

Evidence of harm from microwave radio frequencies and beyond.

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5G “Epidemic” to Hit Sacramento, also Los Angeles, Houston, Indianapolis

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11/19/18

By [Nina Beety](#)

Officials may say it was a bad flu with strange features that hit Sacramento residents, and that vaccines could not prevent it. They may even blame foreign actors. But the real and very simple explanation will be that Verizon’s 5G roll-out in California’s capital has

severe public health repercussions, just as predicted by international scientists and physicians. These reactions to 5th generation pulsed microwave radiation frequencies will also be experienced in Los Angeles, Houston, and Indianapolis. They are all test subjects in the first large-scale 5G experiments on U.S. populations without full disclosure or express consent.

Pogo said, “We have met the enemy...” This 5G experiment is being conducted by the FCC, the wireless industry and the city of Sacramento, despite California Department of Public Health and the National Institutes of Health research showing present exposures are fraught with risk. State legislators exempted fire stations from 4G/5G “small cell” infrastructure last year in Senate Bill 649 due to the health effects, and granted ADA accommodation at hearings for those disabled by electromagnetic sensitivities. City officials are ignoring the huge public costs from this dense roll-out, despite ample evidence.

All living beings are electromagnetic beings, with delicate EMF signals regulating bodily systems. International independent research and reports predict new or worsened health problems likely for the public, their pets, animals, wildlife, and insects, including:

abnormal heart rhythms, cardiac arrest, fainting, strokes, cancers and tumors, seizures, headaches and migraines, nausea and vomiting, nosebleeds and ear bleeding, insomnia and sleep abnormalities, rashes, burns, or other skin reactions, eye problems, dizziness, flu-like symptoms, ear, eye, or heart pain, edema, hearing ringing or buzzing, memory and concentration problems, high blood pressure, difficulty regulating blood sugar, spontaneous abortions, higher than normal rates of birth defects, mental health problems including depression, anxiety, agitation, and suicidal thoughts, muscle weakness and loss of energy (due to mitochondrial dysfunction), paralysis, joint pain, urinary urgency, and electromagnetic sensitivity (intolerance to microwave or EMF emissions — recognized by the U.S. Access Board in 2002).

These reactions are correlated to microwave radiation exposure — cell towers, Wi-Fi, wireless Smart Meters, and wireless devices. The NIH National Toxicology Program research released and peer-reviewed this year further corroborates that this radiation is a carcinogen.

Invisible reactions found by researchers include: breaches in the blood-brain barrier, DNA damage, sperm damage, red blood cell clumping, oxidative stress, free radical production, and interference with voltage-gated calcium channels which are fundamental to health.

Environmental impacts to insects, including bees, and to trees, plants, and birds are clearly demonstrated in the scientific literature. Also, chitin, the major component of the outer covering of insects, may be severely damaged by microwave radiation. Bees, butterflies and other insects also have chitin in their wings. 5G could cause insect populations to vanish.

Severe unintended economic costs from a 5G roll-out due to health and environmental effects will include increased disability, stresses on health, social service, and welfare programs, loss in tourism, agricultural impacts, in addition to property devaluation and job loss from 5G automation. This roll-out will likely cost Sacramento millions of dollars and injure thousands of people.

This Trojan horse has already entered Sacramento and the other test cities, moving into neighborhoods next to homes, schools, and workplaces. Verizon may slowly ramp up its power to avoid highly dramatic impacts which would create controversy. Over 200 scientists and physicians have appealed to the EU and UN to stop 5G. It is up to the public to become informed and fight this toxic invasion that will affect your loved ones and your communities.

Take action and stop 5G now.

Nina Beety

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I am a writer and public speaker on wireless radiation impacts on public health and the environment. I am the author of “Analysis: Smart Meter and Smart Grid Problems” and a member of the California EMF Safety Coalition. My website is www.smartmeterharm.org, where this article [first appeared](#).

Additional information:

www.whatis5g.info

www.mdsafetech.org

www.saferemr.com

www.ehtrust.org