Hello,

Thank you so much for your time.

I want to take a moment to explain why this bill is so important to me and my family. When I was in my early 20s I was vaccinated and had an adverse reaction it's literally changed the course of my life and I have an autoimmune disease that I fight every day. Because I have an auto immune disease and because I had an adverse reaction it's recommend that my offspring NOT be vaccinated because they are at a higher risk for an adverse reaction. On top of what I've genetically passed into my children, my children also have a gene mutation which again puts them at a higher level of having a terrible reaction to a vaccine. I do not vaccinate my children because I am protecting them. I made this decision with my husband and not one, but multiple doctors. We fall into the category where it would do more harm than good for us.

My story is not unique. This is the story of thousands of people across the nation. You don't hear about it because people who don't vaccinate are usually shamed and put down and it feels as though we are being burned at the stake. We are quiet out of fear. I can't be quiet any longer.

With this new bill Oregon is trying to pass, I would either have to vaccinate my children and cross my fingers that they can survive it or I would have to pull them out of school and home school. You might be thinking, big deal. Pull your kid out of school because we really don't care. Except you should care because it's not just me. It's thousands of kids that this will happen too. So by doing this we are either putting children in harms way and creating an ever sicker America with forceful vaccinations or we are pulling kids from their right to a public school education and also taking funding away from our already very under funded school systems. Children have a right to public school.

My husband is a public school teacher. In my opinion he has the most admiral job. I am so completely proud of the work he does for our community. In addition to him being a public school teacher, I volunteer in my child's classroom weekly, we support everything we can, we donate hundreds of dollars to our school and give hundreds of hours of our precious time. My daughter loves school, it's her reason for waking up in the morning and it breaks my heart to think about having to pull her from something she loves so much. She wants to be a teacher someday too.

Right now myself and my children are protected under the philosophical /religious exemptions. It's the only way I can keep my babies safe. Obtaining an actual medical exemption is damn near impossible. Unfortunately, my children are not "sick" enough to get a medical exemption even though the CDC insert recommends that children like mine and people like me not get vaccinated. So we are stuck in a gray area where we are not protected even though we are fragile.

This my sweet little family. They are my everything and I am so proud of them. The three females in this photo got the short end of the stick when it comes to genetics and we are doing everything we can to keep us healthy. In fact, my kiddos are so healthy they have never needed tylenol, an antibiotic, or any other kind of medication.... we are literally the healthiest people we know despite not being vaccinated and we carry no contagious diseases.

I'm not saying vaccines are bad, I'm not saying vaccines are good, I am saying that vaccines aren't for all and forcefully vaccinating us is an infringement on our medical freedom.

Vaccines are not one size fits all.

I don't appreciate the government holding my child's right to a free education for ransom in exchange for vaccines.

How can you say you know my child better than me?

There are children that have significant emotional disabilities in my daughter's classroom. The emotionally disturbed children come to the classroom and go into crisis and destroy the classroom, they threaten other children and the teacher and take away from everyone's learning. There are incredibly poor children that don't bathe and bring lice to school regularly. There are endless amounts of children that have a disability of some sort or another and they all get to stay because it's their right as an American to get a free education and all the other children have to learn TOLERANCE. Why is it that my child, who is medically sensitive, yet carries no diseases and has no disruptions, is being shunned away and forced out? THIS IS WRONG.

There are things that may be important to you like the right to own a gun, what religion you want to practice, your right to get an abortion or obtain birth control. You are probably passionate about these things because it's your RIGHT as an AMERICAN to have the FREEDOM to do these things and others. The way you passionately feel about one or more of these things is how I feel about protecting myself and my family.

I hope and pray this can give you a better perspective on why saying NO to mandatory vaccines is important.

I oppose HB 3063.

Thank you for your time,

Heidi Timmons

St Helens, Oregon

Heidi Timmons 503.931.1106

www.heiditimmons.com