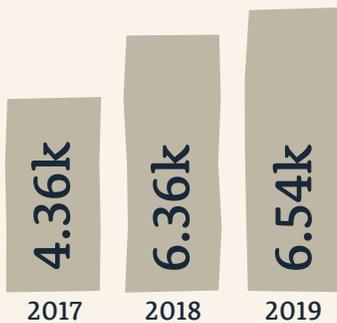




# CCBHC

Providing Comprehensive Care

## New Clients Served



## Completed Suicides Reduction



For Initial Two Year Pilot

## Increased New Clients Served



## Access Into Care



## What CCBHC Can Accomplish

Joshua, a long time mental health consumer with a diagnosis of schizophrenia, had done his best to remain positive despite experiencing the trauma of war and many other life challenges.

While an active mental health consumer at LifeWorks NW for decades, it was the implementation of our CCBHC model that helped save Joshua's life. With CCBHC, we were able to bring primary health screening and monitoring services into our behavioral health clinic, where Joshua felt safe, and helped him begin to trust in primary care.

With the funding and training  
*cont. on back*

## Why CCBHC is Crucial to Community Health

- People with mental health illnesses die 25 years earlier than the general population.
- 65% have at least one chronic health condition.
- 1 in 5 mental health consumers struggle with substance use. In health care, 20% of the clients use 80% of the services. In mental health, those same 20% make up the majority of our clients, requiring much more health care than the average population

integral to CCBHC, Joshua's whole health needs were able to be addressed and he was diagnosed with three serious chronic health issues that, left untreated, could be fatal.

Hospitalized for complex medical reasons, Joshua's care coordination between the hospital, his primary care physician and his psychiatrist was crucial. Having all outpatient services in one place made his care coordination and consultation easier and far more effective.

Two years later Joshua continues to have serious ongoing physical and mental health challenges. His cognitive abilities have declined and he needs more intensive services. But he also has a team of people who ensure that he gets his medications daily and who go to his home if he doesn't make it into the clinic.

Because of the ability to closely coordinate care with his team, receive added supports to assist him in caring for himself, and maintain a familiar routine in a familiar place, Joshua remains stable in the community and connected to care.

## CCBHC Enables

**Health Screenings:** CCBHC supports an individual's whole health with the addition of health screening and monitoring services. These screenings allow LifeWorks NW to bring a holistic health approach into our mental health and addiction services in a seamless integrated manner.

**Triple Aim:** CCBHC enables behavioral health to focus on the simultaneous pursuit of enhancing the patient experience, improving the health of populations, and reducing the cost of care.

**Collaborating inside & outside the clinic:** While receiving care in one location is crucial for some consumers, many receive primary care offsite. At LifeWorks NW, the training and technology made possible through CCBHC has poised us to coordinate primary care and behavioral health care with partners across the safety net. Maintaining CCBHC funding will enable us to ensure integration and collaboration throughout the health system.

## State of Mental Health

**1 in 4 people** worldwide will experience mental illness.

**43.8 million** US adults experience mental illness annually.

**60% of US adults** don't receive needed care.

**1 in 8 US ED visits** are related to mental health issue or substance use disorder.

**\$1 trillion** is the cost of depression and anxiety disorders annually worldwide.

**2 times** the cardiometabolic disease in adults with serious mental illness.

**19% of US adults** with mental illness struggle with substance abuse.

**50% of serious mental illness** begins at age 14.

**8.4 million** in US care for an adult with mental health issues.

**20% of people** experiencing housing insecurity have a serious mental illness.

**37% of people** in prison have mental illness.

*Data primarily from NAMI.*

# LIFEWORKS NW

Formed in 1961

Serves 26,600 clients a year

Provides CCBHC-certified integrated care at four sites

Provides mental health, addiction and prevention services

Outpatient & residential