≥40%	40%	End of quarter	34.18%	34.58%	34.63%	34.99%	35.19%	
AGY_OM_6b	OM6b	Race and Ethnic	employed by DOC  Percent of non-white					,		1				snapshot						
		Diversity	staff including: Black,																	
			Indigenous, Asian, Islander, Latinx	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	≤ 18%	18-24.9%	≥ 25%	30%	End of quarter	15.35%	15.70%	16.76%	16.89%	17.41%	
			employeed by DOC	Active		LEVATIO	Ratiffile Latta	vvorkday	Life Westerneid	2 10/0	10 24.570	2 23/0	3070	snapshot	13.3370	13.70%	10.7070	10.0370	17.41/0	
AGY_OM_6c	OM6c	Managers' Diversity 8	_																	
		Inclusion Performance	management evaluations containing Diversity &											Annual (quarterly						
			Inclusion performance	Inactive		Levario	Kathrine Latta	Workday	Eric Westerfield	TBD	TBD	TBD	TBD	progress check)						
			component																	
AGY_OM_6e	OM6e	Diversity, Equity and																		
		Inclusion (DEI)  Manager Training	management staff who have attended Diversity							650/	65.000/	222/	1000/						22.2007	
		wanager maning	& Inclusion training.	Active		Levario	Kathrine Latta	iLearn	Mike Beagen	<65%	65-89%	>89%	100%	Quarterly			44.70%	85.90%	33.60%	
AGY_OM_6f	OM6f	Gender Diversity in Promotions	Percentage of promotions by gender																	
			promotions a, genue.	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	TBD	TBD	TBD	TBD	Quarterly	48.78%	22.22%	25.00%	38.89%	50.00%	
AGY_OM_6g	OM6g	Race and Ethnic	Percentage of							+										
			promotions by self-																	
			identified race/ethnic groups; non-white staff																	
			including: Black,	Active		Levario	Kathrine Latta	Workday	Eric Westerfield	TBD	TBD	TBD	TBD	Quarterly	17.07%	25.93%	14.58%	33.30%	13.64%	
			Indigenous, Asian, Islander, Latinx																	
OM8: Case Pla	n Adheren	ce (Frener)																		
AGY_OM_8b*	OM8b	Successful Completion	_																	This measure mirrors KPM #2. OGE developed revised query using new
		of Treatment, Education, and/or	moderate/high-risk released AICs with an																	DOC 400 Programs Table and submitted to Research for automation/codi 08/08/19. The KPM query rewrite was completed for the annual KPM
			identified education,																	report submitted September 2019, but Research is working on the data
			cognitive, or treatment need who successfully																	validation for this measure. 01/22/20 Research is still working on the data.
			completed at least one																	07/16/20-Research is no longer working on the data because they need t
			of the identified need programs before release																	DOC400 Programs Table formerly maintained by OGE updated. This will need to be resolved in order for Research to generate the KPM report du
																				September 2020.
				Inactive		Frener	Kelly Hodney	Research	Lisa Hall	≤ 64%	64-71.99%	≥ 72%	75%	Quarterly						10/20-DOC400 Programs Table is current. Need to work with Research to determine if they have COG program/section IDs and complete automati
																				01/21-Research's COG Programs Table current (updated by CS/PBS). KPN
																				data report needs to be run by Research, and annual report prepared by and submitted.
																				04/21-Requested update from Research

8 of 10

						Divisional				RANGE			Data	STA	TUS				
Measure No. Old No.	Measure Name	Measure Description	Status	1st quarter 2021	Measure	CORE	Data Source	Data				Target	Reporting	1st Quarter		2rd Quarter	4th Quarter	1st Quarter	
	Wedsure Hame	measure Description	Jeacus	Measure change notes	Owner	Specialist		Contact	Red	Yellow	Green	ruiget	Frequency	2020	2020	2020	2020	2021	Corrective Action / Status of Measures Under Development
M9 AIC Safety (Prins)																			
	AICs injured on work	Number of AIC injury																	The current status reflects the July - September 2020 reporting period.
	assignments	fund claims per quarter	Active		Prins	Jacob Humphreys	DAS Risk	Jacob Humphrey	/s ≥ 8	7	≤ 6	5	Quarterly Total (6- month lag time)	3	3	6	3	4	Search criteria is based on loss date with six month lag time for reporting accuracy.
AGY_OM_9b OM9b	Homicides	Number of AIC deaths by homicide	Active		Prins	Jacob Humphreys	Health Services	Anola DeJong	≥ 1	0	0	0	Annual; reporting in 2nd quarter						Measure and data source changed. Should be ready to report soon.
AGY_OM_9c OM9c	Suicides	Number of AIC deaths by suicide	Active		Prins	Jacob Humphreys	Health Services	Anola DeJong	≥ 1	0	0	0	Annual; reporting in 2nd quarter						Measure and data source changed. Should be ready to report soon.
M10: Public Safety (Persso	(son)					· · · · · · · · · · · · · · · · · · ·													
	Secure Custody	The number of escapes																	
	Escapes	from secure-custody																	
		facilities (armed perimeter)	Active		Persson	Mistydawn Gendhar	Research	Mike Yoder	≥1	0	0	0	Quarterly Total	0	0	0	0	0	
AGY_OM_10b* OM10b*	Work Crew Walk- a-	The number of AIC "walk				1			1										
	ways	aways" from outside work crews	Active		Persson	Mistydawn Gendhar	Research	Mike Yoder	≥ 1	0	0	0	Quarterly Total	1	1	1	0	0	
AGY_OM_10c* OM10c*	Leave Program	The percentage of AICs																	
		who complete transitional leave and	Activo		Ctura ma la a ma	Colin	Docooreh	Danisa Sitlar	Z 700/	70 90 000/	> 010/	050/	Overste sty	OF F40/	85.24%	00.010/	07.500/	88.37%	
		non-prison leave (AIP)	Active		Stromberg	Rauenzahn	Research	Denise Sitler	≤ 70%	70 - 80.99%	≥ 81%	85%	Quarterly	85.54%	85.24%	88.01%	87.50%	88.37%	
AGY_OM_10d OM10d	New felony arrests	The percentage of those				1			1										
	while on leave prograr	arrested for a felony while on transitional																	
		leave or non-prison leave	Active		Stromberg	Colin Rauenzahn	Research	Denise Sitler	≥ 10.1%	5.1-10%	≤ 5%	0%	Quarterly	4.85%	3.80%	3.85%	5.81%	4.77%	
		(AIP)				Rauenzann													
AGY_OM_10e* OM10e*	Unarmed Perimeter	The number of escapes				1			1										
	Escapes	from unarmed perimeter facilities	Active		Persson	Mistydawn Gendhar	Research	Mike Yoder	≥1	0	0	0	Quarterly	0	0	0	0	0	
M11: AIC Work Programs	(Jeske)																		
AGY_OM_11a OM11a	Total AICs working	Percent of AICs engaged																	Population continues to decline, the percentage of AICs engaged in work
		in work activities (OCE and DOC)																	activities remains steady, meaning programs are carrying the same load
						Jennifer				63.13% -									with less people. (Total population count does not include Intake.) Rang analysis is suspended due to COVID and will not resume until prison
			Active		Jeske	Starbuck	Research	Jennifer Starbuc	k   <63.13%	68.15%	>68.15%	80.78%	Monthly Average	72.28%	72.05%	72.38%	71.22%	72.64%	closures have finalized.
																			Qtr 1: 8694/11968 Qtr2: 9826/13637
AGY_OM_11c* OM11c*	Measure 17	Percentage of AICs in							1										The total population is approximately 700 less than this time last year, but
	Compliance	compliance with 40-hour work/education																	the compliance remains steady with a slight increase. (2018 KPM is 69%) We are curious so see the effect on M17 once the DOC400 cleanup/M17
		requirements of the	Active		Jeske	Jennifer Starbuck	Research	Jennifer Starbuc	k < 68%	68% - 75%	> 75%	85%	Monthly Average	70.99%	70.23%	69.09%	71.56%	69.90%	report rewrite occurs. The project will work in conjunction with the PRAS
		constitution (M17)				Starbuck													Workgroup (end of 2021). IT is aware of our goal.

Measure No. Old No.  OM12: AIC Health (Bugher)		Measure Description	Status	1st quarter 2021 Measure change notes	Measure Owner	Divisional CORE Specialist	Data Source	Data Contact	Red	RANGE Yellow	Green	Target	Data Reporting Frequency		ATUS  2nd Quarter 2020	3rd Quarter 2020	4th Quarter 2020	1st Quarter 2021	Corrective Action / Status of Measures Under Development
AGY_OM_12a* OM12a*	Offsite Medical	Percent of total AIC care encounters that occur offsite	Active		Bugher	Cindy O'Bannon	Health Services	Matt Shoemaker / Cindy O'Bannor	1 >1.16%	1.06 - 1.15%	≤1.05%	1%	Annually - 3rd Quarter (Data covers fiscal year)	0	.98%		1.78%		
M13: Financial Managen	nent (Robbins)																		
	expenditures vs. approved budget - snapshot	Compares projected end of-biennium general fund expenditures to general fund budget. Comparisor taken as a <b>snapshot</b> of the most recent month			Robbins	Renee Stryker	AFAMIS	Shawn Range	≥ 1%	0-1%	0%	0%	Quarterly	5.21%	4.62%	2.54%	1.00%	0.11%	Budget is on track and are monitoring add back list items closely.
	Comprehensive Annual Financial Report (CAFR)	Award of CAFR Gold Star	Active		Robbins	Renee Stryker	AFAMIS	Jack Ogami	Not Awarded	Not Awarded	Awarded	Awarded	Annually (1st Quarter)		A	warded			
AGY_OM_13d OM13d	Forecast Accuracy	Percent of difference between projected General Fund expenditure forecast and actual expenditure performance.	d Active		Robbins	Renee Stryker	AFAMIS	Shawn Range	≥11%	5 - 11%	<5%	2%	Quarterly	1.20%	-2.90%	-10.06%	9.00%	-15.90%	Variability due to Community Corrections projections and the Budget Unis working on how we approach this measure in light of that going forward
AGY_OM_13f OM13f	Object/Subject coding errors	Track outcome of training DOC staff on properly coding procurements	Active		Robbins	Renee Stryker	AFAMIS	Toni Payseno	<u>&gt;</u> 5%	4.9 - 3%	<u>&lt;</u> 3%	1%	Monthly	0.08%	0.40%	0.08%	0.25%	2.13%	The ongoing training efforts have been effective with a reduction in accounting errors.
AGY_OM_13g OM13g	LFO Fiscal Impact Statements	Percent of the time we meet our deadline for submitting fiscal impact statements	Active		Robbins	Renee Stryker	Bill Tracker	Shawn Range	<u>&lt;</u> 89%	90-95%	≥95%	I I	Monthly during legislative session only	100.00%			N/A	97.00%	Doing a good job managing very tight FIS deadlines. One late in Februar and three late in March, 98 submissions through March.
AGY_OM_13h* OM13h*	Reduce all Energy Usage	Reduce the annual average electricity, propane, geothermal, diesel and natural gas usage.	Active		Paul	Jeff Marks	Facilities Database	Chad Naugle	<u>≥</u> 149.80	149.79 - 148.13	<u>≤</u> 148.12	148.12	Annually by calendar year (reported during 1st quarter for the prior calendar year)						
M14: Partner and Custon	ner Satisfaction (Fren	er & Nivens)																	
AGY_OM_14b* OM14b*	Customer Service	Percent of customers (AIC visitors) rating their satisfaction with the agency customer service as "Good" and "Excellent			Frener	Kelly Hodney	Research	T. Dickerson	<55%	55-59%	>59%	60%	Every 2 years (even years; Sept.)			65.60%			Biannual measure; data available in 3rd quarter. 2018 Q3 (51.10% - Red); 2020 Q3 = 65.60%. Next report 2022 Q3.  DOC obtained technical assistance grants, is working with community-based organizations, and invested time and resources to improve visiting processes and experience, but we anticipated the survey responses would still be more negative due to hold on in-person visiting due to COVID. On 301 surveys were completed for 2018 even after extending the survey to months, so we worked with Research and Communications to expand outreach efforts to include email. This was very successful, as we receive 850 responses in the 1-month (August 2020) survey period.
																			Post-COVID, we plan to reevaluate whether it would be more timely and





