
Child and Family Behavioral Health

Presented to
House Committee
May 17th, 2021

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The logo for the Oregon Health Authority. The word "Oregon" is in a smaller, orange, serif font. The word "Health" is in a large, dark blue, serif font. The word "Authority" is in a smaller, orange, serif font, positioned below "Health". A thin blue horizontal line is positioned below "Health" and above "Authority".

Oregon
Health
Authority

Child and Family Behavioral Health Unit

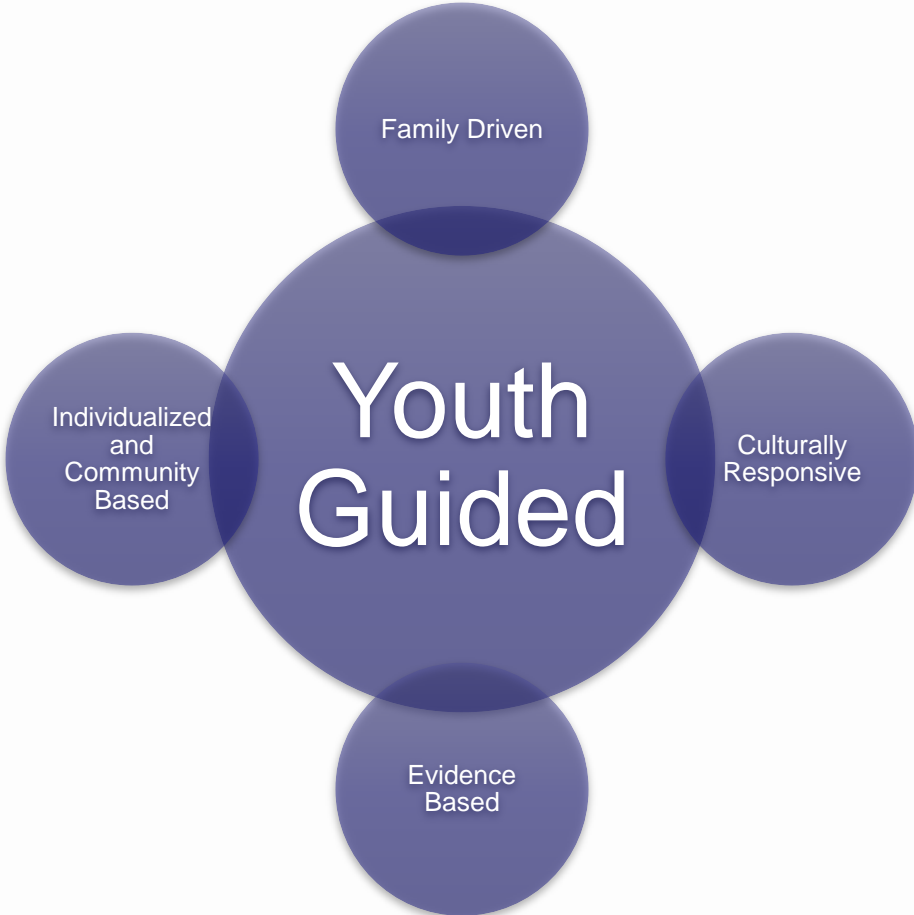


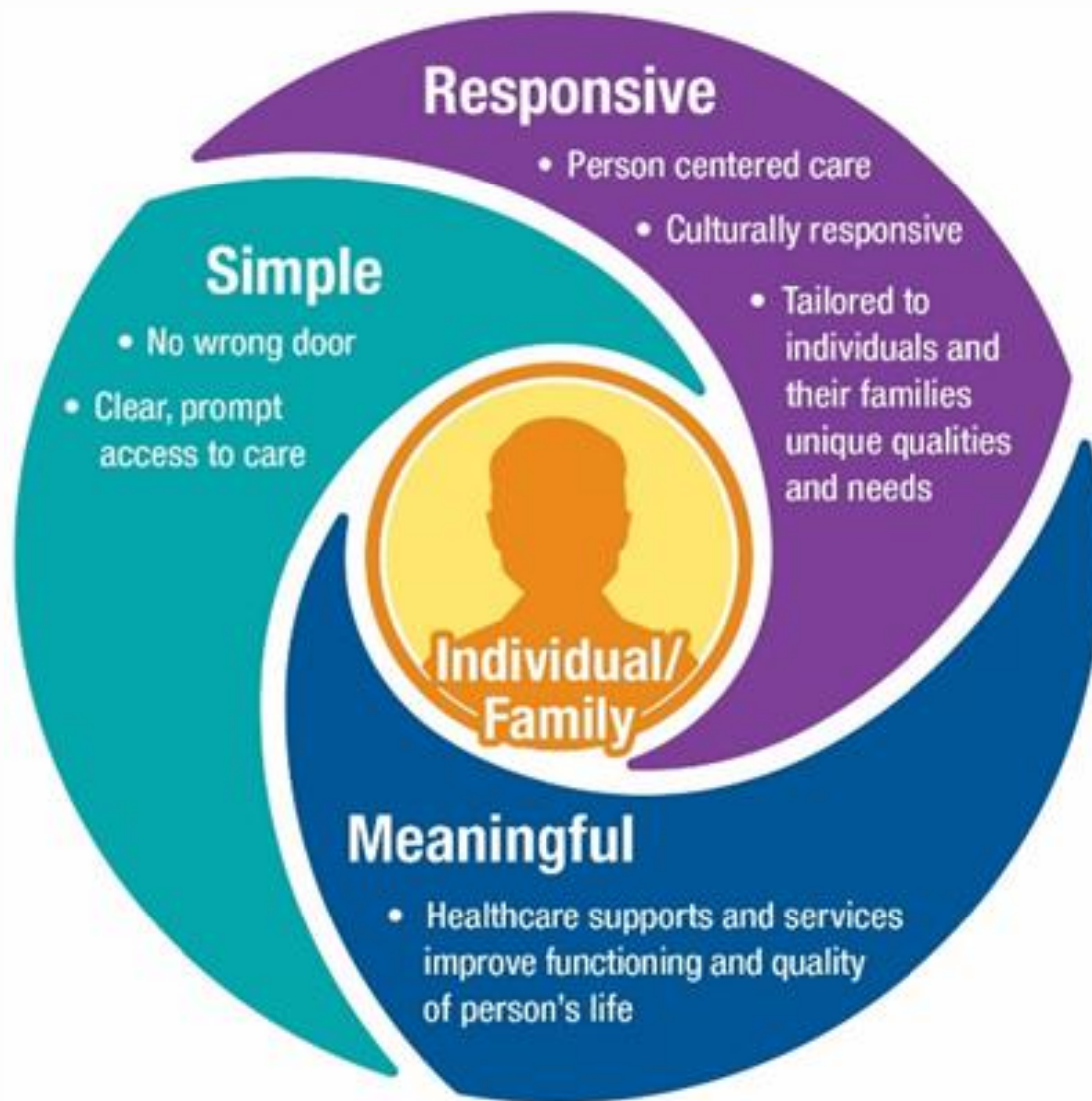


IMPACT

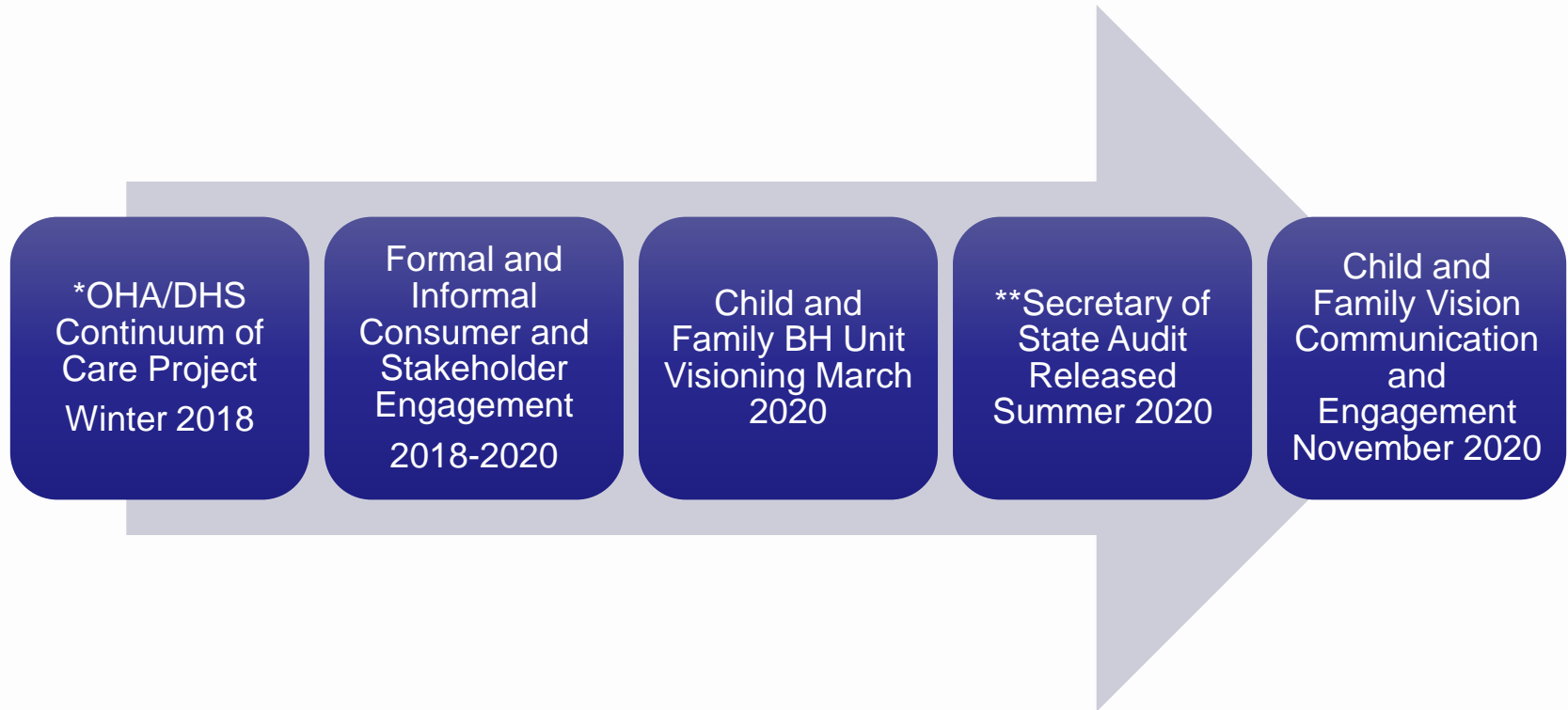
Investing in Behavioral Health catalyzes positive impact across child serving systems. The collective impact of behavioral health on other child serving systems makes responsiveness critical. Many youth who receive behavioral health services also receive services and participate in the child welfare, juvenile justice, education and I/DD systems.

