
Children's Mental Health Restraint and Seclusion Report

Presented to
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Restraint and Seclusion Report

- **Restraint:** The physical restriction of a child in care's actions or movements by holding the child in care or using pressure or other means.
- **Involuntary seclusion:** The confinement of a child in care alone in a room from which the child in care is prevented from leaving by any means.
- A **rate** is a measure of the frequency with which an event occurs in a defined population over a specified period of time. For example, an involuntary seclusion rate of 3.4 per 1,000 patient days means that for every 1,000 patient days, 3.4 involuntary seclusions occur. Rates make it possible to compare S&R data across different facilities because it is adjusted for the total number of patient days that occurred in the facility.

Seclusion Rate = number of seclusions / total patient days * 1,000

Restraint Rate = number of restraints / total patient days * 1,000

Restraint and Seclusion Report Data

- The graphs on the following slides represent the **seclusion and restraint rates** for 2018 to 2021.
 - Data was reported directly from programs.
 - Data was aggregated into the following **mental health levels of care** :
 - Psychiatric Day Treatment
 - Psychiatric Residential Treatment Services
 - Subacute
 - Secure Inpatient Programs
 - Acute Care

Notes About the Data

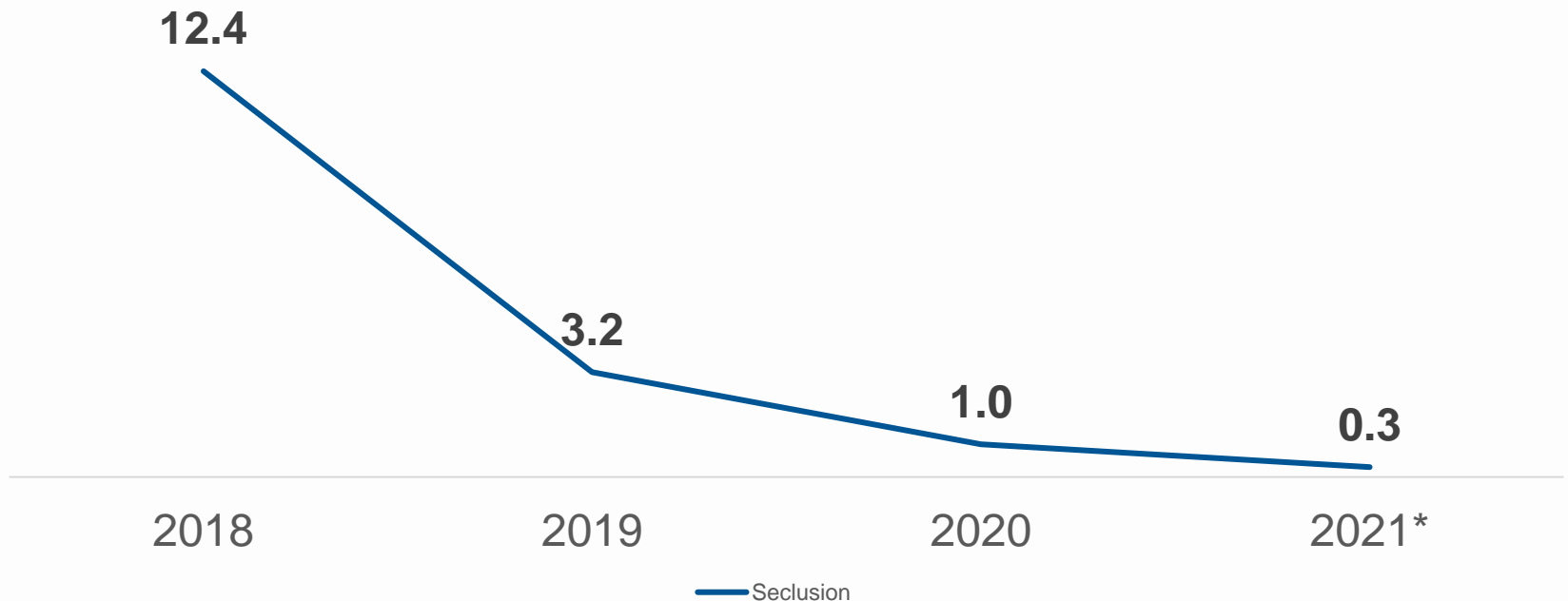
- Programs may define restraints differently
- Length of time for both restraint and seclusion is not included
- We do not have data on the number of children involved, only the number/rate of restraints and seclusions
- Data do not account for acuity or length of time in treatment

