

# DON'T RISK THIS



## Sports Wagering

### What student-athletes need to know.

The NCAA is committed to protecting student-athlete well-being and the integrity of competition. NCAA sports wagering rules do not allow student-athletes or athletics employees (1) to bet on any sport sponsored by the NCAA at any level, including college and/or professional or (2) to share information for sports wagering purposes.

#### **IF YOU RISK SOMETHING, IT'S A BET**

If you put something at risk (such as cash, entry fee, dinner or other tangible item) on any amateur and/or professional sporting event with a chance to win something in return, you violate NCAA sports wagering rules.

#### **NO SPORT WAGERS OF ANY KIND**

Types of sport wagers that violate NCAA rules include, but are not limited to, fantasy leagues, March Madness® brackets, Super Bowl squares, Calcuttas, sports pools, online sports bets, sports betting apps, parlay and prop bets, live in-game betting and single-game sports bets.

#### **PLAY WITH INTEGRITY**

Student-athletes should NOT share any information about their team or any other team. This includes information regarding team disciplinary actions, strategy, injuries or team morale. This information is sought by gamblers.

#### **LOSING YOUR ELIGIBILITY**

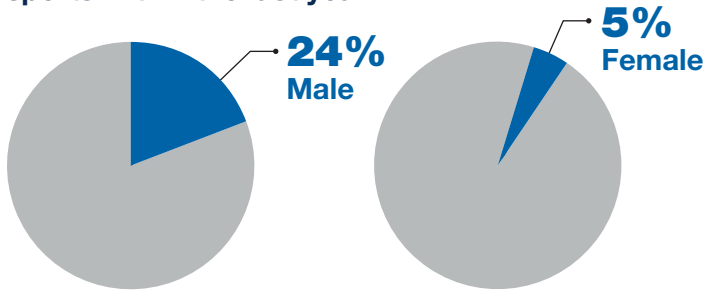
Student-athletes who violate NCAA sports wagering rules will be ineligible for competition, subject to appeal to the Committee on Student-Athlete Reinstatement. Penalties will be considered on a case-by-case basis based on the guidelines for the division in which the student-athlete participates.



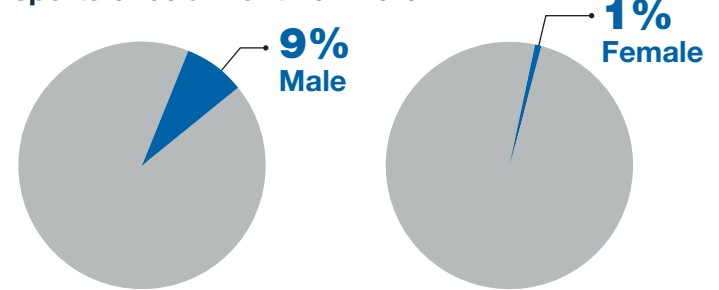
# Wagering Impacts Well-Being

Sports wagering is a gateway for other behaviors that can negatively affect student-athlete well-being.

Student-athletes reported wagering on sports within the last year.

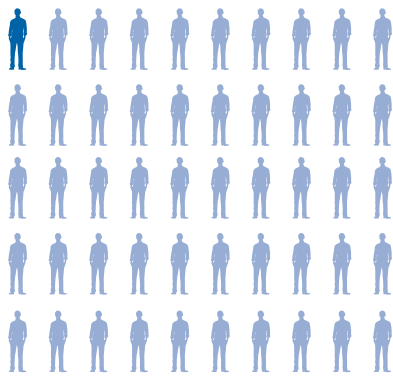


Student-athletes reported wagering on sports once a month or more.



## 1 in 50

male student-athletes meet standard diagnostic criteria for problem gambling.



## 4%



of male student-athletes who gambled in the past year reported **one-day gambling losses of \$500 or more.**

**26%** of male student-athletes reported sports wagering as their first gambling activity.

Student-athletes who wager on sports placed their first bet before entering college.

**90%**  
Male

**82%**  
Female

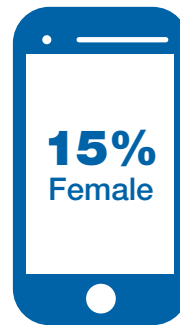
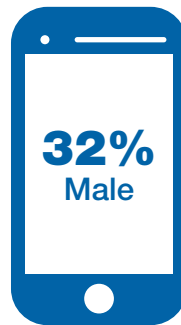
**49%**  
Male



**23%**  
Female

Student-athletes who bet on sports think they can consistently make a lot of money on the activity.

Student-athletes who reported wagering on sports placed wagers electronically.



**54%**  
Male



**31%**  
Female

Student-athletes who think sports wagering is a harmless pastime. Those figures are **76%** and **61%** for those who wager on sports.

For additional information, please visit [dontbetonit.org](http://dontbetonit.org)

NCAA sports wagering contact: **317-917-6222**

24-hour confidential national gambling helpline: **800-522-4700**

National Council on Problem Gambling: [ncpgambling.org](http://ncpgambling.org)