# IMPLEMENTING A CHRONIC DISEASE MODEL FOR TREATMENT OF SUBSTANCE USE DISORDER: BARRIERS TO CARE AND STRATEGIES FOR IMPLEMENTATION

Director: Colette S. Peters

Deputy Director: Heidi Steward

Assistant Director of Health Services: Joseph Bugher

Submitted to the Senate and House Interim Committees on Health Care

Oregon Department of Corrections as required by House Bill 2257 (2019)

August 7, 2020

# **Table of Contents**

1	Executive Summary	2
2	Forward	5
3	Barriers to Screening and Diagnosis	6
	3.1 Background on Current Screening Methods	6
	3.2 Aligning Screening and Assessment with a Chronic Disease Approach	າ 7
4	Barriers to Treatment	10
	4.1 Background on Treatment Approach	10
	4.2 Aligning Treatment with a Chronic Disease Approach	12
	4.3 Peer Recovery Support Services	15
	4.4 Brief Duration Groups	16
	4.5 Gambling Treatment Groups	17
	4.6 Medication Assisted Treatment	17
	4.7 Computer-assisted Treatment	17
5	Barriers to Continuing Care	18
	5.1 Background on Continuing Care Approach	18
	5.2 Aligning Continuing Care with a Chronic Disease Approach	19
6	Summary of Policy Recommendations	22
Acro	onyms	24
Refe	erences	26

# 1 Executive Summary

In the 2019 session, the Oregon Legislative Assembly passed House Bill (HB) 2257, a bill recognizing Substance Use Disorder (SUD) as a chronic illness for which commensurate treatment should be available and provided. To treat addiction as a chronic illness is a significant paradigm shift. The potential impact of this shift on corrections-based addiction treatment cannot be understated. Currently, the Oregon Department of Corrections (DOC) treats SUD as an acute condition related to criminality and recidivism: qualifying adults in custody (AICs) receive addiction treatment that is time-limited, discrete episode of care at the end of their DOC incarceration. The system is organized for earlier intervention or to continue care necessary to manage addiction as a chronic condition. To provide care outside of this historical context would require not just a shift in treatment protocols, but also in organizational culture.

As this report will detail, treating SUD as a chronic disease will require an investment in service delivery that can be individualized, cumulative, and long-lasting<sup>1</sup>. DOC is committed to the adoption of this approach. However, it is not positioned to withstand the weight of this shift without a commensurate allocation of resources. This transformation will require changes to the system<sup>2</sup> which require significant funding to operationalize. It will also depend upon an available continuum of care in all Oregon counties to provide transitioning AICs with the ongoing treatment and support necessary for the management of their chronic conditions. The effort is not DOC's alone. It will take a collective commitment from elected officials, state agencies, counties, and community partners to succeed.

The department aims to stay current with best practices in the treatment of addiction. The department continually strives to incorporate evidence-informed practices into services and care provided to AICs. For example, in the last five years, DOC has worked with contracted alcohol and drug treatment providers to review practices and ensure they align with trauma-informed care guidelines, later adjusting contract language to assist these programs with operational modifications needed to meet this protocol. More recently, DOC has rapidly expanded the reach of medication assisted treatment (MAT) services to serve AICs at seven<sup>3</sup> correctional facilities as they transition into the community and continue care for their Opioid Use Disorders (OUD). As of June 1, 2020, DOC has served 39 AICs through this program. These efforts speak to DOC's commitment to provide responsive and evidence-based care to AICs.

At the direction of the Legislative Assembly per House Bill 2257, this report provides findings on: existing barriers to diagnosis, treatment and continuity of care for AICs; SUD treatment options for AICs; proposals for how the department will initiate and maintain diagnosis, treatment, and continuity of care for AICs; and recommendations for legislation. It provides an in-depth analysis of existing barriers to effective diagnosis and treatment of SUD in the DOC system. Following this analysis are proposed strategies for the integration of a chronic disease approach into DOC's assessment, treatment, and continuing care practices. The report concludes with policy recommendations informed by our comprehensive analysis.

<sup>&</sup>lt;sup>1</sup> See Dennis & Scott, 2007; McLellan, Lewis, O'Brien & Kleber 2000; Saitz, Larson, LaBelle, Richardson & Samet 2008; Scott, Dennis & Laudet, 2014.

<sup>&</sup>lt;sup>2</sup> Operational changes, such as: contracts, staffing, allocation of space, program design, release planning, and evaluative measures.

<sup>&</sup>lt;sup>3</sup> As of June 1, 2020, the following DOC facilities accept patients on MAT: CRCI, CCCF, SCI, OSCI, OSP, DRCI, SRCI.

The report will highlight the following key topics:

- A universal and non-time-limited screening and assessment approach for effective diagnosis of SUD in the corrections setting;
- Individualized approaches to treating SUD and co-occurring disorders in the corrections setting;
- The untapped potential of technology-assisted treatment;
- Culturally responsive and trauma-informed treatment environments;
- Peer-based recovery support services;
- Assertive linkages to continuing care in the community; and
- Unintended consequences of the Alternative Incarceration Program statute.

The following is a brief summary of identified barriers, implementation strategies, and policy recommendations that will be expanded upon in the main section of this report:

# BARRIERS, PROPOSED STRATEGIES, and POLICY RECOMMENDATIONS Screening and Assessment of SUD

Barrier: Screening and designation of treatment need are time-limited.

Strategy: Reorient screening and assessment process to a "no wrong door" approach. Universal screening will continue to be utilized with all AICs at Intake. Screening services will be expanded to be available throughout custody.

Barrier: Current substance dependency screening tool is no longer a good fit for the population DOC serves and is not effectively integrated with clinical practices.

Strategy: Adopt a new screening tool that is empirically-validated for use with corrections populations. Implement a blended screening and assessment approach, which will align with clinical practices to support better diagnosis of SUD.

Barrier: Formal clinical evaluation for diagnosis of SUD is limited and not available to all who score high for substance abuse risk at screening.

Strategy: Create a formalized clinical practice to refer all AICs who score high for substance abuse risk at screening to be evaluated by a qualified mental health provider for possible SUD diagnosis.

# **Treatment of SUD**

Barrier: Addiction is still treated as an acute condition.

Strategy: Implement a chronic disease model across DOC for treatment of SUD, including opiate-use disorders. Treatment will be individualized, holistic, culturally responsive, and available throughout the custody cycle.

Barrier: Need for MAT is increasing. Expansion of services is costly and will require more X-DEA-waivered providers.

Strategy: Expand MAT services across more institutions and increase the duration of MAT treatment to extend throughout custody, in alignment with best practice recommendations. Identify number of additional waivers that will be necessary to meet the need of increased MAT patients.

Barrier: The limited number of treatment beds and select location of programs hinders entry for many.

Strategy: Expand treatment services to be available in as many DOC institutions as possible.

Treatment services will be professionally-driven and diversified to include other evidence-informed modalities of care. This would include creation of a women's co-occurring disorder program and implementation of an agency wide peer recovery support-services model.

Barrier: Care for SUD is not integrated across disciplines. The absence of an electronic health records (EHR) system makes integrating care difficult.

Strategy: Treatment of SUD should extend across all levels of care in DOC to be fully integrated. Medical, mental health, and addictions providers will actively collaborate in treatment of SUD, leading to better continuity of care. An EHR system will facilitate seamless sharing of records and enhance collaborative communication.

# **Continuing Care for SUD**

Barrier: Limited institution resources make it difficult to provide assertive linkages to community care for adults releasing from custody.

Strategy: Designate Recovery Care Coordinators for each institution. All SUD-diagnosed AlCs will work with these coordinators to develop assertive linkages for the ongoing care of their chronic condition. Support the Institution Release Counselors and Community Corrections staff by developing strong recovery care pathways prior to release.

Barrier: There is disparity of available treatment services across Oregon counties.

Strategy: Partner with Community Corrections and Medicaid-coordinated care organizations to advocate for expansion of services, with a focus on rural and high-poverty counties. Utilize institution Recovery Care Coordinators to enhance relationships with community providers, including linkages to Federally Qualified Health Centers and community-based recovery organizations.

### **POLICY RECOMMENDATIONS**

# **Increased funding for DOC Addiction and Mental Health Treatment Services**

To adequately meet the need of SUD-impacted AICs, in alignment with a chronic-disease approach, it will be necessary to expand treatment services. More staff will be needed to provide these services. Operational costs will increase to support services and guarantee the materials necessary to their provision are available. The creation of peer recovery support services will require investment toward AIC training and oversight. As DOC expands MAT across more institutions and for longer durations in custody, the cost of those services increases.

# **Increased funding for Community-Based Addiction and Mental Health Treatment**

Ongoing care for individuals with SUD who have released from DOC custody can be difficult to come by, particularly in rural Oregon counties. In order to provide the continuation of care for AICs, there needs to be services to link them too. Results of a survey conducted with Community Corrections partners indicated ongoing structural barriers faced by releasing AICs include a lack of available treatment program slots and transitional sober housing beds to meet need. Multiple survey respondents indicated insurance limitations are a barrier to access care for those they supervise. Further investigation of these reported barriers is needed to better understand the root cause of the access issues.

In-depth evaluation is needed of the current Alternative Incarceration Program statute to determine if it is inadvertently creating inequities of access for AICs who are ethnic and/or racial minorities, physically and/or developmentally disabled, and/or severely mentally ill.

The current language of the statute presents a barrier to the restructuring of addiction treatment services in alignment with a chronic disease model. It restrains eligible participants to an acute, end-loaded, episode of care – the current structure of all DOC's addiction treatment programs. It limits the operation of AIPs to minimum custody institutions, which creates access barriers for AICs who are unable to meet that level of custody. This limitation prevents AICs in need of intensive addiction treatment from accessing the clinically appropriate level of care necessary for treatment of their SUD. In order to better understand how these restrictions in access may be impacting DOC's population, the department is interested in conducting a racial equity analysis of AIP eligibility and placement.

