

Greetings,

As a Gresham, Oregon resident, Doctor of Public Health, practicing registered dietitian nutritionist, and past-president of the Oregon Academy of Nutrition and Dietetics, I want to state my **support** for HB 3342.

I confirm that In June 2017, the American Medical Association passed a [Healthy Food Options in Hospitals](#) resolution that calls on U.S. hospitals to improve the health of patients, staff, and visitors by providing plant-based meals. The American College of Cardiology made the same recommendation in [Planting a Seed: Heart-Healthy Food Recommendations for Hospitals](#). It's time we make it possible for patient choice in Oregon healthcare facilities.

Primary care providers are recognizing the value of plant-based diets in the treatment of diabetes as supported by the American Diabetes Association in their latest diabetes care publications. If our healthcare facilities do not provide healthy plant-based options, then provider treatment for diabetes and other serious chronic conditions will be compromised. I appreciate the work done on the bill where it includes a physician's order for healthcare facilities and requires offering healthy plant-based options in correctional facilities. My patients in skilled nursing and long-term residence facilities will benefit from this legislation.

For 2 year my parents benefited a great deal by having healthy plant-based meal options available in their assisted living residence; the Royal Ann at Cherrywood Village Retirement Community in Portland. Besides being delicious and satisfying, it helped to successfully manage both their hypertension and diabetes.

Again, **I support HB 3342.**

Respectfully yours,

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