

Oregon Senate Committee on Health Care Thursday, Sept. 22, 2022 Melissa Eckstein, President, Unity Center for Behavioral Health

Unity Center is a 24-hour behavioral health service that offers immediate psychiatric care and pathways to stabilization for adults and adolescents in crisis. Unity has the only licensed Psychiatric Emergency Services (PES) in the state, which is subject to the federal Emergency Medical Transfer and Active Labor Act. We are a partnership between Adventist Health, Kaiser Permanente, Legacy Health and OHSU. Unity Center provides care navigation, counseling and therapy, crisis counseling, intervention, stabilization, family support, inpatient care, medication management, nursing care, peer support, social work and spiritual care.

Unity Center by the Numbers

- 24,000 Number of unique individuals served since opening in 2017
- **1,000** Monthly average of patients receiving care in PES
- 85% Individuals stabilized and discharged from PES
- **15%** Patients transferred from PES to inpatient care
- **75%** Patients covered by government-funded healthcare (Medicaid & Medicare)
- 70% Patients have substance use in addition to mental health concern
- **60%** Percentage of patients are experiencing unstable housing
- **84%** Patients are voluntary; average length of inpatient stay = 9 days or **46%** of capacity
- **16%** Patients are civilly committed; average length of inpatient stay = 60 days or **54%** of capacity