The conditions of the statute create an equity issue for DOC. Due to the specifications of rigor required for AIP participants, a subset of DOC's population is limited in their access to SUD treatment: AICs with complex physical or developmental disabilities or severe persistent mental health diagnoses. Outside of the existing AIP-structured treatment programs, there are limited alternative addiction treatment pathways in DOC for these individuals. This area should also be examined to determine if pathways for equitable access may be created by a shift in statute language.

# 2 Forward

The conditions of care are well established for most chronic disorders. Hypertension, diabetes, and asthma require patients to take medication as prescribed, eat healthy, get regular exercise, maintain a healthy weight, manage stress, avoid smoking, track symptoms, and attend regular check-ups. It is common knowledge there is no cure for these illnesses and continuing care will be required for these patients throughout their lives. What is lesser known, is the fact that the relapse rate for these conditions is comparable to the relapse rate for SUDs. In a one-year post-discharge follow-up study, approximately 50 percent of people with SUD relapsed, while approximately 40 percent of people with diabetes and 60 percent of people with asthma or hypertension relapsed.<sup>4</sup>

In the cases of a recurrence of symptoms with diabetes, asthma, or hypertension, the treatment response is to intercede with additional medical care until a remission of symptoms is achieved. The individual patient is not punished for their lack of success in independently managing their condition. These are chronic conditions: there was never an expectation that these patients would be cured after an acute episode of treatment. The treatment approach is not found to be ineffectual because symptoms of the chronic condition returned. In these instances, additional treatment is not denied. Instead, worsening symptoms are met with increased care.

The traditional acute approach to treating SUD has perpetuated the belief that it is somehow distinctly different than other chronic conditions. Historically, treatment has been rendered through a discrete episode of care, after which the treatment recipient is expected to self-manage their way to lifelong abstinence. Criminal justice system-involved persons with SUD have been viewed through an even narrower lens, where desistance from crime and recovery from addiction are expected after an acute

<sup>&</sup>lt;sup>4</sup> See McLellan et al (2000). Drug dependence, a chronic medical illness: Implications for treatment, insurance and outcomes evaluation. *JAMA*, *284*(13), 1689-1695.

episode of prison-based treatment. When relapse or recidivation result, treatment is considered to have been a failure. Indeed, addiction is the only chronic condition where a person is punished for exhibiting symptoms of their disease. With other disorders, we offer additional interventions or supports when a patient experiences a recurrence of problems: a diabetic experiencing glycemic relapse is referred to a nutritionist; and an individual experiencing a sharp increase in their HIV viral load is referred to a medical case manager.

This is the significant paradigm shift that corrections faces to stay consistent with medical science. If the Department is to improve the quality of care for SUD, then the agency must invest in the resources necessary to deliver responsive, individualized, longitudinal treatment. It is "recognizing that recovery from drug use and desistance from crime are processes that take considerable time and effort". <sup>6</sup> If DOC would not withhold the same level of care to a diabetic AIC, then DOC should not diverge in approach for the care of addiction.

What follows in this report reflects an in-depth assessment that was conducted over the last seven months to build a greater understanding of the areas of need and opportunities for growth that exist in DOC's addiction treatment services. This assessment comprised of a review of relevant best practice literature, quantitative data collection, and qualitative research that included: stakeholder focus groups, a digital survey, direct treatment service observations, and experiential screening exercises. The collective understanding generated as a result of this work is the foundation of this report.

# 3 Barriers to Screening and Diagnosis

# 3.1 Background on Current Screening Methods

The current approach utilized by DOC is in alignment with an acute care model. Screenings for possible substance dependency are administered to all AICs, in the beginning of their sentence. There are two steps to this process: 1) the completion of a drug use and dependency screening – the Texas Christian University Drug Screen (TCU-DS); and 2) the administration of a gender-specific criminogenic risk assessment that include domains specific to substance dependency risk. These gender-specific risk assessment tools are the Levels of Service/Case Management Inventory (LS/CMI) and the Women's Risk Needs Assessment (WRNA). Screenings and assessments are conducted at the DOC Intake Center within the first weeks of arrival.

The TCU-DS is the primary tool used to evaluate for treatment need in DOC. It is administered in an intake orientation class, along with a series of other tests and surveys. AICs are provided extremely limited information as to what the purpose of the TCU-DS is or how to interpret the questions. Focus groups of AICs and interviews with intake orientation staff revealed the TCU-DS is perceived as confusing to administer and complete. AICs acknowledged feeling emotionally fatigued after completing the other battery of tests and paperwork, which are received before the TCU-DS. Staff who facilitate the Orientation class receive limited training on the administration of the tool, leading to inconsistencies in how AICs are instructed to complete it. Due to these circumstances, there exists a significant probability that the TCU-DS results are flawed.

<sup>&</sup>lt;sup>5</sup> See Turnbull, P. (2020). The relationship between drugs and crime and its implications for recovery and desistance. In D. Best & C. Colman (Eds.), Strengths-based approaches to crime and substance use: From drugs and crimes to desistance and recovery (pp. 8-22). New York, NY: Routledge.

<sup>&</sup>lt;sup>6 6</sup> Turnbull, P. (2020), p. 18

The score which results from the TCU-DS is converted into a substance abuse risk score (SUB score) and is a primary qualifier for entry into one of DOC's addiction treatment programs. Many AlCs, especially those returning to custody, are aware that the results of this screening tool influence treatment placement and have admitted to manipulating their answers to avoid eligibility. There are no other screening processes currently used to identify risk for substance dependency. There is, however, an additional assessment process utilized at Intake, the Personality Assessment Inventory (PAI). This tool assesses personality and psychopathology to identify mental health conditions for additional evaluation. Within the PAI, there are clinical scales that evaluate for alcohol and drug problems as well as motivation for treatment. At this time, these substance dependency scales are not being utilized to inform SUD treatment placement.

Due to the front-loaded approach DOC uses to manage its substance dependency screening process, SUB scores remain static. Most AICs will never be re-screened for substance dependency using the TCU-DS.<sup>8</sup> This is relevant as this score is a significant factor of consideration in potential placement in one of DOC's addiction treatment programs. AICs with identified alcohol and other drug (AOD) abuse histories are referred to the Treatment Assignment and Screening Committee (TASC) for review of their risk, need, level of motivation, and eligibility factors. The TASC meets weekly and is comprised of stakeholders from Population Management, Behavioral Health Services, and the Correctional Rehabilitation Unit. At the point of review, the SUB score and LS/CMI or WRNA risk/need score(s) are reviewed. In the case where there is discrepancy between a SUB score and risk/need scores, the TASC may request that a Correctional Counselor re-administer the TCU-DS. Given the fact that there is no formalized process of training for the re-administration of this tool, the results are variable. If a revised SUB score is inaccurately calculated, it may lead to placement in an inappropriate level of care. If a readministration does not occur, it may lead to ineligibility for treatment entry.

It is relevant to briefly mention screening and assessment for gambling disorder (GD). Currently, DOC does not screen or assess for GD at intake. A study by the Oregon Health Authority's (OHA) Problem Gambling Services Division found there is an overrepresentation of problem gambling in DOC as compared to the general population in Oregon.<sup>9</sup> Recommendations from this study will be included in the next section.

# 3.2 Aligning Screening and Assessment with a Chronic Disease Approach

# Barrier: Screening and designation of treatment need are time limited.

Screening for possible SUD should be available throughout the entirety of an AICs sentence. A time-limited, front-loaded screening approach may lead to a skewed diagnostic picture. <sup>10</sup> It fails to account for substance abuse problems that develop or worsen while in custody. It overlooks the possibility of inaccurate reporting due to withdrawal of detoxification from substances upon entry into custody. It

<sup>&</sup>lt;sup>7</sup> From AIC focus groups - the reasons for this manipulation varied: low motivation for treatment, hopelessness around a recent relapse that led to re-incarceration, no eligibility for AIP or STTL, influence and social pressure from another AIC.

<sup>&</sup>lt;sup>8</sup> On rare occasions, the Correctional Counselor may opt to conduct a fresh TCU-DS as part of their process of submitting an AIC for treatment eligibility review to the TASC. However, there is not a concrete policy or process for this and most Correctional Counselors have not been trained in administration or scoring of the TCU-DS.

<sup>&</sup>lt;sup>9</sup> See Moore (2018) Problem Gambling Prevalence in the Oregon Criminal Justice System.

<sup>&</sup>lt;sup>10</sup> Given the overrepresentations of COD in the justice system, it is appropriate to default to these practice standards for SUD evaluation. For more, see Substance Abuse and Mental Health Services Administration. *Screening and Assessment of Cooccurring Disorders in the Justice System* (2013); American Psychological Association. *The diagnostic and statistical manual of mental disorders* (5th ed.).

misses the opportunity to capture the change in insight and level of motivation that may occur with the passing of time, and it does not allow time for the stabilization of mental health symptoms, which can reveal a clearer picture of an individual's substance dependency.<sup>11</sup>

# Implementation strategy: Adopt a "no wrong door" approach to screening and assessing for SUD.

This would allow DOC to create multiple pathways to care. Adopting universal precautions at intake, would allow for all adults entering custody to be screened for substance abuse risk. Any screenings that show elevated risk of substance dependency would be referred to a qualified mental health provider for clinical evaluation and a DSM-V diagnosis of SUD, as indicated. After intake, all institutions would have the capacity to administer the screening tool to any AIC who demonstrated need, if the administering staff has received the requisite training. Demonstrated need might include: a positive urinalysis test for drugs, drug overdose, drug possession, AIC self-disclosure of previously unknown addiction history, or provider concern related to past or current substance abuse. If the results of the screening indicate elevated risk, the AIC would be referred to a qualified mental health provider for evaluation and possible diagnosis of SUD. Moving toward an integrative care model would open an additional channel for identification of need, with medical providers using the screening tool to routinely assess patients for possible substance dependency.

# Barrier: Current substance dependency screening tool is no longer a good fit for the population we serve and is not effectively integrated with clinical practices.

DOC is currently using the TCU-DS, second version, which is outdated, as the instrument is now available in a fifth version. While DOC could move forward with implementing this newer version, it not recommended at this time. The instrument has proven complicated to administer and the length of its application in DOC has led to an undesirable outcome where AICs are able to game the results. Best practice literature recommends evaluation for SUD (in alignment with chronic disease models) should be a blended approach: brief screening followed by a more extensive clinical assessment<sup>12</sup>. Due to the length and complexity of the TCU-DS<sup>13</sup>, it no longer seems the appropriate tool to utilize if DOC is to adopt a blended approach.

# Implementation Strategy: Adopt a new screening tool that is empirically-validated for use with corrections populations. Implement a blended screening and assessment approach, which will align with clinical practices to support better diagnosing of SUD.

Since the development of the TCU-DS many other alcohol and substance abuse screening tools and processes have emerged that are empirically validated, with several demonstrating reliability with corrections populations. Screening tools, like the UNCOPE or the CAGE-AID, both recommended by SAMHSA, would be easily adapted in DOC "no wrong door" approach. Their brevity better aligns with a blended approach to diagnosing SUD. This would allow practical application universally at intake and, later in custody. Staff from multiple disciplines may be trained in these screening tools and allow a more integrated approach to addiction treatment. Incorporating such a screening tool into an EHR system would allow ease of access to screening and screening results by multiple providers in support of integrative care. Adoption of a new screener would require acquisition of the tool, training of staff,

<sup>&</sup>lt;sup>11</sup> Ibid. "In order to accurately examine CODs and related issues, these individuals need to be provided a period of detoxification. Even for those in jail or prison, residual effects of substance abuse may cloud the symptom picture for several months after incarceration." (pp. 39)

<sup>&</sup>lt;sup>12</sup> See McLellan, Lewis, O'Brien & Kleber (2000); Prendergast, M., Cartier, J. & Lee, A. B. (2014); Proctor & Hoffman (2016); SAMHSA (2013); Saitz, Larson, LaBelle, Richardson & Samet (2008).