System of Care Values



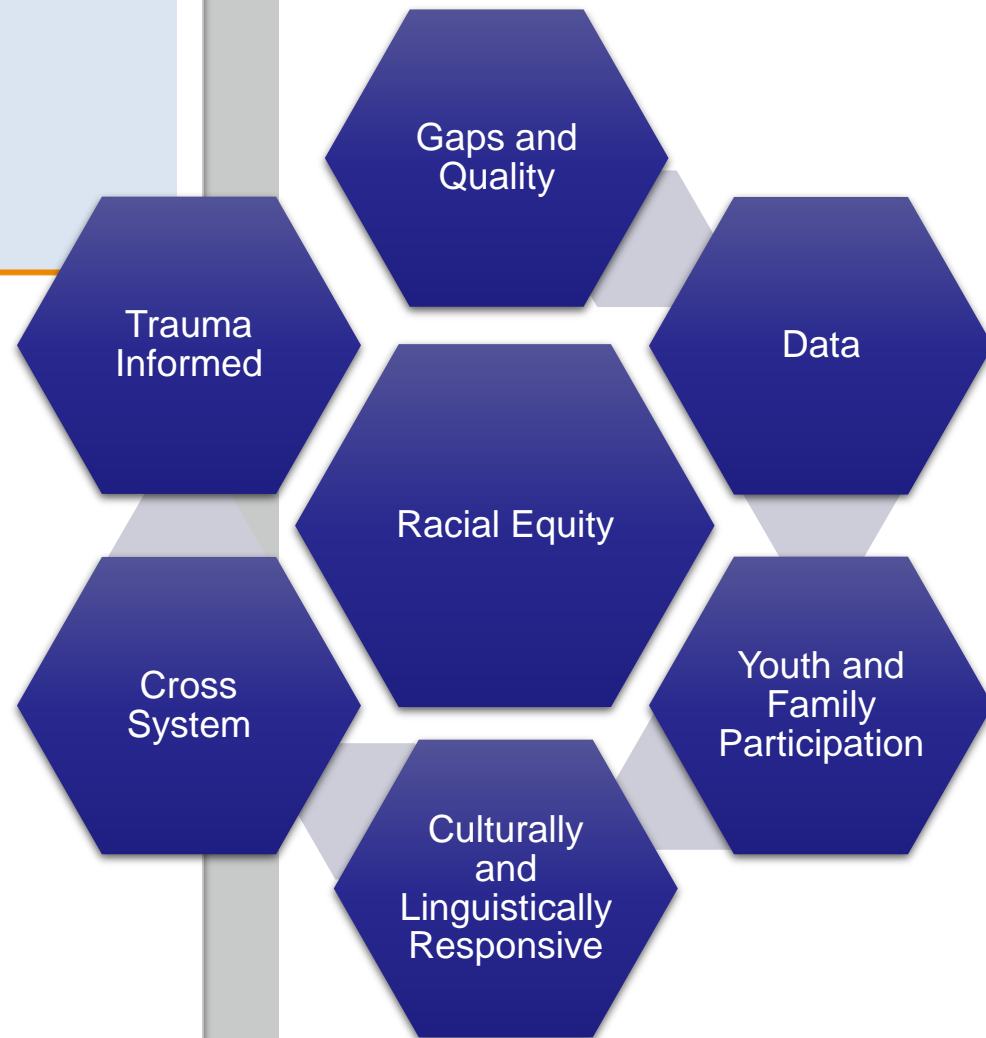


Timeline of Events



[*https://www.oregon.gov/DHS/BOU/DHS/Child-Safety-Plan/Projects/OHA-DHS-Continuum-Of-Care-ProposalStakeholder-Engagement-IDDLetter.pdf](https://www.oregon.gov/DHS/BOU/DHS/Child-Safety-Plan/Projects/OHA-DHS-Continuum-Of-Care-ProposalStakeholder-Engagement-IDDLetter.pdf) **
<https://sos.oregon.gov/audits/Documents/.pdf>

Child & Family Behavioral Health Policy Vision



HEALTH SYSTEMS DIVISION
Child and Family Behavioral Health Unit

October 2020

A Time For Families



Carol Dickey

Family Driven Policy Vision Work



THIS WORKGROUP WILL PROVIDE OHA AND THE CHILDREN'S SYSTEM ADVISORY COUNCIL (CSAC) A PARENT AND FAMILY PERSPECTIVE ABOUT OHA PROGRAMS AND POLICIES. CURRENT WORK GROUP PRIORITIES ARE TO:



PREPARE RECOMMENDATIONS FOR DISCUSSION WITH YOUNG ADULTS AND AGENCY SERVICE PROVIDERS AT UPCOMING CSAC MEETINGS, AND



ACT AS AN ONGOING SOUNDING BOARD REGARDING OHA'S PLANNING AND EVALUATION OF SERVICES FOR CHILDREN, YOUNG ADULTS AND THEIR FAMILIES.



WORK GROUP MEMBERS INCLUDE CSAC'S APPOINTED FAMILY REPRESENTATIVES AND ADDITIONAL FAMILY MEMBERS REPRESENTING SPECIFIC POPULATIONS OR REGIONS OF THE STATE.

