RE: SB 283

Dear legislators,

I have been helping electro-sensitive people for 5 years as a building biologist.

I know what they are going through. Sick from their exposure to microwave radiation, they call on me to assess their home exposure and mitigate it so they can have a life. But still confined within their home, because when going out just for a walk or going in public places, they feel terrible.

It could happen to you over the years, because a 24/7 exposure to wireless radiation slowly deplete the immune system. Scientific independent research has shown that melatonin production can be depleted by as much as 40% over the years. That is only one of the many effects wireless radiation can have on anyone over time.

Cigarette smoke potential health effects were proven to be carcinogen, but only after too many people got lung cancer. This bill would just help to warn the public that there are real health effects from microware radiation exposure, and that reducing exposure is the best way to prevent short and long term effects of all kinds.

Since the industrial revolution, air and water pollution have affected millions of people. But we can partially or totally escape that kind of pollution. We cannot escape this new type of pollution, it is everywhere and pervasive. Mitigation is possible inside of our homes, but not easy and often costly, because that kind of radiation will slip in any small crack, space, like water, and it will get worse with 5G.

<u>Per the US constitution, the State of Oregon is responsible for the health and wellbeing of its citizens.</u>

This bill is a first and necessary step to help educating people so they realize unless they reduce their exposure they may end up sick. And It can also help prevent huge increase in health costs for the State of Oregon, which all of us taxpayers will end up have to pay for.

Thank you for sharing my testimony, Rodrigue Deschenes Portland Or