<sup>&</sup>lt;sup>13</sup> The TCU-DS version 5 is 17 questions with 19 sub-categories.

updating of classification processes, and establishment of new referral processes for clinical assessment. Fortunately, cost of these tools is low, as both SAMHSA recommended instruments are public domain<sup>14</sup>.

A universal approach to screening for problem gambling should be adopted. All individuals entering DOC intake would complete the Problem Gambling Severity Index. Those who scored moderate to high for problem gambling would be referred to a Qualified Mental Health Professional (QMHP) for clinical evaluation of a Gambling Disorder (GD). Any individuals diagnosed with a GD would be recommended for problem gambling treatment. These are consistent with the screening and assessment recommendations made to DOC by the OHA Gambling Services Division.

# Barrier: Formal clinical evaluation of SUD is limited and not available to all who score high for substance abuse risk at screening.

A limited number of AICs currently receive a formal, clinical evaluation for SUD. As previously mentioned in the report, at Intake, this is attributable to existing workflow of screening practices, as well as clinical discretion. Later in custody cycles, this limitation is due to no existing practice or process to refer AICs for clinical assessment of SUD. Current ODOC staffing capacity will not allow for an expansion of these services. Creating a workflow to accomplish this would require increased clinical staff hours; this is especially notable in the Intake BHS unit, where they conduct the largest volume of mental health evaluations in our system.

# Implementation Strategy: Create a formalized clinical practice to refer all adults in custody that score high for substance abuse risk at screening to be evaluated by a qualified mental health provider for possible SUD diagnosis.

The Behavioral Health Services unit will need to create a policy and practice for the clinical evaluation of SUD. In institutions where there are no qualified mental health providers on site, arrangements will need to be made to complete the evaluation. To minimize barriers, telemedicine might be considered as an option. A process will also need to be created that allows for the diagnostic code to be entered into DOC tracking system. Following these steps, the SUD diagnosed AIC will be assigned to a Qualified Mental Health Professional for individualized treatment planning.

# Recommendation: Practices for screening and assessment should be trauma-informed and culturally-responsive.

The outcome of screenings and assessments may be influenced by conditions of physical and psychological safety. Given that traumatic experiences are disproportionately represented in the incarcerated population<sup>15</sup>, efforts to reduce retraumatization are critical to screening and assessment practices.<sup>16</sup> Staff in the Intake center and BHS units might consider conducting Trauma-Informed Environment Scans<sup>17</sup> to assist with identifying potential barriers to physical and psychological safety in places where they meet with AICs. Screening and assessment policies and practices should reflect the principles of Trauma-Informed Practice.

Culturally-specific screening and assessment services should be the goal for DOC. At this time, the Intake unit and BHS unit are significantly homogenous, with more than 85 percent of staff identified as white.

<sup>&</sup>lt;sup>14</sup> CAGE-AID and UNCOPE

<sup>&</sup>lt;sup>15</sup> See SAMHSA Screening and assessment of co-occurring disorders in the justice system (2013).

 $<sup>^{16}</sup>$  See SAMHSA Concept of trauma and guidance for a Trauma-Informed Approach (2014).

<sup>&</sup>lt;sup>17</sup> Harris, M. & Fallot, R. Using Trauma Theory to Design Service Systems. New Directions for Mental Health Services (2001).

The racial and ethnic identities of these staff are often not representative of the AICs they serve. While DOC continues its work to diversify staff at all levels in the agency, it must commit to continue to invest in training and support for the cultivation of cultural awareness and humility among staff<sup>18</sup>. Screening instruments and assessment questions must be culturally-relevant and inclusive. When possible, paperwork should be available to AICs in their language of choice. Screening and assessment policies and practices should be responsive to the racial, ethnic, and cultural needs of the AICs.

# 4 Barriers to Treatment

# 4.1 Background on Treatment Approach

Currently, DOC's treatment for SUD and co-occurring disorders (COD) is restricted to an acute episode of care available to qualifying individuals six months prior to their projected release. To qualify for treatment, an individual must meet custody level of the treatment institution, have enough time left on their sentence to complete the program, be found physically and mentally stable enough to withstand the rigors of the program, not be impacted by significant learning disabilities or substantial language barriers, and demonstrate need for SUD treatment by their Automated Criminal Risk Score (ACRS), SUB score ,and LS/CMI or WRNA risk/need scores. Given the challenges inherent in the determination of SUB scoring, the current approach is flawed; it creates the likelihood that treatment access may be restricted for those whose screening at intake was incorrect, incomplete, or inaccurate.

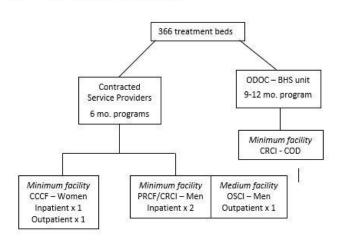
Level of care for treatment placement is largely determined by LS/CMI or WRNA risk scores, jurisdictional records, ACRS, SUB score, and Correctional Counselor recommendation. No American Society of Addiction Medicine (ASAM) assessment is conducted to determine level of care prior to treatment entry. The assignment to one of DOC's treatment programs is made by the TASC, as previously discussed in this report. Assignment to a treatment program does not guarantee placement. DOC does not have enough treatment beds to serve all individuals in need. Once on the waiting list, entry into a program is dependent on a myriad of complex factors, including: bed opening date in relation to place on waiting list, AIP or short-term transitional leave (STTL) window, level of criminogenic risk, level of motivation, institution location, and ability to be transported to treatment institution within timeframe of bed opening.

Once entered in treatment, program staff conduct an ASAM assessment. This assessment is utilized to guide individualized treatment and continue care planning within that prescribed program. Since the program placement, which is fixed in dosage and length, has been pre-determined, the results of the ASAM assessment do not lead to changes in level of care. For example, if the AIC was placed in an intensive outpatient program, but their ASAM assessment shows a residential level of care is needed, they will not be reassigned programs. While this is not in alignment with best practice protocols for level of care determination<sup>19</sup>, DOC is not positioned to provide this level of responsive treatment assignment due to structural restrictions that exist as part of a consequence of program locations, bed space, and time limitations.

<sup>&</sup>lt;sup>18</sup> Curry-Stevens, A., Reyes, M.-E. & Coalition of Communities of Color (2014). Protocol for culturally responsive organizations. Portland, OR: Center to Advance Racial Equity, Portland State University.

<sup>&</sup>lt;sup>19</sup> The goal is for treatment that is outcome-driven where the priority is "person-centered, individualized treatment, responsive to specific needs and progress" as opposed to program-driven, where the diagnosis drives the level of care and placements are fixed lengths of stay. See Mee-Lee, D., Shulman, G., Fishman, M., Gastfriend, D. & Miller, M. (2013)

Figure 1 - ODOC Intensive Treatment Programs



Current placement is limited to DOC's six addiction treatment programs, for a total of 366<sup>20</sup> treatment beds. Treatment duration is set at a range of six to 12 months<sup>21</sup>. All existing programs are housed in minimum custody facilities, except for the men's outpatient treatment program at Oregon State Correctional Institution, which is a medium custody facility. Of the six programs, five are provided by contracted service providers (CSP). These include two men's intensive inpatient programs, located at Powder River Correctional Facility (PRCF) and Columbia River Correctional Institution (CRCI), and two women's programs (one intensive

inpatient and one intensive outpatient) at Coffee Creek Correctional Facility (CCCF). Four out of six operate as modified therapeutic communities; all utilize gender-responsive curricula. Starting in the summer of 2020, DOC will officially open its men's COD program at CRCI. The program will be staffed by Qualified Mental Health Associates (QMHAs) and QMHPs from the Behavioral Health Services unit.

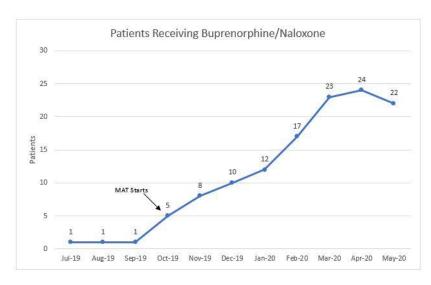
The department recently concluded a pilot study that implemented a peer recovery support model to assist SUD-impacted individuals with recovery-oriented release planning at three institutions; approximately 15 AICs were trained and certified as peer recovery coaches. After the conclusion of the study, the program ended due to limitations in funding. Currently, DOC is using peer supports in two institutions: a) As part of the Reducing Overdose After Release from Incarceration (ROAR) study, in partnership with Oregon Health & Science University, at CCCF<sup>22</sup>; and b) In the program design of our contracted outpatient men's treatment program at OSCI known as Freedom & Recovery.<sup>23</sup> Through ROAR, enrolled women engage in initiation of medication assisted treatment and peer support, with a focus on community-based care for release. The program aims to serve 100 women by the conclusion of the study. The Freedom & Recovery Program trains and certifies recovery mentors to support men enrolled in the treatment program, as well as provide mentoring to men in general population that are seeking recovery pathways. This program has been hugely successful and is a model to look to when considering wider implementation of peer recovery support services.

<sup>&</sup>lt;sup>20</sup> 316 of these beds are currently online. The remaining 50 come online, progressively, with the COD program opening.

<sup>&</sup>lt;sup>21</sup> The SUD treatment programs are 6 months in duration. The COD program is 9 to 12 months with length of stay based on individual acuity and treatment need. 5 of the 6 treatment programs accept AIP candidates.

<sup>&</sup>lt;sup>22</sup> https://news.ohsu.edu/2019/09/11/reducing-the-risk-of-post-incarceration-opioid-overdose-in-women

<sup>&</sup>lt;sup>23</sup> Freedom & Recovery is provided by a Contracted Service Provider and is also DOC's only culturally-specific addiction treatment program.



Since its launch in the summer of 2019, DOC's MAT program has expanded significantly. We are now able to serve AICs at seven institutions across the state. Medical release nurse coordinators work closely with community partners like CODA and Bridgeway to establish continuing care for these patients.

Another current treatment approach is for Gambling Disorder. This treatment is

provided in three DOC institutions by OHA-contracted treatment providers. This 12-week curriculum, Gambling Reduction and Recovery for Incarcerated Persons (GRIP), is currently offered to SUD-treatment enrolled AICs that score moderate to high on the Problem Gambling Severity Index (PGSI). From 2016 to 2018, these groups served a total of 165 AICs.<sup>24</sup>

# 4.2 Aligning Treatment with a Chronic Disease Approach Barrier: Addiction is being treated as an acute condition.

Implementation Strategy: Implement a chronic disease model across DOC for treatment of SUD. Treatment will be individualized, holistic, culturally responsive, and available throughout the custody cycle.

