### **Problem Gambling Services**

Presented to House General Government Committee May 18, 2021

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# **Problem Gambling in Oregon**

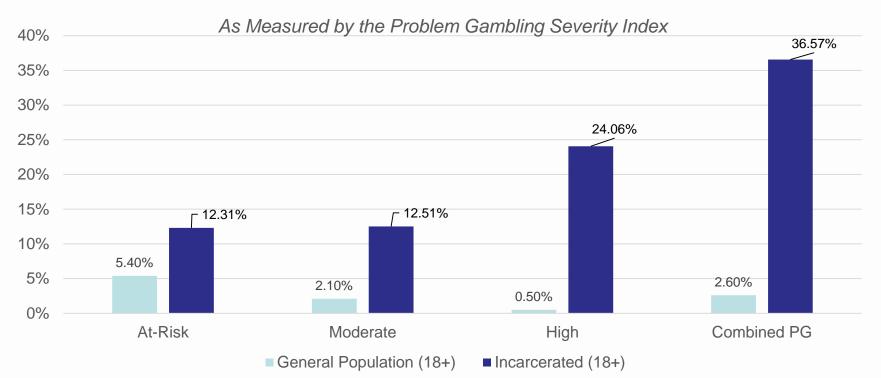
- "Problem gambling" is the continuation of gambling despite negative personal, social or financial consequences that do not reach the clinical diagnostic level of disordered gambling.
- "Disordered gambling" is a clinical term related to a score assessed by a professional using a recognized set of criteria from the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
- An estimated 2.6 percent of Oregon adults experience moderate or serious problems with gambling (2015).
  - 5.4 percent of adults are at risk of problem gambling status.
  - For each person with a serious problem, many others (e.g., spouse, children) are affected.
- An estimated 2.2 percent of Oregon adolescents are at-risk or meet definition of disordered gambling (2016).

OREGON HEALTH AUTHORITY Problem Gambling Services



## **Problem Gambling Rates**

Problem Gambling Prevalence in Oregon: General Adult Population Compared to Incarcerated Adults



- 1,501 adults from Oregon general population
- Sample of 1,007 sequential intakes from the Oregon DOC



## **Oregon's Problem Gambling Services System**

- An OHA, statewide program that has been funded through proceeds from the Oregon Lottery since 1995
- Currently, PGS receives 1 percent of Oregon Lottery revenue to fund Problem Gambling Treatment and Prevention Services statewide.
- Biennium budget approximately 14.5 million dollars
- Oregon is considered a national leader in PG Services.
- All services are free for both gamblers, families, and others negatively impacted.



# **Problem Gambling Services program**

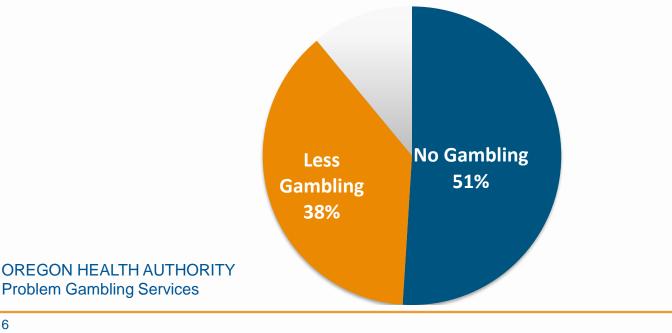
We strive to provide culturally relevant treatment services – including prevention, outreach, early intervention, treatment, and recovery – in every community.

- Prevention and awareness programs in all 36 counties
- 24/7 statewide helpline
- Treatment
  - Minimal intervention program (home-based, telephone, statewide)
  - Outpatient: 51 programs in all 36 counties
  - Respite: 2 sites in Josephine and Baker County
  - Residential: 1 site in Marion County
  - Prison-based: 2 programs
- Robust data collection and evaluation system



## **Treatment Metrics**

- In 2018, 947 Oregonians received problem gambling services, along lacksquarewith 117 family members or others negatively impacted.
- At six-month follow-up after treatment:
  - 51 percent reported no gambling
  - 38 percent reported far less gambling
  - Individuals surveyed provided a strong endorsement and willingness to recommend the program to others.





### **Thank You**