Youth Driven & Co-creation



Nikobi Petronelli

OHA Child and Family Behavioral Health

2019 OHA Investments and Expansions:

- Suicide Prevention
- Parent Child Interaction Therapy (PCIT) and Parent Management Training Oregon (PMTO)
- School Based Mental Health and Social Emotional Learning
- Crisis and Transition Services (CATS) 2019 enhancement and expansion
- Expanding the Medicaid continuum of care for children 0-20 with Intensive In-Home Behavioral Health Treatment (IIBHT)
- System of Care Advisory Council
- Other important work and accomplishments [here](#)

Suicide Prevention, Intervention and Postvention

Youth Suicide and Intervention Plan Annual Report Published

In 2020, OHA (Health Systems and Public Health), and community partners and stakeholders saw incredible gains in suicide prevention work in Oregon. It was a year of building infrastructure to make best practices available to all Oregon youth.

Oregon Youth Suicide Intervention and Prevention Plan (2020-2024) scheduled to be released June 2021 (delay due to COVID-19 related barriers)

Youth Suicide Prevention Programing Available at low or no cost

Logos shown: SOURCES OF STRENGTH (ELEMENTARY CURRICULUM), FIVE RADICAL MINUTES, SOURCES OF STRENGTH, USA MENTAL HEALTH FIRST AID, School Suicide Prevention and Wellness Team, Ad'i's Act Support, Youth SAVE (Suicide Assessment in Virtual Environments), Wellness and coping skills, ASIST, Screen and Refer, SSAL, Warming Signs, QPR, Treatment, CALM, Advanced Skills (CAMS, DBT, AMSR, CBT), Connect Postvention.

Click on any logo for more information

- MHFA** – Mental Health First Aid
- QPR** – Question, Persuade, Refer
- ASIST** – Applied Suicide Intervention Skills Training
- Youth SAVE** – Youth Suicide Assessment in Virtual Environments
- SSAL** – Student Suicide Assessment Line 503-575-3760
- CALM** – Counseling on Access to Lethal Means
- Advanced Skills**
 - CAMS – Collaborative Assessment and Management of Suicidality
 - DBT – Dialectical Behavioral Therapy
 - AMSR – Assessment and Management of Suicide Risk
 - CBT – Cognitive Behavioral Therapy

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Oregon Health Authority

You can get this document in other languages, large print, braille or a format you prefer. Contact Children and Family Behavioral Health at 971-719-0265 or email chelsea.holcomb@dhaoha.state.or.us. We accept all relay calls or you can dial 711.

OHA 3540 (2/5/2021)

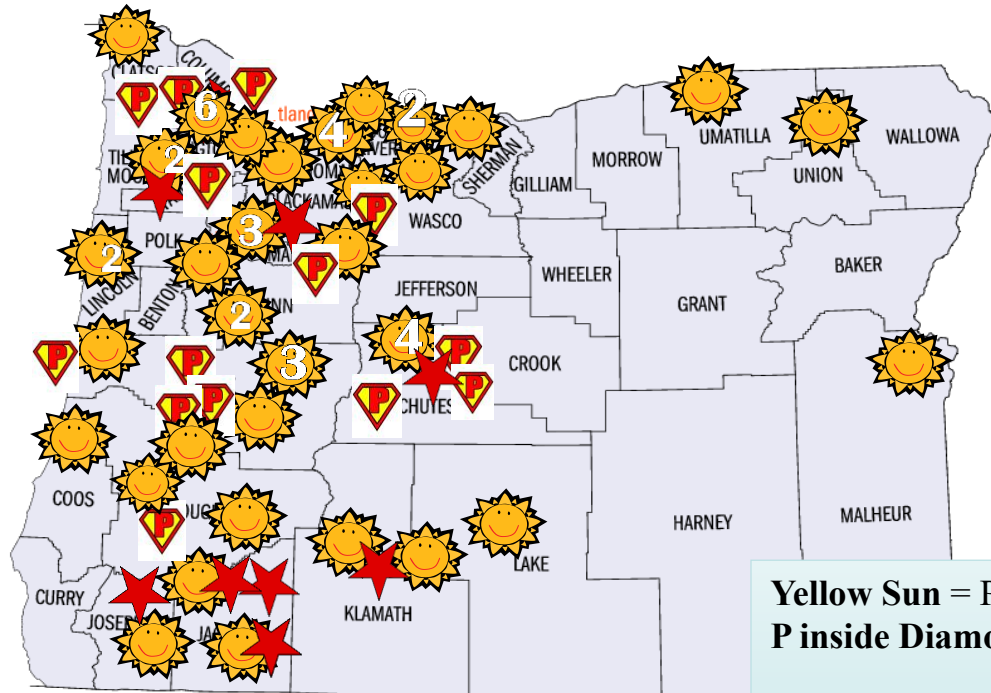
Suicide Prevention, Intervention and Postvention (SPIP) Team