Implementation of a chronic disease model for SUD treatment requires a redesign of the current DOC treatment system. It will need to ensure every AIC is screened and evaluated for SUD, with opportunities for this to occur throughout the custody cycle. While this expanded screening process is likely to increase the number of individuals identified with SUD in custody, the chronic care model affords DOC the opportunity to approach treatment in a way that ultimately reduces a strain on resources. This would be accomplished by directing all SUD-diagnosed AICs through an individualized treatment planning process. Individualizing care is not only the road to best practice for treating addiction as a chronic illness; it is also an opportunity to use distributive principles to better manage population flow through services.

Instead of funneling all SUD-impacted individuals through one available resource, thoughtful treatment planning that begins earlier in the incarceration cycle will allow for care tailored to an AIC's strengths and needs. Individualized care is collaborative and patient-centered. It allows for targeted interventions that may address compounding issues of SUD <sup>25</sup>, including medical comorbidities. For example, an AIC that has significant chronic pain issues due to a debilitating health condition is likely to benefit from a care approach that targets chronic disease self-management and distress tolerance skills before focusing on substance-dependency issues. An additional benefit of this model, is that it creates time for the

<sup>&</sup>lt;sup>24</sup> See WHO *Guidelines for psychosocially assisted pharmacological treatment of Opioid Dependence* (2009); SAMHSA TIP 63 (2018); SAMHSA *Medications for Opioid Use Disorder: TIP series, no. 63 (2018).* 

<sup>&</sup>lt;sup>25</sup> Addressing comorbidities through solution-focused, individualized counseling is a SAMSHA TIP. See SAMHSA (2012).

development of therapeutic alliance between the SUD-impacted individual and clinician, creating earlier opportunities to reduce resistance to treatment; thereby increasing the impact of later interventions. This recommendation of clinician-client centered treatment planning is in alignment with the contextual model recommended in the Criminal Justice Commission's (CJC) 2019 report and findings for Senate Bill 1041.<sup>26</sup>

Barrier: Care for SUD is not integrated across disciplines. The absence of an EHR system makes integrating care difficult.

Implementation Strategy: Treatment of SUD should extend across all levels of care in DOC to be fully integrated. Medical, mental health, and addictions providers will actively collaborate in treatment of SUD, leading to better continuity of care. An EHR system will facilitate seamless sharing of records and enhance collaborative communication.

Integrative approaches create a seamless continuum of care for patients. When medical, mental health, and addictions treatment providers are on the same page, interventions are more impactful. This collaboration and integration are especially critical when medical comorbidities<sup>27</sup> are present<sup>28</sup>. Since the current care model is not integrative, new processes and procedures will need to be established to support the transition. Care integration requires a commitment of time from providers to ensure collaborative communication is consistent and outcome-driven.<sup>29</sup> DOC Medical Services already has established protocols for the ongoing care of chronic illnesses like HIV/AIDS and diabetes that may prove a useful guide in this transition. For example, an AIC with hepatitis is seen as part of a special needs review at a predetermined period for an evaluation of their progress in care. For further oversight, the AIC will also meet with a Chronic Disease Specialist once a year for higher level review of their care. This is a process that could be useful for the management of SUD as a chronic illness. In particular, the department would benefit from hiring an Addiction Medicine Physician to assist with oversight of this substantial expansion of complex care for SUD.

Implementation of an EHR system is critical to facilitate the collaborative communication and information sharing necessary to integrative care. It supports effective decision-making by keeping all providers up to date on the patient's care and needs.<sup>30</sup> DOC is currently in the early planning phases of implementing an EHR. Systemwide implementation will be necessary for the success of an integrative care model.

Barrier: The limited number of treatment beds and location of programs hinders entry for many.

There are not enough treatment beds to meet the needs of individuals with SUD in DOC. The number of available beds for men has decreased by 133 over the last five years. While the opening of the COD program at CRCI is a gain for an underserved segment of our population, it comes with the removal of 50 men's outpatient treatment beds from the system. While CCCF has not lost treatment beds, the need for SUD treatment continues to outpace the availability of slots. Additionally, an availability of only end-of-sentence program beds is out of alignment with a chronic disease approach to treating SUDs.

<sup>&</sup>lt;sup>26</sup> Oregon Criminal Justice Commission. (2019). *Analysis of Oregon's publicly funded substance abuse treatment system*, pp. 41-42.

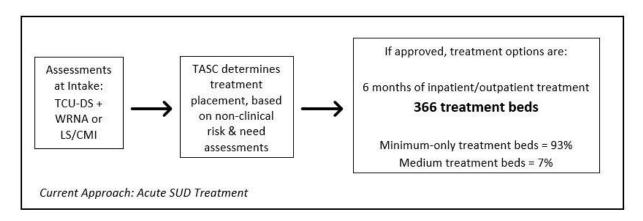
<sup>&</sup>lt;sup>27</sup> Comorbid medical conditions and co-occurring mental health diagnoses are a common factor with the adults in our custody.

<sup>&</sup>lt;sup>28</sup> See Weisner, et al. (2001). Integrating primary medical care with addiction treatment: a randomized controlled trial.

<sup>&</sup>lt;sup>29</sup> See SAMSHA-HRSA (2013). *Innovations in Addictions Treatment.* 

<sup>30</sup> Ibid.

The location of treatment programs presents a barrier to effective treatment of SUD. Rather than appropriate level of care placements being made based on identified service need, many are determined based on population management factors. For example: the only intensive inpatient programs for men are in minimum custody facilities. If an AIC with higher risk or need is recommended for intensive inpatient treatment, but he is unable to attain minimum custody classification, he will be denied entry into the most appropriate level of care for him. The likely treatment alternative would be placement in a lower level of care in the men's outpatient program. The reverse is true for a minimum custody-eligible AIC – if he is recommended for an outpatient level of care, he will be placed in an intensive inpatient program due to his lower custody level.



A similar problem exists for female AICs because the only existing treatment programs are in the minimum custody facility at CCCF. In order to qualify for treatment, a woman must attain minimum custody classification. If she cannot achieve this, then she will receive no SUD treatment. An additional complicating factor is that intensive mental health services are only available in the medium facility (CCCM). Given women (especially women of color) are disproportionately represented with trauma, addiction, and mental health comorbidities, limiting their pathway to access care presents an equity and ethics issue. <sup>31</sup> There is currently no COD treatment program for women in DOC.

Implementation Strategy: Expand treatment services to be available in as many ODOC institutions as possible. Treatment services will be holistic, professionally-driven and diversified to include other evidence-informed modalities of care.

In order to effectively serve more SUD-impacted AICs in alignment with a chronic disease approach, DOC will need to diversify its treatment offerings. This should include the creation of a COD treatment program for women in CCCF, so that this underserved population can access the intensive treatment support that it needs. It should retain the existing menu of intensive pre-release treatment programs, however, determinations for eligibility entry should be broadened to include professionally-driven clinical recommendations for level of care. Recommended additional modalities for inclusion are: Computer-assisted treatment, brief-duration treatment groups, gambling disorder treatment groups, expanded mutual aid group offerings and the development of statewide Peer-Based Recovery Services across as many institutions as possible.

<sup>&</sup>lt;sup>31</sup> See Najavits, et al (1997) *The link between substance abuse and posttraumatic stress disorder in women*; Myers, et al (2014) *Associations between childhood adversity, adult stressful events, and past-year drug use disorders.* 

As the Multi-modal SUD Treatment diagram illustrates, once an individual is diagnosed with a SUD, they would work with a QMHP to develop an individualized treatment plan. That plan may initially involve only working with a QMHP on individualized treatment counseling, which is what the return arrow on the diagram indicates – that the work with that clinician is ongoing. More likely, however, they will be connected to at least one, if not more, SUD treatment modalities. These modalities are listed in the

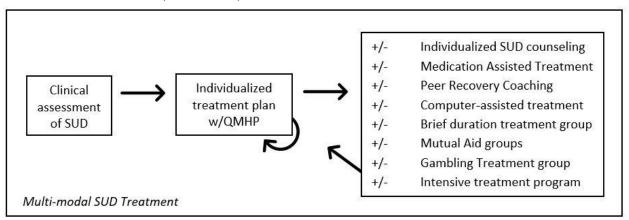


diagram with minus and plus signs next to them to indicate that each intervention could be added or eliminated from an individualized treatment plan. In keeping with best practices, every SUD-impacted individual would need to have an ongoing review of their treatment plan – to evaluate progress and determine if additional interventions are needed or changes to the plan are necessary. This is indicated by the arrow drawing out from the intervention box back to the QMHP. Centralizing work with BHS clinicians streamlines treatment planning and ensures that services are professionally-driven.

Additional background on several of these treatment modalities is provided below.

# **4.3 Peer Recovery Support Services**

DOC sees the introduction of Peer Recovery Supports as one of the most critical steps to laying the foundation for the shift to a chronic disease approach to treating SUD. It expands pathways to recovery to include care that is non-hierarchical, empowerment-based, culturally-responsive, and reciprocal. One of the greatest assets of Peer Coaching is that it is reciprocal: the coach gains as much from the helping relationship as the mentee receiving it. In a closed system, like corrections, the impact reverberates even further. There is a "positive contagion of hope" that is created when transformative change is role-modeled for others.

Peer Coaches can assist mentees with:

- Setting recovery goals
- Identifying institutional resources to assist with behavioral goals
- Helping to learn about and integrate into recovery culture
- Coping with difficult emotions
- Practicing social skills and problem solving for difficult situations
- Exploring education and employment pathways
- Assisting with recovery action planning
- Offering instrumental support with release and transition processes

<sup>&</sup>lt;sup>32</sup> See Best et al (2020), pp. 88.

Incorporated into a continuum of care for SUD, Peer Coaches may be utilized to intercede at multiple points on a person's recovery pathway: pre-treatment to strengthen motivation for change; between treatment interventions to maintain engagement with recovery skills; or post-treatment to support transition processes and relapse prevention planning. Peer Coaching is a treatment modality that may be added to an AICs individualized treatment plan. With a goal of implementing Peer Support Services across 11 institutions, approximately 110 AICs would need to be identified and trained. Each institution would have a supervising Qualified Mental Health Associate (QMHA) that would provide the operational support and ongoing skill-based supervision for these Peer Coaches. In addition to carrying a caseload of mentees, these Peer Coaches would co-facilitate Brief-Duration Treatment Groups with their supervising QMHA.

A strength of this proposed model is the high level of oversight that the supervising QMHAs would provide to the Peer Coaches. This helps to address a general concern of peer programs in a correctional environment: that the potential for exploitation or manipulation exists between the AIC Coach and the AIC Mentee. Having a dedicated staff that is present, on-site, with the Peers is a key part of this. Additionally, the supervising QMHA would conduct regular observations of Peer Coach and Mentee meetings and would conduct regular, intensive individual and group supervision.

Evidence for the positive impact of the integration of Peer Recovery Supports in the SUD care continuum is strong. Empirically-validated research demonstrates that Peer Mentoring reduces substance use, improves relationships between patients and their treatment providers, increases treatment retention, decreases criminal justice system involvement, reduces relapse rates and increases social functioning.<sup>33</sup> The capacity of ODOC's treatment system would be substantially expanded with the addition of a strong Peer Recovery Support network: more SUD-impacted individuals could be served the care continuum would be lengthened.