The full 2018 – 2020 report can be found on the Child and Family Behavioral Health Website: <https://www.oregon.gov/oha/HSD/BH-Child-Family/Documents/Seclusion-Restraint-Report-2018-2020.pdf>

The 2021 report is anticipated March 2022

Psychiatric Day Treatment

Seclusion rates have consistently **decreased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Psychiatric Day Treatment

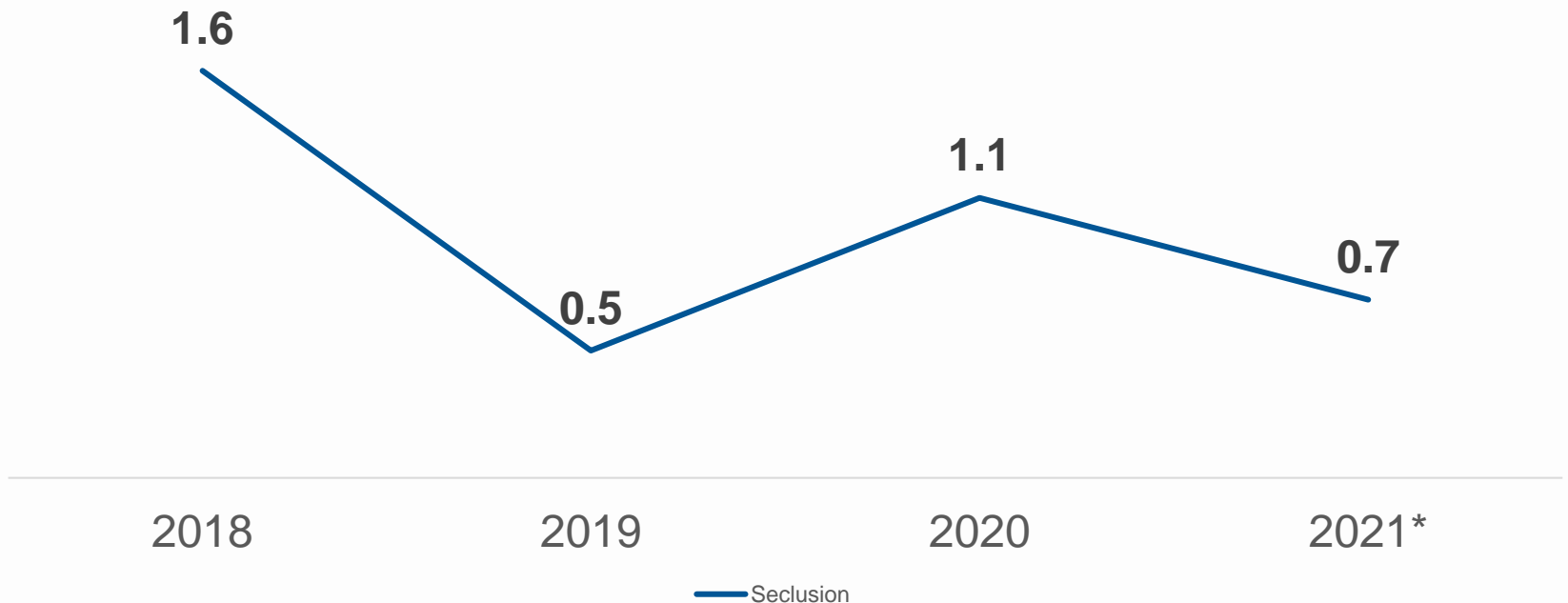
Restraint rates have **decreased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Psychiatric Residential Treatment Services

Seclusion rates have **decreased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Psychiatric Residential Treatment Services

