



Trauma Informed Oregon

Regional Research Institute for Human Services
Post Office Box 751 503-725-9618 tel
Portland, Oregon 97207-0751 503-725-2140 fax
info@traumainformedoregon.org

Chair Olsen, Vice-Chair Monnes Anderson and members of the committee; I am Mandy Davis the Director of Trauma Informed Oregon. Thank you for letting me take a few minutes to share my thoughts and support for SB 1037 : *relating to resilience education and skill training*.

Trauma Informed Oregon (TIO), primarily funded by OHA and housed at Portland State University's Regional Research Institute, was created in 2014 as a statewide collaborative aimed at preventing and mitigating the impact of adverse experiences on children, adults, and families through trauma informed care (TIC) approaches. Trauma Informed Care is an organization and system change intervention that understands the impact of adversity, trauma, and toxic stress on those served and importantly on the workforce -- and uses this information to prevent harm and promote wellness.

Since our beginning we have trained over 20,000 people, completed 23 county forums, developed tools for implementation, and serve on national and international boards related to trauma informed policy and practice. We have had the pleasure to share this work with first responders and those doing disaster preparedness work. Most recently we participated in a training video specifically on using trauma informed practices in disaster response. I am also a member of my neighborhood emergency team and incorporating the knowledge about trauma and resilience into this work is essential to engage communities in preparation activities and to restore and repair quicker after tragic events occur.

Oregon is doing significant work and is recognized nationally related to trauma informed care. This work is happening in programs, organizations, and communities across the state. In 2017 HCR 33 was unanimously passed and encourages agencies in Oregon*to become aware of evidence-based and evidence informed trauma-informed care practices, tools and interventions that promote healing and resiliency in children, adults and communities so that people, systems and communities can function at their full capacity.....* Learning about and finding ways to provide resilience education and skills to all Oregonians – beyond agencies--- is a next step in this work.

The work outlined in SB 1037 builds upon this foundation and is aligned with the mission of Trauma Informed Oregon. TIO is able to provide support to facilitate this task force including meeting technology, research, community feedback, and report writing and dissemination.

Thank you for this time and I am open for questions.

Mandy Davis, LCSW, PhD
Director Trauma Informed Oregon
Portland State University
School of Social Work
Associate Professor of Practice
traumainformedoregon.org