### 4.4 Brief Duration Groups

Research shows that when brief-duration addiction interventions are introduced in treatment systems of care, they reduce risk, increase retention, and enhance motivation. These groups assist SUD-impacted individuals with setting behavioral goals and building up the skills necessary to achieve them. Engagement in group-based, recovery-oriented learning builds community and cultivates opportunities to feel hopeful about making life changes.<sup>34</sup> Adopting these interventions into DOC's system of care for SUD treatment would further expand the available recovery care pathways available to AICs. Possible groups that ODOC might offer, include: Chronic Disease Self-Management, Cognitive Behavior Therapy (CBT) or Dialectical Behavior Therapy (DBT) -based coping skill, psychoeducational groups focused on social skills development and problem-solving skills, Gambling Education and Reduction, and risk-reduction education. Treatment dosage might range anywhere from 14-days, to 45-days, to 60-days maximum. Integrative care providers would be able to refer to one or more groups based on the unique needs of the AIC and their individualized treatment goals. These groups may also be used to add-on additional treatment support when an AIC experiences a relapse or is struggling with behavioral problems in the institution. These groups could be co-facilitated by Peer Recovery Coaches, QMHAs, or member of the integrative care team.

<sup>&</sup>lt;sup>33</sup> See SAMHSA (2009) What are peer recovery support services?; Ashford et al (2019) Building recovery ready communities

<sup>&</sup>lt;sup>34</sup> See SAMHSA Brief Interventions and Brief Therapies for Substance Abuse - Treatment Improvement Protocol Series, No. 34; Hunter (2014) *Defining Recovery-Oriented Systems of Care* 

# 4.5 Gambling Treatment Groups

As recommended in the OHA Problem Gambling Services report, all AICs diagnosed with a Gambling Disorder would be placed on a treatment pathway. The need for treatment is significant across our institutions, with notable severity in our female population: the study found that 61.2-70.4% of women were at high risk for serious problems associated with their gambling, as compared to 21.6-28.8% of men.<sup>35</sup> Treatment groups should expand to as many ODOC facilities as possible, with a priority focus on expanding services to CCCM first. Implementation cost would be low since the GRIP program would be provided by OHA-funded-contractors.

## 4.6 Medication Assisted Treatment

DOC has implemented Medication Assisted Treatment (MAT) across 7 institutions. The need for this treatment modality continues to grow. With this need comes increased cost, both in medication and the increased need for licensed and waivered providers. An expansion of available treatment counseling supports for MAT-engaged AICs would be beneficial. While connecting individuals with OUD to MAT services is a critical component of care, best practice standards recommend that it not be a singularity, and that individualized counseling and treatment are still made available.<sup>36</sup>

# 4.7 Computer-assisted Treatment

The utilization of computer-assisted treatment extends the reach of chronic care for SUD and COD. These services have the potential to bring individualized treatment to more people at a wider number of institutions. For example, medium custody facilities which are underrepresented with addictions programming could now deliver impactful SUD treatment to a population previously untargeted for care. Computer-assisted treatment increases flexibility in care due to being user-driven; access can occur at more periods in the day/week than in-person services might be available, which frees up clinician time. The treatment intervention itself is strengthened by its standardization, removing concerns about fidelity practices. A notable strength of computer-assisted addiction treatment serves is its cumulative effect on skill-development. Treatment planning could target the remediation of cognitive impairment early on in an AICs continuum of care, setting the conditions for stronger impacts of addiction treatment services to follow.

A variety of software exists that could be incorporated into the corrections-setting: cognitive-behavioral therapy programs like CBT4CBT<sup>37</sup>, cognitive enhancement programs like PSSCogRehab<sup>38</sup>, or cognitive remediation programs like COGPACK<sup>39</sup>. All have applications with SUD-impacted or COD-impacted populations. Randomized control trials of the computer-assisted cognitive-behavioral addiction therapy, CBT4CBT, show promising results. This intervention demonstrates measurable improvement in areas of cognitive impairment related to treatment response, specifically: inhibition, cognitive flexibility, memory, learning and attention<sup>40</sup>. Outcome measurements show reduction in substance use and longer

<sup>&</sup>lt;sup>35</sup> See Moore (2018). Problem gambling prevalence in the Oregon Criminal Justice System, pp. 13.

<sup>&</sup>lt;sup>36</sup> See SAMHSA (2018) *Medications for Opioid Use Disorder: TIP series, no. 63.* It should be noted that counseling should never be an "arbitrarily required as a condition for receiving OUD medication." (pp. 216)

<sup>&</sup>lt;sup>37</sup> See https://cbt4cbt.com/

<sup>&</sup>lt;sup>38</sup> See http://www.psychological-software.com/psscogrehab---english.html

<sup>&</sup>lt;sup>39</sup> See http://www.cogpack.com/USA/frames.htm

<sup>&</sup>lt;sup>40</sup> Carroll, K. M., Kiluk, B. D., Nich, C., Babuscio, T. A., Brewer, J. A., Potenza, M. N., Ball, S. A...(2011). Cognitive function and treatment response in a randomized clinical trial of computer-based training in Cognitive-Behavioral Therapy. *Substance Use & Misuse*, *46*(1), 23-34.

periods of abstinence<sup>41</sup>. Topics covered in the program include: understanding and changing patterns of substance abuse, coping with craving, refusing offers of alcohol and drugs, problem solving, decision-making, identifying and changing thoughts about substance use.

# Recommendation: Treatment services should be trauma-informed and culturally-responsive.

BHS treatment staff should be provided ongoing training and supervision toward the cultivation of their Trauma-Informed Care (TIC) skills. Clinical interactions should be attuned to prevent retraumatization, with special attention paid to the stigmatizing experiences that individuals with SUDs often face, most especially communities of color.<sup>42</sup> Treatment curricula should be evaluated for alignment with the principles of TIC and for cultural responsivity factors. Individualized treatment planning should be trauma-responsive and culturally-relevant. Whenever possible, AICs should be allowed the choice to work with staff of shared racial, ethnic or cultural identity. Given recent data which showed that African Americans were 77% less likely than their White counterparts to get the access that they need to MAT, DOC should pay close attention to the presence of such racial disparities in institutional access to MAT for OUD<sup>43</sup>.

At this time, staff in the treatment programs and BHS unit are significantly homogenous, with more than 85% of staff identified as white. The racial and ethnic identities of these staff are often not representative of the AICs that they serve. While the department continues its work to diversify staff at all levels in the agency, it must also commit to transformative learning and support for the cultivation of cultural awareness and racial equity. As part of this work, the Health Services and Behavioral Health Services units should consider conducting an equity assessment to inform meaningful change around diversity and inclusion.

# 5 Barriers to Continuing Care

# 5.1 Background on Continuing Care Approach

For an AIC enrolled in one of ODOC's intensive addiction treatment programs, their release planning is currently a collaboration between the Institution Release Counselor, the assigned Parole/Probation Officer (PO), and treatment program staff. There is no exact task delineation, as processes can vary by County. In most cases, the PO is the gatekeeper for housing. They will approve or not approve private addresses provided by an AIC. If a private residence is not an option or cannot be approved, the PO may recommend a sober-living transitional home, like an Oxford House. In some counties, there are no sober-living homes or transition centers. In these cases, it is not unusual to see an AIC be approved to release to a homeless shelter.

Addiction treatment aftercare is similarly organized. Treatment programs will recommend what type and dosage of aftercare is appropriate for the AIC, but the PO typically makes the determination as to what amount of treatment an AIC will need to complete to comply with conditions of their supervision. Often, attendance at mutual aid meetings and attending 30-60 days of outpatient treatment is required.

<sup>&</sup>lt;sup>41</sup> See Olmstead, T. A., Ostrow, C. D., & Carroll, K. M. (2010). Cost-effectiveness of computer-assisted training in cognitive-behavioral therapy as an adjunct to standard care for addiction. *Drug and alcohol dependence*, *110*(3), 200-207.

<sup>&</sup>lt;sup>42</sup> See Substance Abuse and Mental Health Services Administration. (2013).

<sup>&</sup>lt;sup>43</sup> See American Medical Association article, Nov. 2019: https://www.ama-assn.org/delivering-care/opioids/black-patients-less-likely-get-treatment-opioid-use-disorder

<sup>&</sup>lt;sup>44</sup> See Curry-Stevens, A., Reyes, M.-E. & Coalition of Communities of Color (2014).

Not every county has available treatment services to attend. Insurance may also be a barrier to aftercare treatment entry. Some providers will not accept the Oregon Health Plan (OHP). ODOC assists AICs with applying for OHP prior to release, but sometimes the system is back-logged and they can't obtain their card and policy number until several weeks after release.

For AICs with substance dependency that do not enter an intensive treatment program, there is limited ODOC coordination of care, unless they are enrolled in MAT services at the time of their release. (These AICs receive extensive release planning care coordination facilitated by ODOC Medical staff.) The Institutional Release Counselor and PO will collaborate on transition plans for these non-treatment-enrolled AICs. If services are available, the PO will coordinate SUD treatment upon release. Housing options are limited to approved addresses and transition centers. Generally, sober-living transition homes are not open to take candidates that didn't complete addiction treatment prior to release from prison. Homeless shelters are also an option utilized for this group of AICs.

ODOC has incomplete information on what the process is for accessing Peer Recovery Mentors prior to release as part of the continuum of care for SUD. Peer Mentoring services are often provided by community-based non-profit agencies and AIC access is limited to the counties where such services are available. A few of the CSP Treatment programs have established partnerships with such agencies and are able to connect their treatment participants with a peer prior to release. This tends to be limited to the Portland metro area and the I-5 corridor. An additional exception is for women that are enrolled in the ROAR program pilot. The MAT-initiated participants of the program are connected with a peer mentor prior to release.

# 5.2 Aligning Continuing Care with a Chronic Disease Approach

Barrier: Limited resources make it difficult to provide assertive linkages to community care.

There is current disparity in the continuing care process for SUD-impacted individuals. Individuals enrolled in one of the treatment programs get support with accessing a community care continuum, while the unenrolled receive the same level of transition planning support as a non-substance-dependent AIC. General population coordination of addiction treatment aftercare is very limited. DOC does not have the resources to provide a higher-level of continuing care for the full substance dependent population. It would take an increase in staff to facilitate a higher-level of care coordination.

Continuing care planning with Oregon's 34 independently-run counties<sup>45</sup> is a challenge. This challenge is attributable to the lack of consistent, available resources to transition AICs into for long-term recovery management. Due to resource scarcity, strong collaboration between DOC and community corrections will be more important than ever if a chronic disease approach to addiction treatment is to be implemented. Results from a survey distributed to Community Corrections Directors and supervisors across the state of Oregon<sup>46</sup> indicated a desire for increased collaboration with and support from DOC is desired across counties – with over 43 percent of respondents indicated it as a high priority. This speaks to the value of this partnership to ensure success in the implementation of a chronic disease addiction treatment model in Oregon.

<sup>&</sup>lt;sup>45</sup> 2 of the 36 Oregon counties are under the authority of the Oregon Department of Corrections.

<sup>&</sup>lt;sup>46</sup> A 5-question Survey Monkey was distributed to 94 Community Corrections Directors and Supervisors in late April of 2020 via interagency email. A total of 32 individuals responded to the survey. These responses were analyzed and contributed to the continuing care barriers and recommendations provided in this report.