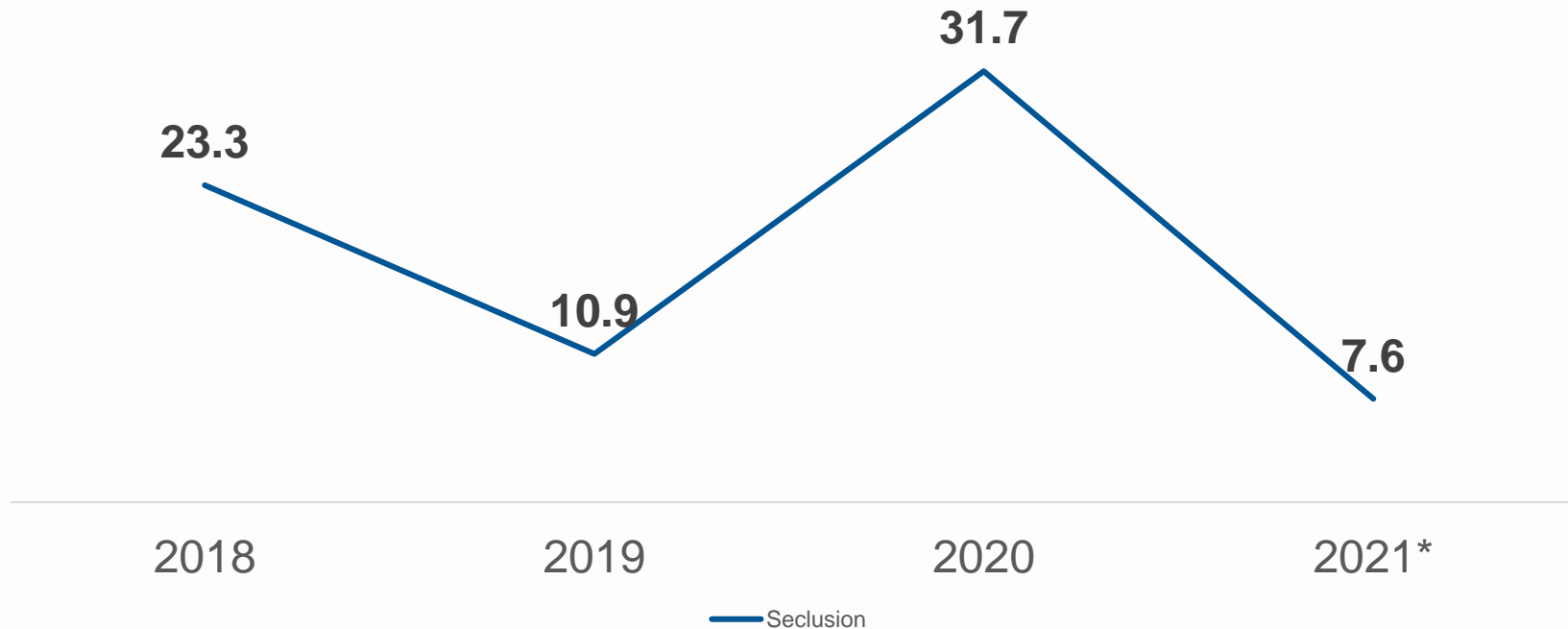
Restraint rates have **increased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Subacute

Seclusion rates have varied from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Subacute

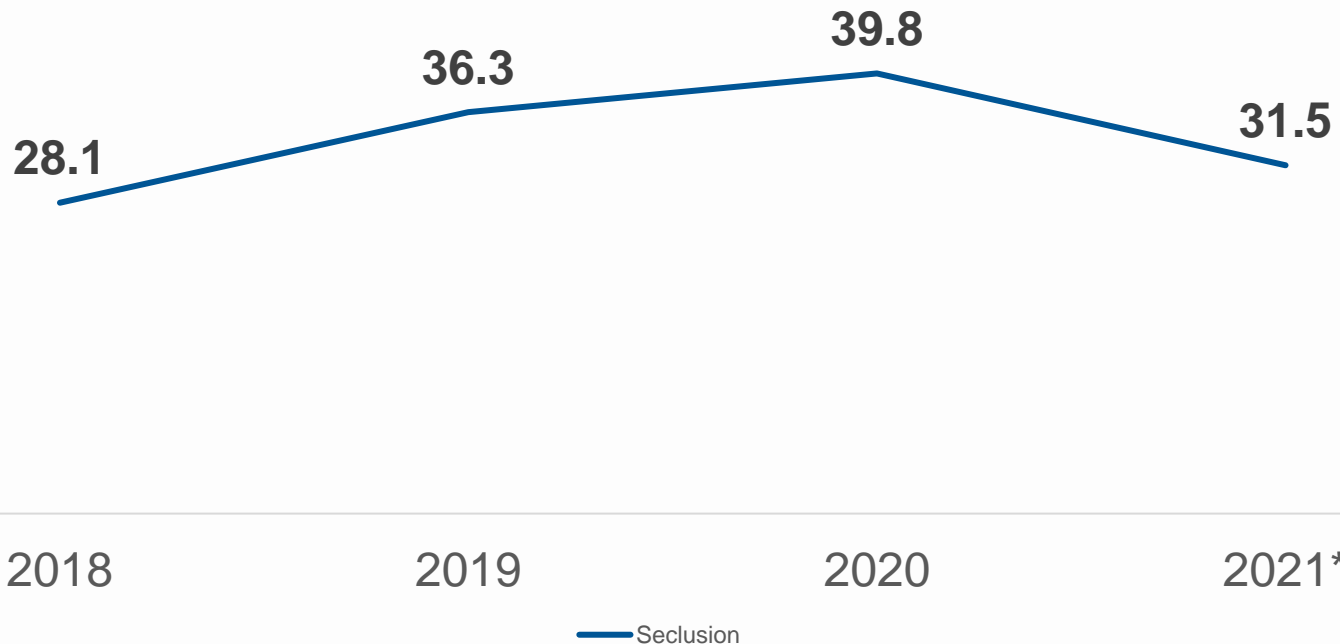
Restraint rates have varied from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Secure Inpatient Programs