- In March 2020, OHA formed a COVID-19 Suicide Prevention, Intervention and Postvention (SPIP) team to monitor data, improve access to care, equip providers, and seek consumer voice.
- The SPIP team is closely monitoring suicide activity specifically during the COVID-19 pandemic and continues to meet weekly to analyze data, implement interventions, resource other state partners, and report on innovative practices from other states.
- SPIP is lifespan suicide prevention team continues to address identified needs, barriers, and to elevate protective factors.
- Engaging with behavioral health consumers and other partners to identify barriers and address needs as they arise.

Suicide Prevention, Intervention and Postvention (SPIP) Team, cont.

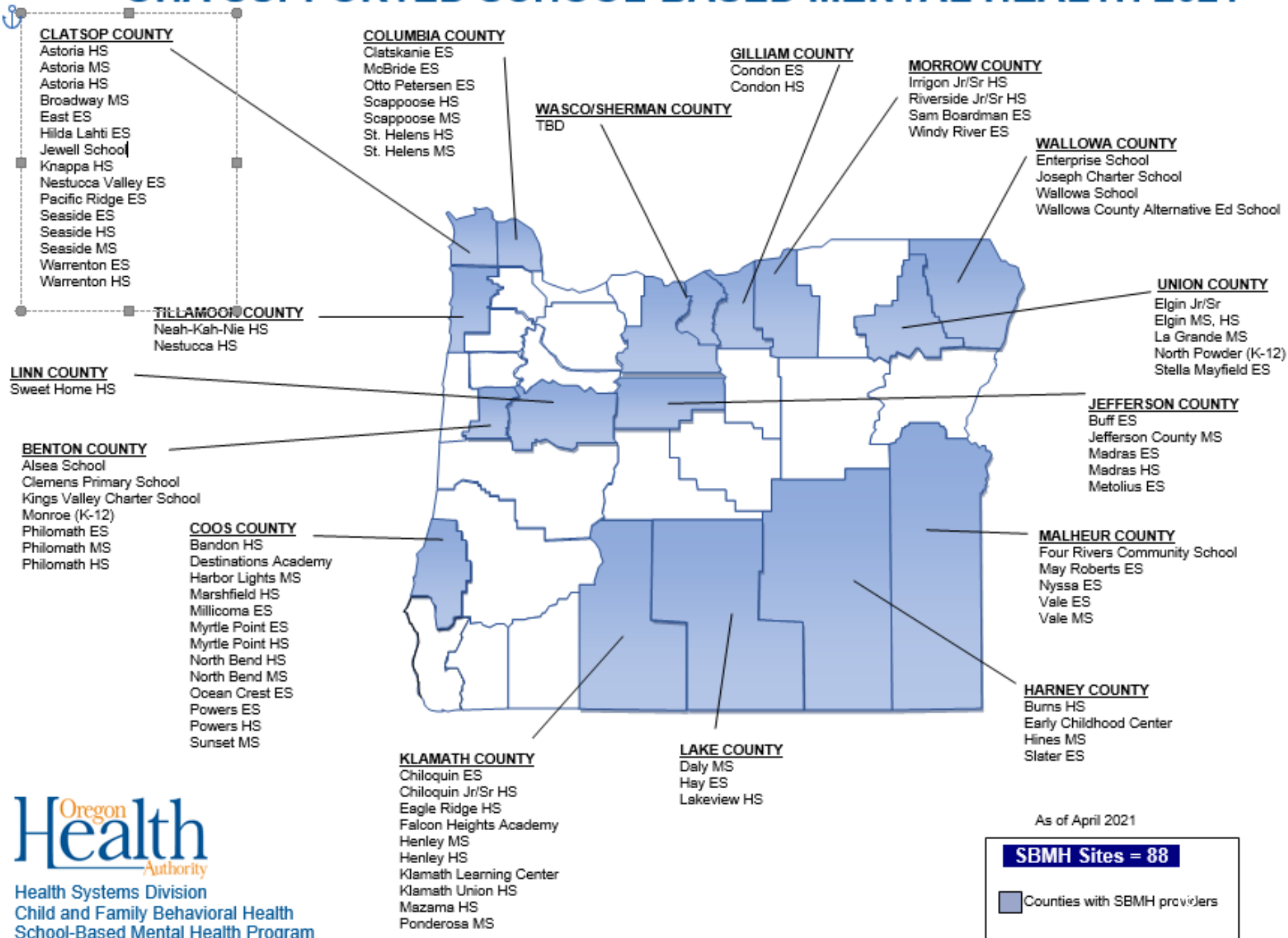
- Adapting our existing suicide prevention efforts to meet the needs during this unique time.
- Redirecting funds to respond to identified barriers. *(Example: 18 mini-grants awarded in September to local community organizations to specifically address suicide risk among LGBTQ+ populations.)*
- Working with local, state and national partners to align strategies and leverage resources.
- Contracted Lines for Life to create the Oregon Behavioral Health Support [Line](#) to provide live support for Oregonians to find a behavioral health provider with availability that meets their insurance needs and care needs.