Strategy: Designate Recovery Care Coordinators for each institution. These staff will work with SUD-diagnosed AICs to develop individualized recovery care pathways prior to release, partnering with institution release counselors and Community Corrections staff to establish assertive linkages to continuing care.

In keeping with the best practices for chronic disease management, continuing care planning for release should be individualized and intensive. It should go beyond treatment referrals and aftercare recommendations to actively establish linkages for holistic, ongoing care in the community before an AIC releases back to the community. Supporting SUD recovery requires the consideration of medical and mental health comorbidities, stable housing, and economic mobility.<sup>47</sup> These are not typically areas that receive much focus (beyond a 30-day picture) as part of addiction treatment release planning. However, research shows that these factors are all high predictors for relapse if destabilized.<sup>48</sup>

Chronic Disease Care Management is now being used as a model to inform the design for assertive continuing care of SUD. It is a medicalized approach to manage chronic conditions that creates integrative linkages between providers and systems to reduce barriers to care. 49 Serving in a centralizing role on the team is the Care Manager (or Care Coordinator), who collaborates directly with the patient to reduce barriers to care and establish linkages for follow-up. Drawing from this model, DOC could integrate Recovery Care Coordinators into the release planning process for SUD-impacted individuals that have not entered an intensive treatment program. Filling these roles would be qualified medical and mental health providers with backgrounds in addiction treatment and care coordination. Designated Care Coordinators would be identified for each institution to reduce barriers to communication among the many stakeholders involved in release planning. The coordinator would work collaboratively with the SUD-impacted AIC to develop an individualized recovery care plan. This plan would serve as the roadmap for the establishment of community care continuity. For example, Care Coordinators would get initial appointments scheduled for the AIC for their follow-up care for MAT, mental health, and other required care. Instead of leaving prison with referrals for ongoing care, an AIC would leave with program intakes already completed, and scheduled appointments. When linkages to ongoing care are strong, there is increased success in recovery maintenance after release. This proactive approach to establish continued care for releasing AICs would be done in collaboration with community corrections and could help alleviate the initial workload for Parole Officers (PO) who will be supervising the AICs in the community.

A secondary component of the Care Coordinator's duties would be to engage in ongoing follow up care for up to 90 days<sup>50</sup> after the AIC releases from DOC. Using the empirically-validated Recovery Management Checkup (RMC) protocol, the Coordinator would engage in regular check-ups by telephone with the AIC to assess early evidence of problems. Instead of relying on the patient to notice symptoms and ask for help, the RMC is pro-active, using assessment instruments designed to capture ambivalence about recovery and potential relapse risk. When relapse occurs, the coordinator makes connections to quickly get the participant re-engaged with services, including possible treatment readmission. This would be done in close collaboration with the supervising PO.

<sup>&</sup>lt;sup>47</sup> See McLellan, et al (2014) Can Substance Use Disorders be Managed Using the Chronic Care Model?; Saitz, et al (2008).

<sup>&</sup>lt;sup>48</sup> See Scott, et al (2005) *Utilizing Recovery Management Checkups to shorten the cycle of relapse, treatment reentry and recovery.* 

<sup>&</sup>lt;sup>49</sup> Saitz, et al (2008).

<sup>&</sup>lt;sup>50</sup> RMCs were designed for long-term engagement and retention, with most implementations lasting 2 to 4 years. However, research evaluations have measured positive outcomes in RMCs as short as 90 days.

Research evaluations have identified positive outcomes within 90 days of RMC engagement. Naturally, the benefits of the model increase the longer is it utilized. Outcome studies have shown that the protocol<sup>51</sup>:

- Reduced time to substance abuse treatment readmissions;
- Contributed to enhanced treatment participation and attendance;
- Reduced instances of substance use; and
- Increased abstinence.

## Barrier: There is great disparity of available treatment services across Oregon counties.

The results of the survey of DOC's community corrections partners, showed a unified commitment with DOC in regard to implementing a chronic disease approach to SUD treatment. Ninety-three percent of respondents indicated their communities were in support of MAT services and 87 percent indicated community support for the peer recovery mentor model. This alignment toward a chronic disease treatment approach is encouraging. It indicates barriers to continuing care for SUD in the community are not about philosophical disagreement with approaches to addiction treatment. Instead, the survey revealed more study needs to be done on potential system integration issues and root causes for barriers as identified by the community corrections survey respondents. The primary structural barriers to re-entry identified include a lack of available treatment program slots and a lack of enough transitional, sober housing beds to meet need. Multiple survey respondents indicated insurance limitations are also a barrier to access of care for individuals they supervise. Further investigation is needed of these reported barriers, to understand the root cause of the access issues.

Reported areas for further exploration and analysis are:

- Difficulty accessing inpatient treatment programs and co-occurring treatment programs, particularly in rural counties;
- Lack of safe, sober transitional housing (primarily outside of the Willamette Valley);
- Challenge in accessing inpatient treatment beds for individuals without insurance or those with OHP; and
- Limited Medicare coverage for treatment, especially inpatient level of care (identified as a problem on the rise, due to the aging of DOC's corrections population).

Given longitudinal care is necessary to the successful management of SUD, it is concerning that community-based treatment resources continue to be difficult to access, especially in Oregon's rural counties. Without an appropriate continuum of care in the community, advances made in prison-based treatment will be lost.

Strategy: Partner with Community Corrections and Medicaid Coordinated Care Organizations to advocate for expansion of services, with a focus on rural and high-poverty counties. Utilize institution Recovery Care Coordinators to develop stronger relationships with community providers, including linkages to Federally Qualified Health Centers and community-based recovery organizations.

Partnering to address the substantial gaps in care in our Organ communities must be a priority for

Partnering to address the substantial gaps in care in our Oregon communities must be a priority for ODOC. Systemic failures in state insurance processes must be reviewed. As this report details, if there is to be an effort toward assertive continuing care for SUD-impacted AICs, there must be available services to connect them with. If we, as a state, are committed to this paradigm shift, we must not divest from

<sup>&</sup>lt;sup>51</sup> Scott, Dennis & Foss (2005); Dennis & Scott (2012); Dennis, Scott & Laudet (2014)

the resources necessary to support transitioning individuals with the long-term management of their chronic condition.

# **6 Summary of Policy Recommendations**

# 1. Increased funding for DOC addiction and mental health treatment services

- a. Additional staffing across all stages of care: screening, assessment, treatment, transition, ad continued care
  - 1. Qualified mental health providers for clinical assessment and diagnosing, individualized treatment planning, expanded COD treatment programs
  - 2. QMHAs for Recovery Care Coordination, COD treatment, brief-duration treatment groups, Peer Recovery Support Services program coordination and Peer Coach supervision
  - 3. Addictions Medicine Specialist, MD
- b. Operational costs to support additional staff and services
  - 1. Computers, phone lines, supplies
  - 2. Training
  - 3. Institution supervision and AIC management
  - 4. PRAS Points for Peer Recovery Coaches
- c. Materials costs to build up new programs and services:
  - 1. Software and hardware for computer-assisted treatment
  - 2. Curricula for brief-duration SUD treatment groups
  - 3. Training and support materials for Peer Recovery Coaches

In order to reduce barriers to treatment access for AICs with SUD in DOC, there will need to be an expansion of services. As detailed in this report, this expansion would extend the reach of treatment beyond the current approach of acute, group-based care at the end of AIC sentences. In alignment with a chronic disease approach, this expansion of services will be individualized, holistic, multi-modal, culturally-responsive, and incorporative of peer-based recovery coaching. This service expansion will require an increase in staffing across all stages of care. With additional staff, programs, and AICs to serve, there will be increased operational costs.

# 2. Increased funding for community-based addiction and mental health treatment:

- Expansion of community-based SUD and COD treatment programs/services for individuals transitioning from DOC custody, with a focus on economically-disadvantaged counties and rural counties:
  - 1. More access to inpatient treatment beds
  - 2. Growth of outpatient treatment services
  - 3. Continued expansion of access to MAT
- b. Continued support and expansion of peer-based recovery support services, with a focus on growing these services in rural counties
- c. Expanded investment in recovery-based transitional homes and beds, with a focus on economically-disadvantaged and rural counties

Preparing AICs with SUD for a supportive transition into community care continues to be a challenging task for DOC treatment programs and institution staff. The extensiveness of planning for ongoing recovery management supports is often dependent on how resource-rich or resource-deprived the area is. In the direst of cases, there are no services to refer to – counties with no inpatient treatment programs or no transitional housing beyond a homeless shelter. As this report details, if there is to be an effort toward assertive continued care for SUD-impacted AICs, there must be available services to connect them with. If Oregon is committed to this paradigm shift, we must not divest from the resources necessary to support transitioning individuals with the long-term management of their chronic condition.

# 3. In-depth evaluation is needed of the current AIP statute to determine if it is inadvertently creating inequities of access for AICs who are ethnic or racial minorities, physically or developmentally disabled, or severely mentally ill.

The conditions of this statute present a barrier to the restructuring of addiction treatment services in alignment with a chronic disease model. The statute restrains eligible participants to an acute, endloaded, episode of care -the current structure of all DOC's addiction treatment programs. Whether an AIC is AIP-eligible, STTL-eligible, or day-for-day, they enter the same treatment program with the rigorous 14-hour day structure dictated by statute.<sup>52</sup> Operation of AIPs is limited to minimum custody institutions, which creates access barriers for AICs that are unable to meet that level of custody. This limitation prevents AICs in need of intensive addiction treatment from accessing the clinically appropriate level of care. In order to better understand how these restrictions in access may be impacting the AIC population, DOC is interested in conducting a racial equity analysis of AIP eligibility and placement.

The statutory language creates an additional equity issue for the department. Due to the specifications of rigor required for AIP participants, a subset of the population is limited in access to SUD treatment to include AICs with complex physical or developmental disabilities, or severe persistent mental health diagnoses. Without AIP eligibility, there are limited alternative addiction treatment pathways in DOC for these individuals.53

### Prepared by and agency contact:

Meredith Olson-Goldsby, BHS Operations Manager **Oregon Department of Corrections Health Services** 

Cell: 503-378-2473

Meredith.I.Olson-Goldsby@doc.state.or.us

<sup>&</sup>lt;sup>52</sup> The single exception to this rule is DOC's one men's outpatient treatment program at OSCI, which does not accept AIP participants.

<sup>&</sup>lt;sup>53</sup> 2020 marks the opening of a men's COD treatment program in DOC that will be able to serve some of these individuals previously ineligible for other programs. However, there is no women's equivalent of COD treatment currently. There is no current SUD treatment pathway for developmentally disabled AICs.