Seclusion rates have varied from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Secure Inpatient Programs

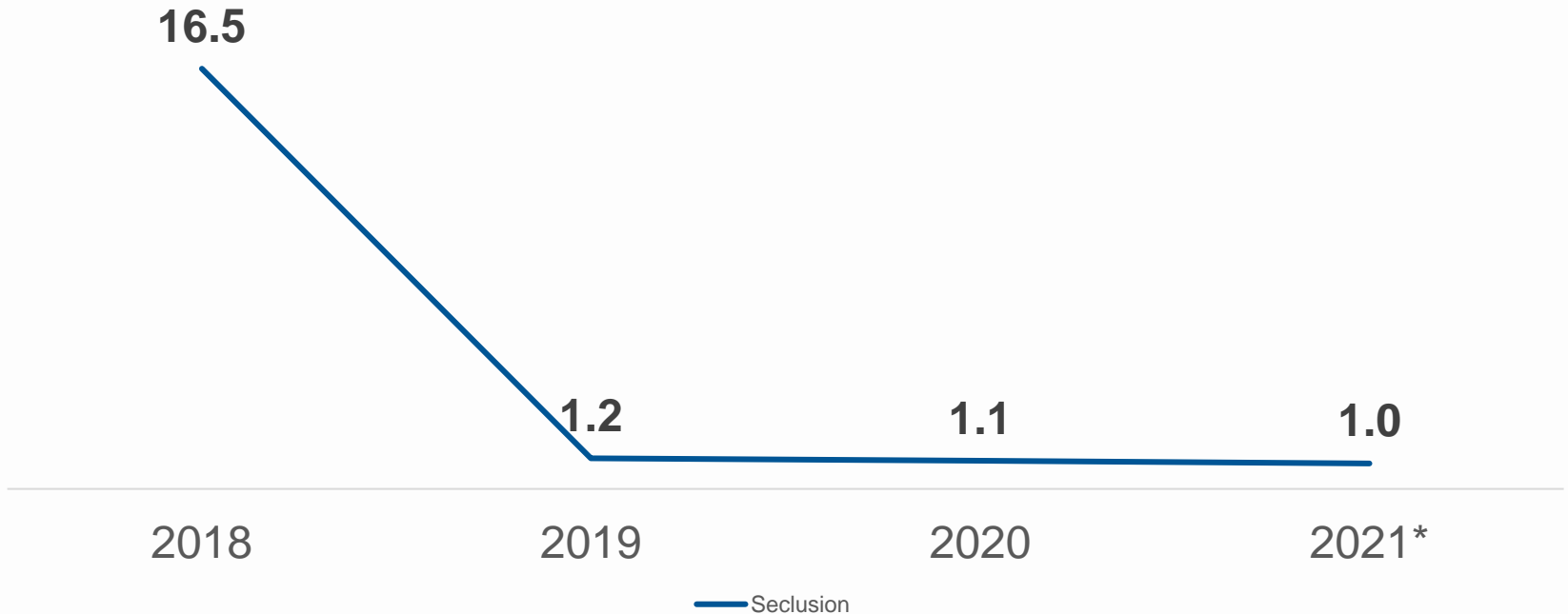
Restraint rates have **increased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Acute Care

Seclusion rates have **decreased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Acute Care

Restraints rates have **decreased** from 2018 to 2021



*Data limited to January 1st – September 30th 2021

Thank you!

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Oregon
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