

**Oregon Wellness Program  
Presentation to  
The House Interim Committee on Health Care  
1/13/2022**

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# Oregon Wellness Program: Who Are We and Who Do We Serve

- A state-wide program that provides confidential, urgent mental health services to active clinical providers who self-refer. It is not an emergency service nor does it handle substance abuse disorders or clinical competence concerns.
- We have 18 mental healthcare providers on our team nominated by their local community providers and/or fellow mental health care colleagues and licensed and residing in Oregon.
- We currently serve all Oregon licensed MD/DOs, APPs, PAs, and Dentists. They are eligible for up to 8 sessions per client, per year. No insurance is billed.

# Program Utilization Counseling Visits 2017-2021

<b>Region</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>
• Central Oregon	0	29	69	55	91
• Lane County	61	44	42	31	82
• Marion/Polk	0	5	19	37	33
• Portland Metro	118	193	279	437	372
• Jackson/Josephine	0	0	0	11	40
• Non Urban Counties			4	16	
<b>Totals</b>	<b>179</b>	<b>271</b>	<b>409</b>	<b>579</b>	<b>634</b>

## Cost to Integrate RNs into the Oregon Wellness Program

- Estimated number of clients in first full year of operation  
(.007 of 71,000 licensees) 497
- Estimated number of one-hour counseling sessions  
in first full year of operation (497 x 3.94) 1958
- First year cost of RN integration \$529,000\*

\* Assumes RN use rates mirror those of physicians and physician assistants. For example, if the RN use rate is 1%, the annual cost moves to \$696,400