



January 29, 2020

The Honorable Representative Andrea Salinas
Chair, House Committee on Health Care
Oregon State Capitol
Salem, OR 97301

RE: House Bill 4102 - Support

Dear Chairwoman Andrea Salinas,

The Arthritis Foundation urges your support of House Bill 4102 when it comes before your committee. This bill would help restore the balance between an insurer's oversight and the provider's discretion to ensure Oregon patients receive the most appropriate treatment for their condition. House Bill 4102 seeks to ensure that utilization management protocols are fair, transparent, evidence-based, and best support the health needs of the patient.

An increasing number of health insurers are using utilization management protocols, such as step therapy or fail first policies that require patients to try and fail one or more medications before providing coverage for the originally prescribed medication. Rather than taking into account the needs of the individual patient, insurers determine drug sequences based on cost and expectations about potential treatment responses within a generalized patient population.

As a result, utilization management protocols can lead to delays in access to the medications that offer the greatest potential medical benefit to people with arthritis. Arthritis is a chronic, degenerative disease, and delays in treatment can worsen disease progression and even cause permanent damage and disability. In some cases, patients may have no alternate therapy for an extended period of time if the drug that was initially prescribed was rejected.

Further, arthritis is a complex disease to treat and a drug may work well for one person but not for another who has the seemingly same disease profile. Personalized, individual care is critical for people with arthritis. The required fail first drugs may cause adverse reactions or complications to the patient due to side effects or other drugs they may be taking to treat the disease or co-morbidities. There is currently no consistency in how insurers establish and apply fail first protocols.

On behalf of the more than 838,000 adults and 3,400 children in Oregon with arthritis, the Arthritis Foundation strongly urges your support of HB 4102 to ensure that providers and patients have a greater say in what would be medically appropriate for treatment.

Sincerely,

A handwritten signature in black ink that reads "Steven Schultz".

Steven Schultz
State Director, Advocacy & Access
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CC:

Representative Cedric Hayden, Vice Chair
Representative Rob Nosse, Vice Chair
Members, House Committee on Health Care