Acronyms

AIC Adults in Custody

AIP Alternative Incarceration Program

AOD Alcohol and other drugs

ASAM American Society of Addiction Medicine

BHS Behavioral Health Services

CADC Certified Alcohol and Drug Counselor

CCCF Coffee Creek Correctional Facility - Minimum

CCCM Coffee Creek Correctional Facility – Medium

CJC (Oregon) Criminal Justice Commission

COD Co-Occurring Disorder

CRCI Columbia River Correctional Institution

CRM Certified Recovery Mentor

CSP Contracted Service Provider

DSM Diagnostic and Statistical Manual of Mental Disorders

FQHC Federally Qualified Health Centers

GRIP Gambling Reduction and Recovery for Incarcerated Persons

GNC Gender Non-conforming

GP General Population

LS/CMI Level of Service/Case Management Inventory

MAT Medication Assisted Treatment

ODOC Oregon Department of Corrections

OHA Oregon Health Authority

OHP Oregon Health Plan

OSCI Oregon State Correctional Institution

PGSI Problem Gambling Severity Index

PO Parole/Probation Officer

PRAS Performance Recognition and Award System

PRC Peer Recovery Coach

PRCF Powder River Correctional Facility

PRSS Peer Recovery Support Services

QMHA Qualified Mental Health Associate

QMHP Qualified Mental Health Professional

RMC Recovery Management Check-up

SAMHSA Substance Abuse and Mental Health Services Administration

SUD Substance Use Disorder

TCU-DS Texas Christian University Drug Screen

TIC Trauma Informed Care

TIP Treatment Improvement Protocol

WRNA Women's Risk Need Assessment

# References

- Ashford, R. D., Brown, A. M., Ryding, R. & Curtis, B. (2020). Building recovery ready communities: The recovery ready ecosystem model and community framework. *Addiction Research & Theory*, 28(1), 1-11. doi: https://doi.org/10.1080/16066359.2019.1571191
- Best, D., Colman, C., Vanderplasschen, W., Vander Laenen, F., Irving, J., Edwards, M. & Hamer, R...(2020). How do mechanisms of behaviour change in addiction recovery apply to desistance from offending? Learning lessons from the REC-PATH programme of work. In D. Best & C. Colman (Eds.), Strengths-Based approaches to crime and substance abuse: From drugs and crime to desistance and recovery (pp. 86-102). New York, NY: Routledge.
- Caroll, K. M., Ball, S. A., Martino, S., Nich, C., Babuscio, T. A., Nuro, K. F., Gordon, M. A...(2008).

  Computer-assisted delivery of Cognitive-Behavioral Therapy for addiction: A randomized trial of CBT4CBT. *American Journal of Psychiatry*, 165(7), 881-888. Retrieved:

  https://ajp.psychiatryonline.org/doi/full/10.1176/appi.ajp.2008.07111835
- Carroll, K. M., Kiluk, B. D., Nich, C., Babuscio, T. A., Brewer, J. A., Potenza, M. N., Ball, S. A...(2011). Cognitive function and treatment response in a randomized clinical trial of computer-based training in Cognitive-Behavioral Therapy. *Substance Use & Misuse*, *46*(1), 23-34. doi: 10.3109/10826084.2011.521069
- Curry-Stevens, A., Reyes, M.-E. & Coalition of Communities of Color (2014). Protocol for culturally responsive organizations. Portland, OR: Center to Advance Racial Equity, Portland State University. Retrieved from: https://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi? article=1012&context=care\_pubs
- Dennis, M. L. & Scott, C. K. (2007). Managing addiction as a chronic condition. *Addiction Science & Clinical Practice*, 4(1), 45-55. doi: 10.1151/ascp074145
- Dennis, M. L. & Scott, C. K. (2012). Four-year outcomes from the Early Re-Intervention (ERI) experiment using Recovery Management Check-Ups (RMC). *Drug & Alcohol Dependency*, 121(1-2), 10-17. doi: 10.1016/j.drugalcdep.2011.07.026
- Dennis, M. L., Scott, C. K. & Laudet, A. (2014). Beyond bricks and mortar: Recent research on SUD recovery management. *Current Psychiatry Reports, 16*(4), 442-452. doi: 10.1007/s11920-014-0442-3.
- Harris, M. & Fallot, R. (Eds.) (2001). Using trauma theory to design service systems: New directions for mental health services. San Francisco: Jossey-Bass.
- Hunter, C. A. (2014, April 3). *Defining Recovery-Oriented Systems of Care* [Webinar Slides]. NAADAC. Retrieved from: https://www.naadac.org/assets/2416/20140403\_defining\_recoveryrosc\_webinarslides.pdf
- Kaplan, L., *The Role of Recovery Support Services in Recovery-Oriented Systems of Care.*DHHS Publication No. (SMA) 08-4315. Rockville, MD: Center for Substance Abuse
  Treatment, Substance Abuse and Mental Health Services Administration, 2008.

- Kiluk, B. D., Sugarman, D. E., Nich, C., Gibbons, C. J., Martino, S., Rounsaville, B. J. & Carroll, K. M. (2011). A methodological analysis of randomized clinical trials of computer-assisted therapies for psychiatric disorders: Toward improved standards for an emerging field. *American Journal of Psychiatry*, 168(8), 790-799. Retrieved from: https://ajp.psychiatryonline.org/doi/full/10.1176/ appi.ajp.2011.10101443
- Kougiali, Z. G., Fasulo, A., Needs, A., & Van Laar, D. (2017). Planting the seeds of change: Directionality in the narrative construction of recovery from addiction. *Psychology & Health*, *32*(6), 639-664.
- Ludwig, A. S., & Peters, R. H. (2014). Medication-assisted treatment for opioid use disorders in correctional settings: An ethics review. *International Journal of Drug Policy*, 25(6), 1041-1046. doi: 10.1016/j.drugpo.2014.08.015
- McLellan, A. T., Lewis, D. C., O'Brien, C. P. & Kleber, H. D. (2000). Drug dependence, a chronic medical illness: Implications for treatment, insurance and outcomes evaluation. *JAMA*, 284(13), 1689-1695. doi: 10.1001/jama.284.13.1689
- McLellan, A. T., Starrels, J. L., Tai, B. T., Gordon, A. J., Brown, R., Ghitza, U., Gourevitch, M... (2014). Can SUDs be managed using a Chronic Care Model? Review and recommendations from a NIDA consensus group. *Public Health Reviews*, *35*(2), 8-19. Retrieved from: https://publichealthreviews.biomedcentral.com/articles/10.1007/BF03391707
- Mee-Lee, D., Shulman, G., Fishman, M., Gastfriend, D. & Miller, M. (Eds.). (2013). The ASAM criteria:

  Treatment criteria for addictive, substance-related, and co-occurring conditions 3rd ed. Carson City: The Change Companies.
- Moore, T. (2018). Problem gambling prevalence in the Oregon Criminal Justice System. Salem, OR:
  Oregon Health Authority, Health Systems Division, Problem Gambling Services. Retrieved at:
  https://www.oregonpgs.org/wp-content/uploads/2019/06/DOC-REPORT-V-101818-1.pdf
- Myers, B., McLaughlin, K., Wang, S., Blanco, C., Stein, D. (2014). Associations between childhood adversity, adult stressful events, and past-year drug use disorders in the National Epidemiological Study of Alcohol and Related Conditions. *Psychology of Addictive Behaviors*, 28(4), pp. 1117-1126.
- Najavits, L. M., Weiss, R. D., & Shaw, S. R. (1997). The link between substance abuse and posttraumatic stress disorder in women: A research review. *American Journal of Addictions*, *4*, 273–283.
- Olmstead, T. A., Ostrow, C. D., & Carroll, K. M. (2010). Cost-effectiveness of computer-assisted training in cognitive-behavioral therapy as an adjunct to standard care for addiction. *Drug and alcohol dependence*, *110*(3), 200-207. doi: 10.1016/j.drugalcdep.2010.02.022.
- Oregon Criminal Justice Commission. (2019). *Analysis of Oregon's publicly funded substance abuse treatment system: Report and findings for Senate Bill 1041*. Retrieved from: https://www.oregon.gov/cjc/CJC%20Document%20Library/SB1041Report.pdf

- Prendergast, M., Cartier, J. & Lee, A. B. (2014). Considerations for introducing SBIRT into a jail setting. *Offender Programs Report 17*(6), 81-86. Retrieved from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4340079/
- Ruiz, M. A., Douglas, K. S., Edens, J. F., Nikolova, N. L. & Lilienfeld, S. O. (2012). Co-occurring mental health and substance use problems in offenders: Implications for risk assessment. *Psychological Assessment*, *24*(1), 77. doi: 10.1037/a0024623
- Saitz, R., Larson, M. J., LaBelle, C., Richardson, J. & Samet, J. H. (2008). The case for chronic disease management for addiction. *Journal of Addiction Medicine*, 2(2), 55-65. doi:10.1097/ADM.0b013e318166af74.
- Scott, C., Dennis, M. & Foss, A. (2005). Utilizing Recovery Management Checkups to shorten the cycle of relapse, treatment reentry, and recovery. *Drug & Alcohol Dependency, 78*(3), 325-338. doi: 10.1016/j.drugalcdep.2004.12.005
- Scott, C., Dennis, M. & Laudet, A. (2014). Beyond bricks and mortar: Recent research on substance abuse disorder recovery management. *Current Psychiatric Reports, 16*(4), 442-453. doi: 10.1007/s11920-014-0442-3
- Substance Abuse and Mental Health Services Administration. (2012). *Brief interventions and brief* therapies for substance abuse, revised edition. Treatment Improvement Protocol Series, No. 34. HHS Publication No. (SMA) 123952.
- Substance Abuse and Mental Health Services Administration. (2013). *Screening and assessment of co-occurring disorders in the justice system*. HHS Publication No. (SMA)-15-4930.
- Substance Abuse and Mental Health Services Administration. (2014). SAMHSA's concept of trauma and guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884.
- Substance Abuse and Mental Health Services Administration. (2015). *Using technology-based therapeutic tools in Behavioral Health Services*. HHS Publication No. (SMA)-15-4924
- Substance Abuse and Mental Health Services Administration. (2018). *Medications for Opioid Use Disorder: For healthcare and addiction professionals, policymakers, patients, and families.*Treatment Improvement Protocol Series, No. 63.) HHS Publication N. 19-5063
- The Sentencing Project. (2008). Reducing racial disparity in the criminal justice system: a manual for practitioners and policymakers, Second Edition. Washington, DC: Ashley Nellis, Judy Greene, and Marc Mauer. Retrieved from: https://www.sentencingproject.org/wp-content/uploads/2016/01/Reducing-Racial-Disparity-in-the-Criminal-Justice-System-A-Manual-for-Practitioners-and-Policymakers.pdf
- Tracy, K., & Wallace, S. P. (2016). Benefits of peer support groups in the treatment of addiction. *Substance Abuse and Rehabilitation*, 7, 143. doi: 10.2147/SAR.S81535

- Turnbull, P. (2020). The relationship between drugs and crime and its implications for recovery and desistance. In D. Best & C. Colman (Eds.), *Strengths-based approaches to crime and substance use: From drugs and crimes to desistance and recovery* (pp. 8-22). New York, NY: Routledge.
- Weisner, C., Mertens, J., Parthasarathy, S., Moore, C., & Lu, Y. (2001). Integrating primary medical care with addiction treatment: a randomized controlled trial. *Jama*, *286*(14), 1715-1723. doi:10.1001/jama.286.14.1715
- World Health Organization. (2009). *Guidelines for the psychosocially assisted pharmacological treatment of opioid dependence*. Retrieved from: https://www.who.int/substance\_abuse/publications/opioid\_dependence\_guidelines.pdf