

Ian Michael  
Military Liaison

# Introductions

Lines for Life is a regional non-profit dedicated to preventing substance abuse and suicide and promoting mental wellness. We envision a world where hope, health, and recovery are within reach of all.

Our work addresses a spectrum of needs that include intervention, prevention, and advocacy.



# Lines for Life Crisis Intervention Services

- Suicide Lifeline
- Alcohol & Drug Helpline
- Racial Equity Support Line
- Senior Loneliness Line
- YouthLine
- Military Helpline



# Military Helpline

We serve anyone in the military-connected community:

- All Veterans
- All Military Service Members
- Their family members and friends
- Providers or caregivers who support military communities

We provide support and resources for problems MCC may face, including:

- Financial concerns
- Finding community
- Family and relationship issues
- Post-traumatic stress
- Substance use
- Homelessness, *and more*

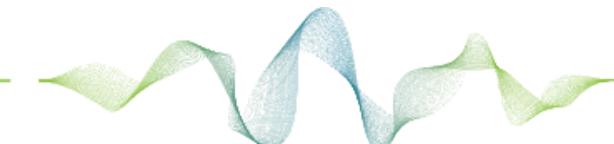
# Understanding the Cultural Context of Suicide in MCCs

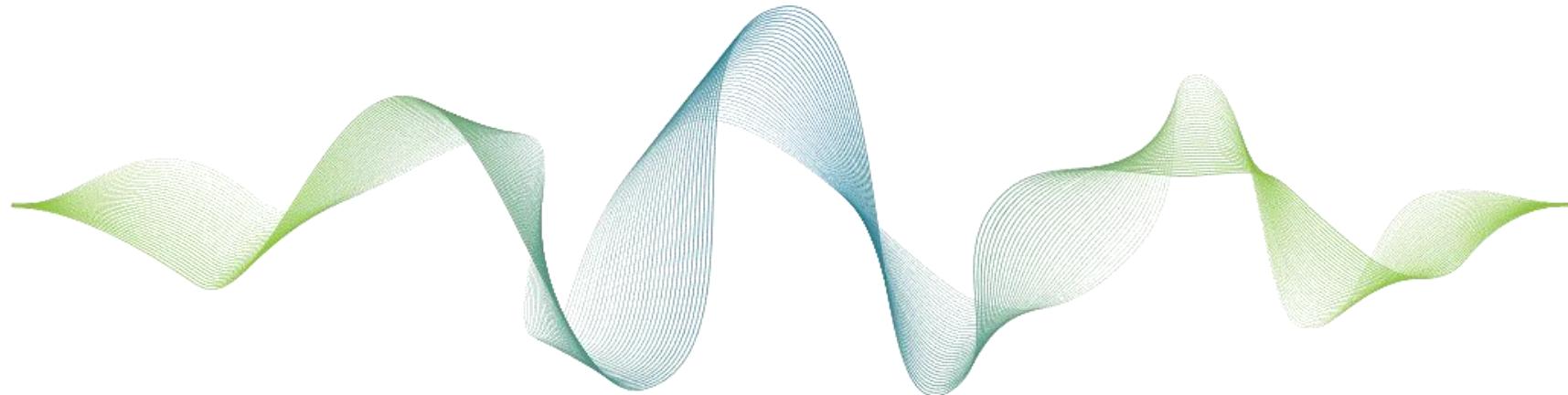
- Race, Ethnicity, and LGBTQIA2S+ Disparities
- Economic Disparities
- Homelessness
- Social Connection and Isolation
- Service Connection
- Health and Well-Being



# Suicide Prevention & Community Initiatives

- Oregon's Adult Suicide Intervention and Prevention Plan (ASIPP)
- Military Culture Awareness & Suicide Prevention Training (MCASPT)
- QPR Suicide Prevention Gatekeeper Training
- Veterans Mental Health First Aid (MHFA-V)
- Veteran Peer Support Specialists
- Counseling on Access to Lethal Means (CALM)
- Applied Suicide Intervention Skills Training (ASIST)





Thank You!

Ian Michael, Military Liaison

971-420-1014

[ianm@linesforlife.org](mailto:ianm@linesforlife.org)