PCIT and Generation PMTO Sites 2021



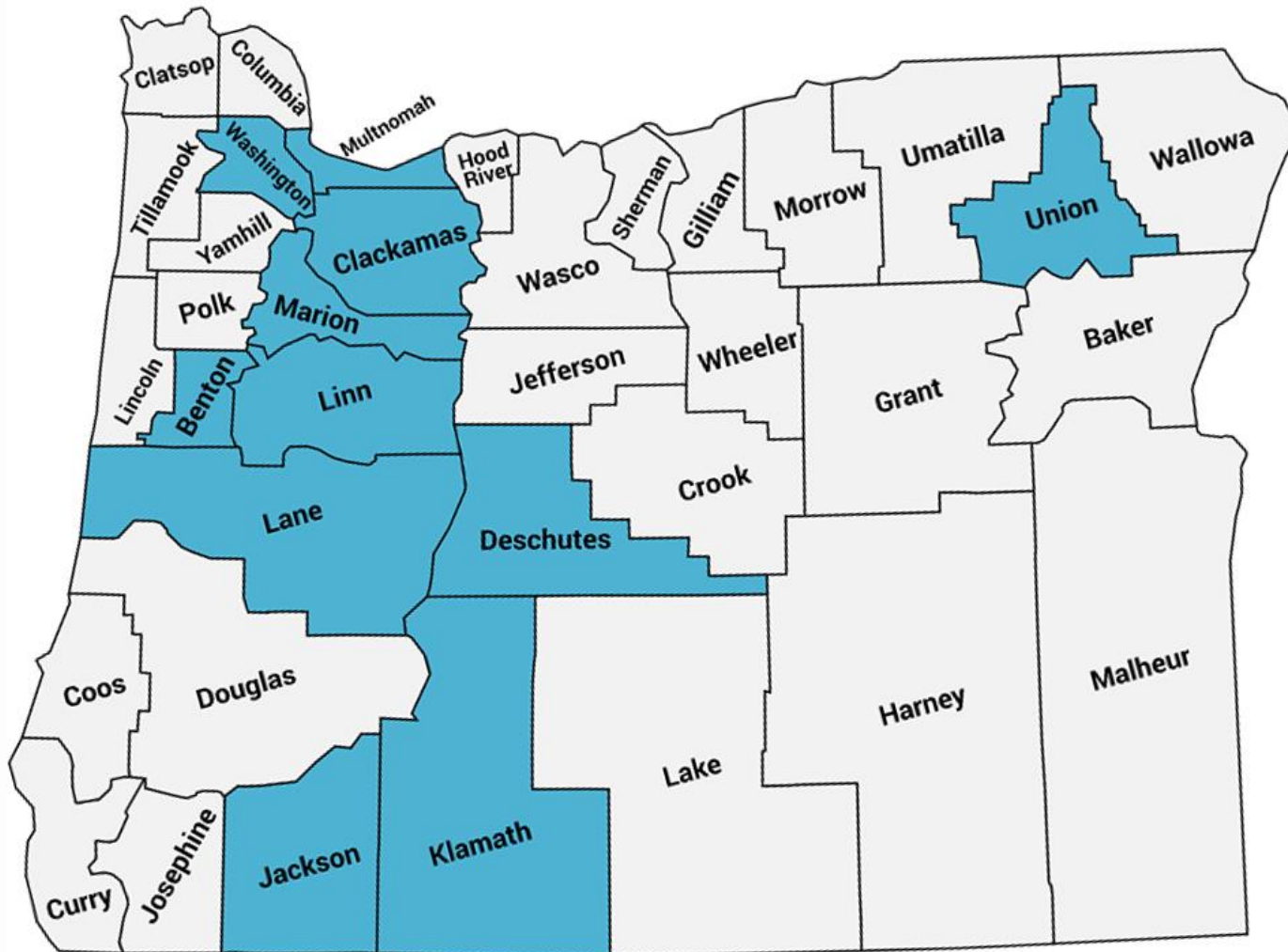
Yellow Sun = PCIT site
P inside Diamond = GenPMTO
Number = Multiple PCIT sites
Red Star = Trainer(s)

