CONTROL THE ENVIRONMENT

ISOLATE THE INCITANT

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July 21, 2021

To Whom It May Concern:

RE: Godelieve Richard

This patient is under my care and medical supervision. She has been diagnosed with Electromagnetic Field Sensitivity.

We have undertaken a multiphase single and double-blind study to find an effective method to evaluate electromagnetic field sensitivity. This involves setting up controlled testing conditions, electromagnetic field challenges both in single and double-blind situations and rechallenging of affirmed positive patients. The study confirmed the presence of electromagnetic field sensitivity and there was a 100 percent non-reaction to placebos in the different phases of the test. It is clear that electromagnetic field sensitivity is a real phenomenon for environmentally sensitive patients. It is evident that electromagnetic field testing is at a rudimentary stage and further studies are needed to document this. This is a condition that should be considered and not ignored in the overall treatment of this patient. Medical citations associated with the effects of electromagnetic fields on human health are included in this letter.

Many patients exhibit health problems and experience symptoms when exposed to electrical stimuli. This is due in part to the patient's bodily response to incitants.

The body functions through cellular and intracellular changes in electrical parameters. Electrical impulses originate in the sino-atrial node of the heart and initiate heart muscle contractions. Cells assimilate and excrete through osmotic changes created by differences in electrical potential. The brain communicates and functions through electrical impulses carried from one nerve synapse to another. This intricate function of the body can be affected by exposure to coherent electromagnetic fields created by power transmission and usage. In sensitive individuals, exposure to exceedingly low frequencies can create disruption in homeostasis.

Since the 2011 WHO/IARC classification of electromagnetic wireless radiation as a possibly carcinogenic, thousands of published studies show biological and health effects from electromagnetic fields. These include DNA damage, cancers, infertility, short term memory loss, increased dementia and autism, chronic fatigue, learning disabilities, and behavioral issues. We now know one mechanism that can explain these effects. The mechanism is a function of the electromagnetics of each cell—not solely about heating effects from the radiation (on which

present FCC guidelines are based). Oxidative stress has been shown as another effect contributing to the effects from wireless radiation.

Individuals who in the past may have experienced chronic or low-level electromagnetic exposure or acute high-level exposure may exhibit symptoms resembling a feeling of shock, muscle spasms, or seizures. Others who have sensitivities to pollen, molds, and foods may experience symptoms related to the problems of electrical stimulation such as a change in the pulse rate.

Power frequency electric and magnetic fields are produced by power lines, power stations, electricity distribution faults, Wi-Fi routers, electrical appliances in the home or workplace, house wiring, cables, cars, trains, television, lights, computers, laptops, cell phones and towers, etc.

The treatment for this condition involves environmental controls, avoidance of unnecessary or excess electromagnetic stimulation, and management of inhalant and food sensitivities.

If you have any questions, please call my office at (214) 368-4132.

Sincerely,

Stephanie McCarter, M.D.

Stephanie McCarter M.D.

SM/tp/eh

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