OHA SUPPORTED SCHOOL-BASED MENTAL HEALTH 2021



Health Systems Division
 Child and Family Behavioral Health
 School-Based Mental Health Program

Crisis and Transition Services (CATS)



IIBHT timeline of events



System of Care Advisory Council

SB 1 System Advisory Council

- OPA 4 to support development and staffing of the Council (hired 11/2019)
- PA 3 supports original and recent CATS investments and IIBHT implementation (hired 1/2020)
- Engaged a System of Care national consultant
- Build and developed a multi state agency data dashboard (OHA, ODHS, OYA)
- Grants for local Systems of Care
- OHA has submitted a \$4.8 Million Dollar on behalf of the council in the spring rebalance

Psychiatric Residential Treatment Services (PRTS) capacity and vision

Capacity Projects in Process:

- April 2020, Opened **New Beginnings East with Kairos** in Southern Oregon to serve youth 12-18 at PRTS level of care.
- November 2020, **Jasper Mountain** successfully completed fundraising and utilized capital investments to build a new 15-bed facility to serve youth ages 5-13 at a PRTS level of care.
- **Community Counseling Solutions (CCS)** in Eastern Oregon on a concept for a brand-new facility. 14 Bed facility planned for PRTS and Subacute for youth 6-14 years old. Funded via Community Housing Grant Funds.
- **Trillium Family Services** 6 bed project for youth 6-11 years old. (ON HOLD)
- **Looking Glass** proposal for a 10 PRTS treatment beds. Capacity anticipated summer 2021 (partnership with ODHS).

PRTS visioning, investment and expansion

- OHA has submitted a \$7.5 Million Policy Option Package (POP) for the 2021-2023 session which was included in the Governor's Requested Budget. The investment will fund additional PRTS capacity projects, enhance and support the current infrastructure and the child and family's treatment experience.
- In March 2020, the Oregon Health Authority (OHA) sponsored a strategic visioning session to imagine how Oregon could better support children and youth needing the highest levels of care for psychiatric symptoms. The daylong session was the start of building a comprehensive image of a system for treating children and youth that is simple, responsive and meaningful.
- This group reconvened on April 22nd to restart this important work!

Child and Family Behavioral Health 21-23

Future Work:

- Young Adult in Transition (YAT) Residential capacity building – 5 Million
- Interdisciplinary Assessment Teams for youth with complex needs (from SB 1 2019) – 5.7 Million
- Crisis and Transition Services – 1.3 Million
- Psychiatric Residential Treatment Services (PRTS) capacity building – 7.5 Million

This investment in children's behavioral health support youth who experience complex and acute needs. The expansion will help children and families receive **the right service, at the right time for the duration needed.**

Thank You

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Oregon
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